



## MADHAV UNIVERSITY, SIROHI, RAJASTHAN

## **UN Sustainable Development Goals**



## 17 Sustainable Development Goals

Aiming to "Transform the World," the United Nations introduced 17 Sustainable Development Goals (SDGs) to guide all nations toward building a healthier and progressive future for everyone on the planet.



## **Chairman's Message**



## Madhav University and the UN Sustainable Development Goals

The United Nations Sustainable Development Goals (SDGs) offer a global blueprint for peace, prosperity, and the protection of our planet. At Madhav University, we fully embrace this vision and are committed to driving positive change through inclusive education, social responsibility, and sustainable innovation.

Through the Madhav Centre for Sustainability Development (MCSD), we strive to implement these global goals at the grassroots level. Situated in the tribal heartland of Rajasthan, our mission goes beyond academic excellence— we aim to empower communities, promote good health and well-being, ensure quality education for all, and foster environmental sustainability. These goals are not just ideals; they are actions we integrate into every facet of university life.

Together, as educators, students, and changemakers, we stand united with the global community in building a more equitable, resilient, and sustainable future for everyone, everywhere.

Prof. (Dr.) Rajkumar Rana Chairman Madhav University

## Madhav Centre for Sustainability Development (MCSD)

## Sensitize. Sustain. Serve.

At Madhav University, located in the tribal heartland of Sirohi, Rajasthan, we believe that true education goes beyond classrooms—it must uplift communities and contribute to sustainable development. Guided by the core principles of the United Nations Sustainable Development Goals (SDGs) and rooted in the values of People, Planet, Prosperity, Peace, and Partnership, we have established the Madhav Centre for Sustainability Development (MCSD) as a dedicated platform for driving transformative change.

MCSD focuses on nine key SDGs that align closely with the university's mission: No Poverty, Zero Hunger, Good Health and Well-being, Quality Education, Gender Equality, Industry, Innovation, and Infrastructure, Reduced Inequalities, Climate Action, and Life on Land.

In our tribal and rural setting, Madhav University has made equity and accessibility central to its vision. We actively support Quality Education through scholarships and fee waivers for students from disadvantaged backgrounds, ensuring that financial limitations do not obstruct academic opportunity. For children with special needs enrolled in our Special Education School, we provide free transportation—recognizing the importance of inclusive infrastructure and support systems.

To address Good Health and Well-being, the university regularly conducts free health camps and awareness programs, focusing on preventive care, hygiene, mental health, and community wellness. These are complemented by rallies and community outreach efforts that advocate for better health and social inclusion.

Tackling Zero Hunger, we provide free meals once a week to support students who may face food insecurity, reinforcing our belief that no one should go hungry in the pursuit of learning. Our efforts also extend to raising awareness about nutrition and sustainable agriculture, especially relevant in our agrarian and tribal surroundings.

In our commitment to grassroots engagement, Madhav University has adopted six villages— Wada, Bharja, Bhujela, Kasindra, Amthala, and Achpura—where we conduct regular health camps, educational activities, and development programs to uplift and empower rural populations through sustained, community-driven initiatives.

Our environmental initiatives are rooted in action-oriented learning. Through tree plantation drives, ecoawareness programs, and campus sustainability efforts, we actively promote Climate Action and care for Life on Land. The campus itself is being developed with environmental consciousness, incorporating green practices that reflect our commitment to sustainability.

With the launch of MCSD, Madhav University has formally taken up the responsibility to integrate these nine SDGs into all aspects of university life. By doing so, we empower students to become not just learners, but leaders—ready to address real-world challenges with knowledge, empathy, and purpose.

At Madhav University, sustainability is not just an ideal—it is a continuous commitment to build a just, inclusive, and empowered future, especially for the marginalized and underserved communities we proudly serve.

#### Vision

To become a transformative hub for sustainable development through inclusive education, innovative research, and community-centered solutions, contributing meaningfully to the realization of the United Nations Sustainable Development Goals (SDGs) at local, national, and global levels.

#### Mission

The mission of the Madhav Center for Sustainability Development is to promote awareness, education, and action towards sustainable development through inclusive learning, research, and community engagement. The center aims to equip students, faculty, and communities with the knowledge and skills needed to support the United Nations Sustainable Development Goals (SDGs). By encouraging innovation, ethical values, and collaboration, the center strives to contribute to a healthier, more equitable, and environmentally responsible future for all.

**United Nations Goal No: 3** 

Good Health & Well-being



At Madhav University, through the Madhav Centre for Sustainability Development (MCSD), we actively promote the United Nations Sustainable Development Goal 3 "Good Health and Well-being" with a special focus on the tribal and rural populations in and around the Sirohi region. We believe that access to healthcare and wellness services should not be a privilege but a right, especially for underserved communities.

- We have adopted six villages—Wada, Bharja, Bhujela, Kasindra, Amthala, and Achpura—while also extending our efforts to other nearby villages. Through these initiatives, we bring health services and awareness to the grassroots level.
- Free Health Check-up Camps: Regular medical camps are conducted in the nearby villages and on campus, offering free consultations, screenings, medicines, and follow-up care for local residents who otherwise have limited access to healthcare facilities.
- Awareness and Prevention of Disease & Vaccination Drives: Our outreach teams organize awareness sessions in villages on common diseases, sanitation, and preventive healthcare. We also facilitate vaccination drives, ensuring that children and elderly people receive timely immunizations.
- Mindfulness, Meditation, and Yoga: MCSD promotes holistic wellness through community-based yoga and meditation sessions held both on campus and in the schools as well as in villages. These programs improve mental health, reduce stress, and promote physical fitness.
- Restoring Mobility and Wellness through Physiotherapy: Physiotherapy services are extended to villagers especially the elderly and physically challenged—helping them regain mobility and improve daily functioning through targeted therapy.
- Tobacco-Free Campus and Community Campaigns: In line with our tobacco-free campus initiative, we extend anti-tobacco awareness as well as Nasha mukti programs in villages, educating residents about the health risks and offering support for quitting addictions.
- Road Safety Awareness Programs: We conduct awareness sessions on road safety for villagers, especially targeting school-going children and youth. These sessions include demonstrations, safety tips, distribution of helmets to promote safe riding practices and reduce the risk of accidents.
- Female Health & Hygiene Awareness: Special attention is given to women's health through village-level awareness drives on menstrual hygiene, reproductive health, and access to sanitary products. These sessions empower women to make informed decisions about their well-being.
- Free Mental Health and Well-being Camps: Recognizing the importance of emotional well-being, we organize mental health check-ups and counseling sessions for students and community members in these villages, helping to reduce stigma and provide early support.

Through these community-focused efforts, MCSD ensures that healthcare and wellness reach those who need it most. At Madhav University, promoting health in tribal and rural areas is not just a project—it is an ongoing commitment to dignity, inclusion, and sustainable well-being for all.

Some of the reports are as under:

# SDGs 3. Good Health & Well-being

# 2023-24



## (Established by the Raiasthan State Govt. Legislature Act No. 07 of 2014)

Name of the activity: Osteoarthritis Screenings Medical Camp

**Organized by:** NSS Unit 1 and Madhav Homoeopathic Medical College and Hospital and Faculty of Allied Health Sciences, Faculty of Physiotherapy

Date: 20/05/2024

Place of the activity: Deldar village

No. of students participated: 28

No. of Teachers participated: 5

Beneficiaries: Local Community

Activity Coordinator: Dr. Sangeeta Singh and Dr. Bhawana

Activity Objectives: The primary objectives of an osteoarthritis screening medical camp include early detection and diagnosis of the condition, patient education on symptoms and risk factors, and personalized risk assessment and management advice. The camp aims to provide initial treatment options, refer advanced cases to specialists, and promote preventive measures such as weight management and regular exercise. Additionally, the camp collects data on the prevalence of osteoarthritis for research purposes, fosters community engagement and support, and evaluates the effectiveness of the camp based on participant feedback to improve future initiatives.

Activity Outcomes: The outcomes of an osteoarthritis screening medical camp include the early detection of the condition, enhanced patient knowledge about osteoarthritis, and the creation of personalized health strategies. The camp provides immediate treatment options, refers advanced cases to specialists, and raises awareness about preventive measures. It also fosters community support and engagement, collects valuable data for future research, and uses participant feedback to improve future health initiatives.

Activity Co-ordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## चिकित्सा एवं स्वास्थ्य शिविर का किया आयोजन

नवज्योति/सिरोही।माधव होम्योपैथिक मेडिकल कॉलेज एंड हॉस्पिटल भूजेला द्वारा नजदीकी देलदर गांव में सोमवार को एक दिवसीय चिकित्सा एवं स्वास्थ्य शिविर का आयोजन किया गया। जिसमें विभिन्न रोगों से ग्रस्त मरीजों ने स्वास्थ्य चेकअप किया गया। आयोजित शिविर में डॉ भावना कुमारी मेडिकल ऑफिसर द्वारा होम्योपैथिक चिकित्सा पद्धति के बारे में गांव वालों को जानकारी दी गई। साथ ही इंटर्न विद्यार्थियों ने गांव वालो को मौसम के बदलाव की वजह से होने वाली बीमारियो की रोकथाम के

लिए, जैसा कि गर्मी में लूलगने और हैजा होने की स्थिति में क्या सेवन करना चाहिए और किस से परहेज करना चाहिए इत्यादि के बारे में जानकारी दी गई। शिविर में विभिन्न रोगों के लगभग 60 मरीजों



का चेकअप कर उन्हें दवाईयां दी गई। जिसमें जोड़ों के दर्द, मोतियाबिंद, सांस लेने में तकलीफ, ट्यूबरक्यूलोसिस, स्त्री संबंधित रोग, बच्चो में बुखार, सर्दी जुकाम से जुड़े मरीजों ने शिविर का लाभ लिया। इस मौके पर शिविर के संचालन में डॉ भावना कुमारी मेडिकल ऑफिसर, इंटर्न्स रूषांग, निर्भय, तेजस्विनी और समीर पठान का विशेष योगदान रहा। इस दरम्यान शिविर आयोजित होने पर देलदर गांव के सरपंच गीमाराम, ललित कुमार सहित ग्रामीणों ने स्वास्थ्य दल का धन्यवाद ज्ञापित किया। इस अवसर पर माधव होम्योपैथिक मेडिकल कॉलेज एंड हॉस्पिटल के डीन और प्रिंसिपल डॉ मनोज कुमार बेहरा ने शिविर का सफलतापूर्वक आयोजन करने पर स्वास्थ्य दल को धन्यवाद दिया।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## **ACTIVITY REPORT**

Name of the activity: Awareness Camp for Fluorosis

Organized by: NSS Unit 1 and Faculty of Agriculture

Date: 11/06/2023

Place of the activity: Aburoad

No. of students participated: 31

No. of Teachers participated: 6

Beneficiaries: Local Community

Activity Coordinator: Dr. Guru Charan

Activity Objectives: The objectives of a fluorosis awareness camp include educating the community about the causes, symptoms, and prevention of fluorosis, particularly its link to high fluoride levels in drinking water. The camp aims to promote safe water consumption practices, provide health screenings to detect early signs of fluorosis, and offer guidance on dietary adjustments to mitigate its effects. Additionally, the camp seeks to foster community involvement in addressing fluoride contamination issues, distribute educational materials, and collaborate with local health authorities for long-term solutions and support.

Activity Outcomes: The outcomes of a fluorosis awareness camp include increased community knowledge about the causes, symptoms, and prevention of fluorosis, leading to safer water consumption practices. The camp successfully identifies individuals with early signs of fluorosis through health screenings and offers effective dietary and lifestyle recommendations. It fosters greater community involvement in addressing fluoride contamination and provides educational materials for ongoing awareness. Collaboration with local health authorities results in long-term support and strategies to mitigate fluoride exposure, ultimately improving public health and reducing the incidence of fluorosis.

Activity Co-ordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

फ्लोराइड से बचाव की दी जानकारी आबूरोड. माधव विश्वविद्यालय के कृषि विभाग के एसोसिएट प्रोफेसर डॉ. गुरु चरण ने फ्लोराइड से बचाव को लेकर जानकारी दी। डॉ. गुरुचरण ने बताया कि फ्लोराइड दांतों एवं हडि्डयों की मजबूती के लिए एक आवश्यक तत्व है, जो प्राकृतिक रूप से मिट्टी, जल एवं वायु में पाया जाता है, लेकिन शुष्क क्षेत्रों में जहां वर्षा कम होती है, वहां फ्लोराइड की मात्रा मिट्टी व जल में काफी ज्यादा होती है। जब इसकी मात्रा जल में 1.5 पीपीएम से ज्यादा हो जाती है, तो यह जहरीला होने लगता है व दांतों व हडि्डयों को नुकसान पहुंचाना शुरू कर देता है। फ्लोराइड युक्त दंत उत्पादों जैसे ट्रथपेस्ट, ट्रथ पाउंडर, माउथ क्लीनज़र का प्रयोग न करें। इनकी जगह हर्बल व आयुर्वेदिक दंत मंजनों या नीम की दांतुन का प्रयोग करें। खेती के लिए फॉस्फोरस युक्त उर्वरकों जैसे डीएपी, सुपर फास्फेट, रॉक फास्फेट का प्रयोग नहीं कर इसके स्थान पर जीवांश व जैविक खादों व उर्वरकों का उपयोग करें। कैल्सियम विटामिन सी और एंटी-ऑक्सीडेंटस से भरपूर भोजन, फल एवं सब्जियों क सेवन करें, ये शरीर में फ्लोराइड के जहर को खत्म कर देते हैं।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## **ACTIVITY REPORT**

Name of the activity: Screenings Program for Coeliac Disease

**Organized by:** NSS Unit 2, Madhav Homoeopathic Medical College and Hospital, Faculty of Allied Health Sciences

Date: 12/04/2024

Place of the activity: Morthala village

No. of students participated: 29

No. of Teachers participated: 6

Beneficiaries: Local Community

Activity Coordinator: Dr. Komal Mewara, Dr. Pratiksha Singh

Activity Objectives: The objectives of a coeliac disease screening program are to increase awareness and understanding of coeliac disease among the population, identify individuals at risk or with undiagnosed coeliac disease, provide access to accurate diagnostic testing, and facilitate early diagnosis and intervention. Additionally, the program aims to educate healthcare professionals about the latest screening guidelines and diagnostic methods, promote adherence to a gluten-free diet among diagnosed individuals, and support ongoing research to improve detection and management strategies for coeliac disease.

Activity Outcomes: The outcomes of a coeliac disease screening program include increased awareness and understanding of coeliac disease within the community, earlier identification and diagnosis of individuals with the condition, improved access to accurate diagnostic testing, and initiation of appropriate treatment and management plans for diagnosed individuals. The program also fosters better communication and collaboration between healthcare professionals and patients regarding coeliac disease management, promotes adherence to a gluten-free diet, and contributes to ongoing research efforts to enhance screening methods and treatment options for coeliac disease.

Activity Co-ordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

# निःशुल्क चिकित्सा शिविर का आयोजन

मे दर्द का इलाज किया गया। इस चिकित्सा शिविर में लगभग 51 मरीजों ने शिविर का लाभ लिया । डस मौके पर शिविर के संचालन में डॉ. प्रतिक्षा सिंह ( चिकित्सा अधिकारी) एवं इंटर्न डॉक्टर विशाखा ढेंगर , मीना भूल, प्रशांत चौधरी का योगदान रहा । माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल के डीन एवं प्रिंसिपल प्रोफेसर (डॉ) मनोज कुमार बेहरा ने शिविर का सफलतापूर्वक आयोजन करने पर स्वास्थ्य दल को धन्यवाद दिया।



राजस्थान दर्शन

आबूरोड़। माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल भूजेला द्वारा नजदीकी मोरथला गांव में गुरुवार को एक दिवसीय चिकित्सक एवं स्वास्थ्य शिविर का आयोजन किया गया। जिसमे विभिन्न रोगों से ग्रस्त मरीजों का निःशुल्क परीक्षण किया गया एवं दवाइयां वितरित की गई। आयोजित शिविर में डॉ. प्रतिक्षा सिंह (चिकित्सा अधिकारी) द्वारा होम्योपैथिक चिकित्सा पद्धति के

गर्ड।

बारे में गांव वालों को जानकारी दी दस्त , शरीर में पानी की कमी होना आदि से बचने की सलाह दी एवं पेट साथ ही इंटर्न विद्यार्थियों ने मेदर्द, मूंह के छाले, खून की कमी, गांव वालों को विभिन्न प्रकार की सियाटिका, पथरी, बवासीर, चर्म

बीमारियों जैसे की लू लगना,उल्टी,

रोग, जुखाम, खांसी,बुखार,जोड़ों

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## (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Name of the activity: Cancer Awareness Campaign

Organized by: NSS Unit 1 and Madhav Homoeopathic Medical College and Hospital and Faculty of Allied Health Sciences

Date: 11/07/2023

Place of the activity: Kiwarli village

No. of students participated: 32

No. of Teachers participated: 5

Beneficiaries: Local Community

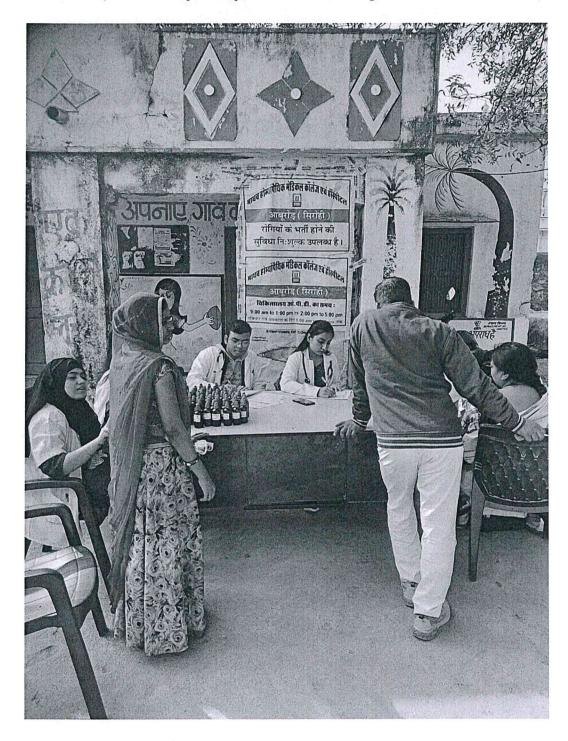
Activity Coordinator: Dr. Pratiksha Singh, Dr. Vishal Choudhary

Activity Objectives: The objectives of a cancer awareness program are multifaceted. They include raising public awareness about various types of cancer, their risk factors, and early detection methods. The program aims to educate the community about healthy lifestyle choices that can reduce the risk of cancer, such as maintaining a balanced diet, staying physically active, avoiding tobacco, and limiting alcohol consumption. Additionally, the program seeks to encourage regular cancer screenings among individuals, promote timely medical consultations for suspicious symptoms, and provide support and resources for cancer patients and their families.

Activity Objectives: The outcomes of a cancer awareness program encompass various aspects of public health and well-being. These outcomes include increased awareness and understanding of different types of cancer, their risk factors, and early detection methods within the community. The program leads to higher rates of participation in cancer screenings and promotes proactive health-seeking behaviors among individuals. Moreover, it fosters a supportive environment for cancer patients and their families, facilitating access to resources, support groups, and medical services. Ultimately, the program contributes to reducing cancer incidence and mortality rates by promoting preventive measures, encouraging early detection, and improving overall healthcare outcomes.

Activity Co-ordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity: An awareness program on cleanliness in village

**Organized by:** NSS Unit 2, Madhav Homoeopathic Medical College and Hospital, Faculty of Allied Health Sciences

Date: 21/08/2023

Place of the activity: Deldar village

No. of students participated: 28

No. of Teachers participated: 5

Beneficiaries: Local Community

Activity Coordinator: Dr. Pratiksha Singh and Dr. Devendra Muzalda

Activity Objectives : The objectives of an awareness program on cleanliness in a village are to educate residents about the importance of maintaining a clean and hygienic environment for better health and well-being. The program aims to promote proper waste disposal, encourage the adoption of hygienic practices such as handwashing and sanitation, and raise awareness about the impact of cleanliness on reducing diseases. Additionally, it seeks to foster a sense of community responsibility and involvement, motivating villagers to take collective action in keeping their surroundings clean and sustainable.

Activity Objectives: The outcomes of an awareness program on cleanliness in a village include increased understanding among residents about the importance of maintaining hygiene and cleanliness. Villagers adopt better waste management practices, improve personal hygiene habits, and become more proactive in keeping their surroundings clean. The program also contributes to a reduction in preventable diseases, enhances the overall health of the community, and fosters a sense of collective responsibility. In the long term, it promotes sustainable cleanliness practices and strengthens community participation in maintaining a healthy environment.

Pratitabe

Activity Co-ordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## माधव विश्वविद्यालय के राष्ट्रीय सेवा योजना के तहत ओर ग्राम में स्वच्छता कार्यक्रम आयोजित



#### उन्नति एक्सप्रेस/दिनेश मेघवाल

आबूरोड़ (सिरोही) माधव विश्वविद्यालय के राष्ट्रीय सेवा योजना व स्वच्छ भारत अभियान के तहत ओर ग्राम में स्वच्छता कार्यक्रम आयोजित किया गया।कार्यक्रम के तहत और गांव में रैली निकालकर स्वच्छता का संदेश दिया गया। यह रैली गांव के मुख्य मार्गो से होकर निकाली गई। कार्यक्रम में एनएसएस निर्देशक डॉ देवेंद्र मुझाल्दा के नेतृत्व में स्वयंसेवकों के दल ने श्रमदान भी किया। सेवानिवृत्त पुलिस अधिकारी भैरूशंकर रावल ने ग्राम में होने वाली स्वच्छता की समस्याओ को साझा किया। एनएसएस इकाई प्रथम की प्रभारी संगीता सिंह ने बताया कि स्वयंसेवकों ने चौपाल खेल के मैदान सहित विभिन्न स्थलों पर स्वच्छता कार्यक्रम किया गया।एनएसएस इकाई द्वितीय की प्रभारी डॉ. रेणुका ने स्वयंसेवकों को सवय्छता कार्यक्रम के लिए प्रेरित किया।कार्यक्रम के दौरान खुशी, लक्ष्य, राधिका, राजेश कुमार, रौनक कुमार, प्रियांशु, वीरा राम, विपुल सिंह, गुलाम, मोहिनुद्दीन, सुमंग, उमेश, आदित्य, संदीप, पंकेश, तानवीर, नीकुल सहित अनेक स्वयंसेवक कार्यक्रम



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## ACTIVITY REPORT

Name of the activity: A Medical Camp for Diabetes Checkup

**Organized by:** NSS Unit 2, Madhav Homoeopathic Medical College and Hospital, Faculty of Allied Health Sciences

Date: 25/04/2024

Place of the activity: Aamthala village

No. of students participated: 38

No. of Teachers participated: 5

Beneficiaries: Local Community

Activity Coordinator: Dr. Bhanu Pratap Singh

Activity Objectives: The objectives of a medical camp for diabetes check-up include the early detection and diagnosis of diabetes and prediabetes, enhancing patient education and awareness about the condition, and assessing individual risk factors. The camp aims to provide initial treatment recommendations, refer patients to healthcare professionals for further management, and promote preventive measures such as healthy living practices. Additionally, it seeks to collect data on the prevalence of diabetes, foster community support and engagement, and gather feedback to evaluate and improve future initiatives.

Activity Outcomes: The outcomes of a medical camp for diabetes check-up include the early identification and diagnosis of individuals with diabetes or prediabetes, leading to timely intervention and management. Increased awareness and understanding of diabetes among attendees result in better self-care and adherence to treatment plans. The camp promotes healthier lifestyles through personalized advice on diet and exercise, contributing to improved overall health. Enhanced community support and engagement create a supportive environment for individuals with diabetes. Additionally, the camp provides valuable data on the prevalence of diabetes, aiding future health initiatives and research, while feedback from participants helps refine and improve subsequent programs.

Barrivel

Activity Co-ordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



होम्योपैथिक आबरोड माधव कॉलेज व हॉस्पिटल मेडिकल द्वारा आमथला गांव में चिकित्सा और स्वास्थ्य शिविर का आयोजन किया। शिविर में विभिन्न रोगों से ग्रस्त मरीजों का निशुल्क जांच कर दवाइयां वितरित की। शिविर के दौरान डॉ. भानुप्रताप सिंह व डॉ. सुरेश कुमार रामावत, अधिकारी ने चिकित्सा होम्योपैथिक चिकित्सा पद्धति के महत्व और इसके लाभों के बारे में गांव वालों को जानकारी दी। साथ ही इंटर्न डॉ. निशांत, कल्पेश, सोहेल और सुमेर ने गांव वालों को मौसम के बदलाव से होने वाली बीमारियों की रोकथाम के उपाय बताए। शिविर में जोडों का दर्द, चर्म रोग, खांसी, जुकाम, बुखार, कब्ज, दस्त, उल्टी, पेट दर्द, खून की कमी, सियाटिका, पथरी आदि बीमारियों का इलाज किया। शिविर में 84 से अधिक मरीजों ने स्वास्थ्य सेवाओं का लाभ लिया। इस अवसर पर होम्योपैथिक मेडिकल माधव कॉलेज और हॉस्पिटल के डीन व प्रिंसिपल डॉ. मनोज कुमार बेहरा ने शिविर के सफल आयोजन पर सभी को धन्यवाद दिया।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Bright Smiles: Free Dental Health Checkup Camp

**Organized by:** NSS Unit 1, Madhav Homoeopathic Medical College and Hospital, Faculty of Allied Health Sciences

Date: 16/08/2023

Place of the activity: Bhujela village

No. of students participated: 25

No. of Teachers participated: 3

Beneficiaries: Local Community

Activity Coordinator: Dr. Sangeeta Singh and Dr. Devendra Muzalda

Activity Objectives : The objectives of the "Bright Smiles: Free Dental Health Checkup Camp" are to detect and diagnose dental issues early, educate participants on proper oral hygiene and the importance of regular check-ups, and provide preventive care treatments. The camp aims to assess individual risk factors, offer initial treatment for minor dental problems, and refer serious cases to specialists. Additionally, it promotes oral hygiene by distributing dental kits and demonstrating their use, engages the community to encourage good oral health practices, collects data on dental health prevalence for future research, and gathers participant feedback to improve future camps.

Activity Outcomes : The outcomes of the "Bright Smiles: Free Dental Health Checkup Camp" include early identification and treatment of dental issues, improved oral hygiene practices among participants, and increased awareness of the importance of regular dental check-ups. The camp successfully provides preventive care, such as fluoride treatments and dental sealants, and offers personalized advice on oral health management. Participants receive dental hygiene kits and practical demonstrations, fostering better oral care habits. Enhanced community engagement promotes ongoing support for dental health, and collected data aids future health initiatives.

Activity Co-ordinator











(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## **Activity Report**

Name of the activity: Free Physiotherapy Camp

Organized by: NSS Unit, Faculty of Physiotherapy, Madhav University

Date: 13/09/2023

Place of the activity: Mount Abu

No. of students participated: 25

No. of Teachers participated: 4

Beneficiaries: Local Community

Activity Coordinator: Dr. Vaibhav C Dave

Activity Objectives: The objectives of the free physiotherapy camp at Mount Abu are to provide accessible physiotherapy services to the local community, identify and treat musculoskeletal issues, and promote awareness about the benefits of physiotherapy for pain management and mobility improvement. The camp aims to educate participants on exercises and practices to prevent and manage physical ailments, offer personalized treatment plans, and enhance the overall physical well-being of attendees. Additionally, the camp seeks to foster community engagement in health practices and provide resources for ongoing physiotherapy care, ensuring long-term health benefits for the residents of Mount Abu.

Activity Outcomes: The outcomes of the free physiotherapy camp at Mount Abu include improved access to physiotherapy services for the local community, leading to the effective identification and treatment of musculoskeletal issues. Participants gain increased awareness of the benefits of physiotherapy for pain management and mobility enhancement, and receive personalized treatment plans and guidance on exercises to prevent and manage physical ailments. The camp fosters better overall physical well-being among attendees and encourages ongoing engagement in health practices. Additionally, the provision of resources for continued physiotherapy care ensures long-term health benefits for the residents of Mount Abu.

Activity Co-ordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## **Activity Report**

Name of the activity: Medical Camp for Water Borne Disease

Organized by: NSS Unit, Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 28/11/2023

Place of the activity: Achapura village

No. of students participated: 28

No. of Teachers participated: 4

Beneficiaries: Local Community

Activity Coordinator: Dr. Shailendra Kumar Singh

Activity Objectives: The medical camp at Aamthala village aims to provide immediate treatment for waterborne illnesses like diarrhea, cholera, and typhoid, while also conducting health screenings to identify those at risk and offering preventive measures such as vaccinations and oral rehydration therapy. Additionally, the camp focuses on educating the community about safe drinking water, sanitation, and hygiene practices to prevent the spread of these diseases. It also assesses local water sources and sanitation facilities to identify areas for improvement and advocate for sustainable solutions.

Activity Outcomes: The outcomes of the medical camp at Aamthala village include timely treatment of waterborne illnesses, resulting in improved health and reduced morbidity. The camp's health screenings help identify at-risk individuals, enabling preventive measures like vaccinations and oral rehydration therapy, which reduce the incidence of these diseases. Community members gain valuable knowledge about safe drinking water, sanitation, and hygiene, empowering them to prevent the spread of waterborne diseases. Additionally, the camp's assessment of water sources and sanitation facilities highlights areas for improvement and supports the advocacy for sustainable solutions.

Shanderahu Activity Co-ordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity: Cough and Cold Prevention Programme

Organized by: NSS Unit, Madhav Homoeopathic Medical College and Hospital

Date: 26/10/2023

Place of the activity: Bhimana village

No. of students participated: 33

No. of Teachers participated: 2

Beneficiaries: Local Community

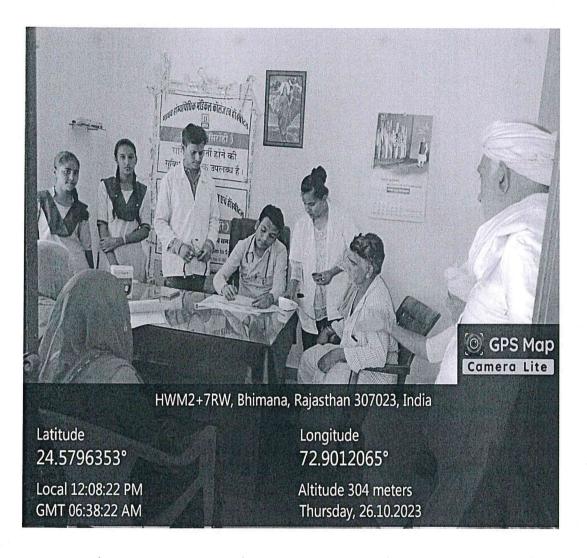
Activity Coordinator: Dr. Suresh Ramawat

Activity Objectives: The cough and cold prevention program aims to reduce respiratory infections by educating participants on virus transmission, emphasizing personal hygiene, and promoting healthy lifestyle habits. It also raises awareness about vaccination benefits, particularly for high-risk groups, and addresses environmental factors like indoor air quality. The program's goal is to empower individuals with the knowledge and resources to protect themselves and their communities.

Activity Outcomes: The outcomes of the cough and cold prevention program include increased awareness and understanding of respiratory infection prevention, improved personal hygiene practices, reduced virus transmission, and strengthened immune systems among participants. There is also a higher uptake of vaccinations, especially in high-risk groups, leading to enhanced immunity and reduced severity of illnesses. Efforts to improve indoor air quality further decrease the risk of respiratory infections, contributing to a healthier community with fewer cough and cold-related illnesses.

Activity Co-ordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## **Activity Report**

Name of the activity: An Awareness Program on Mental Health

Organized by: NSS Unit, Faculty of Allied Health Sciences

Date: 17/10/2023

Place of the activity: Bharja village

No. of students participated: 27

No. of Teachers participated: 5

Beneficiaries: Local Community

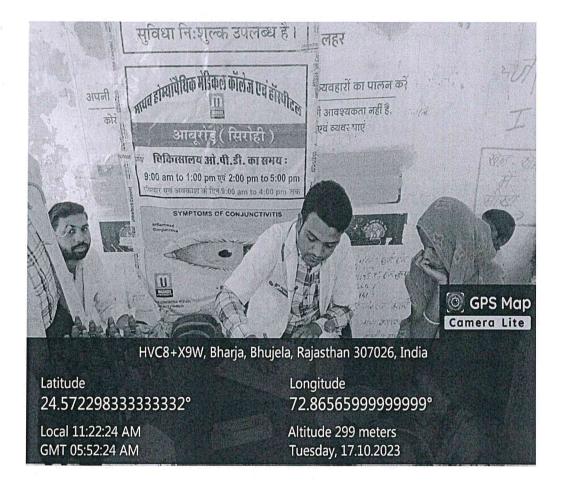
Activity Coordinator: Dr. Suresh Ramawat

Activity Objectives: The mental health awareness program aims to promote understanding, reduce stigma, and provide support within the community. It raises awareness about mental health conditions, educates on the importance of mental well-being, and fosters empathy and acceptance. The program encourages open dialogue, helps individuals seek support, and provides information on available mental health resources. Additionally, it promotes stress management, self-care, and positive mental well-being, striving to create a supportive and inclusive community that prioritizes mental health.

Activity Outcomes: The mental health awareness program results in increased understanding of mental health conditions, reduced stigma, and a more supportive community. Participants feel empowered to seek help, leading to better access to mental health resources and care. Overall, the program fosters a mentally healthier community where individuals feel supported and equipped to prioritize their well-being.

Activity Co-ordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## **Activity Report**

Name of the activity: An awareness program on "How to prevent heart disease"

Organized by: NSS Unit, Faculty of Allied Health Sciences, Madhav University

Date: 18/10/2023

Place of the activity: Kivarli Village

No. of students participated: 32

No. of Teachers participated: 3

Beneficiaries: Local Community

Activity Coordinator: Dr. Suresh Ramawat

Activity Objectives: The heart disease prevention program aims to educate participants on risk factors, prevention strategies, and lifestyle changes to reduce heart disease incidence. It raises awareness of key risk factors like high blood pressure, cholesterol, smoking, and obesity. The program promotes a heart-healthy diet, regular physical activity, weight management, smoking cessation, stress management, and monitoring of blood pressure and cholesterol levels. The goal is to empower participants with the knowledge and skills to make informed lifestyle choices that support heart health and reduce the risk of heart disease.

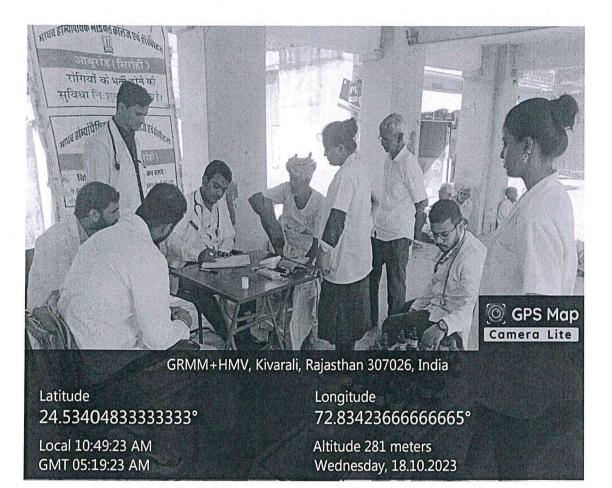
Activity Outcomes: The heart disease prevention program leads to increased awareness of risk factors and preventive measures, equipping participants with strategies for adopting heart-healthy habits. This results in a reduction of modifiable risk factors, such as high blood pressure, cholesterol, smoking, and obesity, within the community. Participants are more likely to engage in preventive behaviors, improving overall heart health. The program empowers individuals to take proactive steps in preventing heart disease and promoting cardiovascular well-being in their community.

Activity Co-ordinator



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# MADHAV UNIVERSITY, PINDWARA (SIROHI)





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Medical Camp for Seasonal Disease

Organized by: NSS Unit, Faculty of Allied Health Sciences

Date: 09/10/2023

Place of the activity: Mount Abu

No. of students participated: 26

No. of Teachers participated: 4

Beneficiaries: Local Community

Activity Coordinator: Dr. Dushyant Singh, Dr. Shivani Wadhwa

Activity Objectives: The objectives of the winter medical camp are to raise awareness about common seasonal diseases like influenza and respiratory infections, promote preventive measures such as vaccination and hand hygiene, and provide timely medical care to reduce illness severity. The camp also focuses on the health needs of vulnerable groups like children, the elderly, and those with chronic conditions. Overall, the goal is to enhance prevention, awareness, and management of seasonal diseases to protect community health during winter.

Activity Outcomes: The outcomes of the winter medical camp include increased awareness and adherence to preventive measures for seasonal diseases, leading to reduced risk of illness. The camp ensures timely medical care, resulting in quicker recoveries and fewer complications. It also supports the well-being of vulnerable groups and contributes to a healthier, more resilient community during the winter months.

**Activity Coordinator** 



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

# माधव होम्योपैथिक मेडिकल कॉलेज के शिविर में 65 मरीजों का किया इलाज भारकर न्यूज आब्रोड

माधव विश्वविद्यालय के माधव होम्योपैथिक मेडिकल कॉलेज एण्ड हॉस्पिटल द्वारा माउंट आबू में शिक्रि का आयोजन किया गया। शिक्रि में डॉ. दुष्यन्त सिंह व डॉ. शिवानी वधवा ने 65 मरीजों का इलाज किया। शिविर में आई फ्लू, जोड़ों का दर्द, चर्म रोग, पथरी, भूख न लगना, खून की कमी एवं स्त्रियों में सफेद पदर, महावारी ना आना, दर्द के साथ महावारी आना, बच्चेदानी में गांठ आदि का इलाज कर फ्री दवा दी। प्रेसिडेंट डॉ. खीमसिंह दहिया, प्रो. रणदीप सिंह, रजिस्ट्रार डॉ. भावेश कुमावत, चिकित्सा अधीक्षक प्रो.तरुण कुमार दास ने होम्योपैथिक डॉक्टर व टीम का धन्यवाद ज्ञापन किया।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity: Dental Wellness Initiative: Community Oral Health Check-Up

**Organized by:** NSS Unit and Faculty of Physiotherapy, Madhav Homoeopathic Medical College and Hospital

Date: 07/12/2023

Place of the activity: Aamthala village

No. of students participated: 32

No. of Teachers participated: 2

Beneficiaries: Local Community

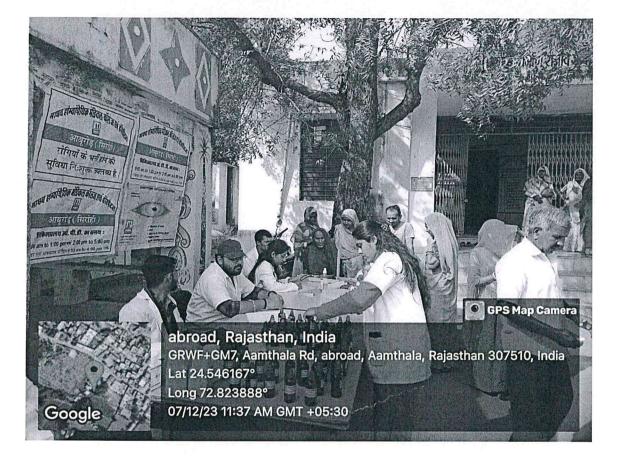
Activity Coordinator: Dr. Hemant Kashyap and Dr. Pratiksha Singh

Activity Objectives: The objective of the Oral Health Screening Camp, held as part of Dental Day, is to promote overall oral hygiene and dental health awareness among the community. This initiative aims to provide free dental check-ups, early detection of oral health issues, and preventive care education to participants. By offering these services, the camp seeks to identify and address dental problems at an early stage, thereby reducing the incidence of more severe dental conditions in the future. Additionally, the camp aims to educate the community on the importance of regular dental check-ups and proper oral hygiene practices, ultimately fostering a culture of proactive dental care and improving overall public health.

Activity Outcomes : The Oral Health Screening Camp on Dental Day yielded several positive outcomes. Participants benefited from complimentary dental check-ups, which led to the early identification of common oral health issues such as cavities, gum disease, and oral infections. These early detections allowed for timely referrals to dental professionals for further treatment. Additionally, the camp successfully raised awareness about the importance of maintaining good oral hygiene practices, leading to an increased understanding of preventive care among attendees. Educational sessions equipped participants with knowledge about proper brushing techniques, the importance of regular dental visits, and the impact of diet on oral health.

Activity Coordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Breath of Life: Pulmonary Health Screening Camp

Organized by: NSS Unit and Faculty of Physiotherapy, Madhav University

Date: 09/12/2023

Place of the activity: Morthala Village

No. of students participated: 24

No. of Teachers participated: 5

Beneficiaries: Local Community

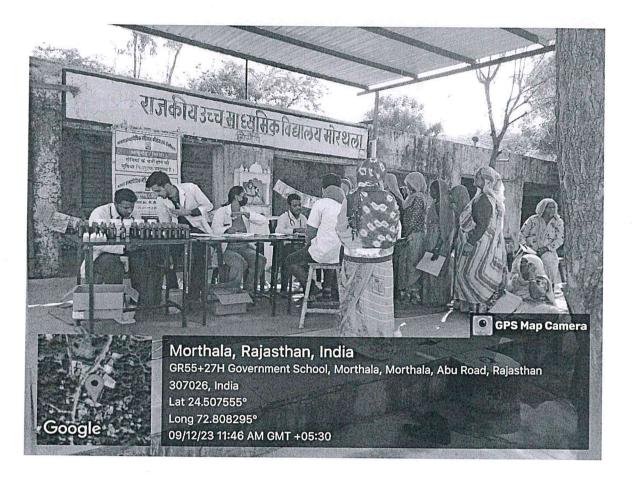
Activity Coordinator: Dr. Vaibhav C Dave and Dr. Suresh Ramawat

Activity Objectives: The objectives of the "Breath of Life" Pulmonary Health Screening Camp are to enhance community awareness and understanding of respiratory health, provide free screenings to detect early signs of pulmonary conditions, and educate participants on preventive measures and healthy lifestyle choices. The camp aims to identify common respiratory issues such as asthma, chronic obstructive pulmonary disease (COPD), and other lung-related diseases at an early stage, thereby enabling timely intervention and treatment. Additionally, the initiative seeks to inform the community about the importance of regular pulmonary check-ups, the dangers of smoking, and the benefits of physical activity and a healthy diet in maintaining optimal lung health.

Activity Outcomes: The "Breath of Life" Pulmonary Health Screening Camp achieved several significant outcomes. It provided free screenings that led to the early detection of respiratory conditions such as asthma, COPD, and other lung-related issues, facilitating prompt medical intervention. The camp successfully raised awareness about the importance of pulmonary health and preventive care, resulting in increased community knowledge about managing and preventing respiratory diseases. Educational sessions empowered participants with information on smoking cessation, the benefits of regular exercise, and healthy dietary choices, contributing to improved lifestyle habits.

Doubhow . **Activity Coordinator** 







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Heartbeat Check: Cardiovascular Screening Camp

Organized by: NSS Unit and Madhav Homoeopathic Medical College and Hospital

Date: 21/12/2023

Place of the activity: Aamthala village

No. of students participated: 25

No. of Teachers participated: 5

Beneficiaries: Local Community

Activity Coordinator: Dr. Renu and Dr. Pratiksha Singh

Activity Objectives: The objectives of the "Heartbeat Check" Cardiovascular Screening Camp are to enhance community awareness about cardiovascular health, provide free screenings to detect early signs of heart-related conditions, and educate participants on preventive measures and healthy lifestyle choices. The camp aims to identify risk factors such as high blood pressure, high cholesterol, and irregular heartbeats, enabling early intervention and treatment to prevent serious heart diseases. Additionally, the initiative seeks to inform the community about the importance of regular cardiovascular check-ups, the impact of diet and exercise on heart health, and strategies for managing stress.

Activity Outcomes: The "Heartbeat Check" Cardiovascular Screening Camp resulted in several positive outcomes. Participants received free screenings, which facilitated the early detection of cardiovascular issues such as hypertension, high cholesterol, and arrhythmias, leading to timely medical referrals and interventions. The camp successfully raised awareness about the importance of heart health, encouraging individuals to adopt healthier lifestyles and regularly monitor their cardiovascular well-being. Educational sessions provided valuable information on heart-healthy diets, the benefits of regular physical activity, and effective stress management techniques.

**Activity Coordinator** 



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# MADHAV UNIVERSITY, PINDWARA (SIROHI)

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

न्यत होग्यांपेधिक मंडिकल कॉलेज एवं।

रोगियों के भर्ती होने की सुविधा नि: शल्क उपलब्ध

धिक मंडिकत कॉलंज एवं होत





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Health Together a Community Health Initiative

Organized by: NSS Unit and Madhav Homoeopathic Medical College and Hospital

Date: 27/12/2023

Place of the activity: Deldar village

No. of students participated: 34

No. of Teachers participated: 2

Beneficiaries: Local Community

Activity Coordinator: Dr. Renu Bansiwal

Activity Objectives: The objectives of the "Health Together" community health initiative are to promote overall wellness and preventive healthcare practices within the community, provide accessible health screenings and services, and educate individuals on maintaining a healthy lifestyle. The initiative aims to identify and address common health issues early on, such as diabetes, hypertension, and obesity, through regular screenings and health assessments. Additionally, it seeks to raise awareness about the importance of nutrition, physical activity, mental health, and regular medical check-ups. By offering educational workshops, fitness activities, and resources, "Health Together" strives to empower community members with the knowledge and tools needed to take charge of their health, ultimately fostering a healthier, more informed, and proactive community.

Activity Outcomes: The "Health Together" community health initiative achieved several key outcomes. The initiative provided accessible health screenings, leading to the early detection and management of common health issues such as diabetes, hypertension, and obesity, thereby enabling timely medical interventions. The program successfully raised awareness about the importance of preventive healthcare, resulting in increased community engagement in regular health check-ups and healthier lifestyle choices. Educational workshops and fitness activities equipped participants with essential knowledge and skills related to nutrition, physical activity, and mental well-being.

**Activity Coordinator** 







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Throat Check-Up Camp: Offering medical screenings for throat disorders to promote early detection and treatment

**Organized by:** NSS Unit 1, Madhav Homoeopathic Medical College and Hospital, Faculty of Physiotherapy

Date: 19/12/2023

Place of the activity: Morthala village

No. of students participated: 28

No. of Teachers participated: 5

Beneficiaries: Local Community

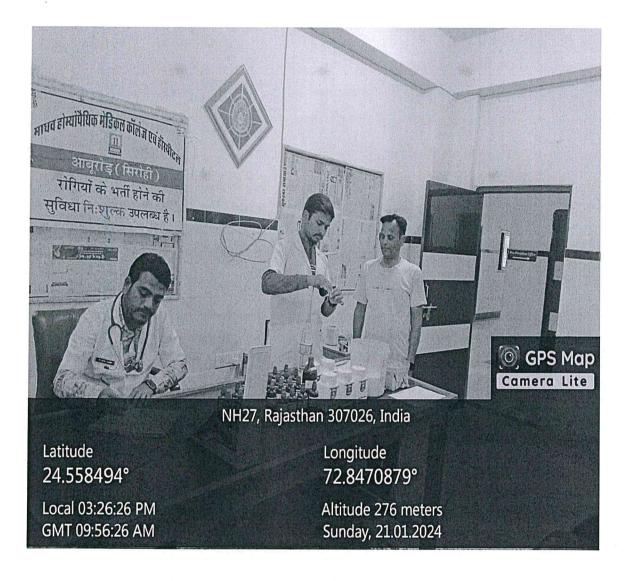
Activity Coordinator: Dr. Suresh Ramawat

Activity Objectives: The objectives of the Throat Check-Up Camp are to promote early detection and treatment of throat disorders, raise awareness about the importance of throat health, and provide accessible medical screenings to the community. The camp aims to identify common throat issues such as infections, vocal cord disorders, and potential malignancies at an early stage, facilitating timely medical intervention. Additionally, the initiative seeks to educate participants on preventive measures, the significance of regular throat examinations, and the impact of lifestyle factors such as smoking and vocal strain on throat health.

Activity Outcomes: The Throat Check-Up Camp resulted in several beneficial outcomes. It provided accessible medical screenings that led to the early detection of various throat disorders, such as infections, vocal cord issues, and potential malignancies, enabling timely and appropriate medical interventions. The camp significantly raised awareness about the importance of maintaining throat health, with participants gaining valuable knowledge on preventive measures and the impact of lifestyle choices like smoking and vocal strain. Educational sessions and resources offered during the camp empowered individuals to recognize early symptoms of throat disorders and seek prompt medical advice.

wish . **Activity Coordinator** 







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Providing Free Physiotherapy and Rehabilitation Camp to Promote Health and Well-Being

Organized by: NSS Unit and Faculty of Physiotherapy

Date: 04/01/2024

Place of the activity: Mount Abu

No. of students participated: 29

No. of Teachers participated: 5

Beneficiaries: Local Community

Activity Coordinator: Dr. Vaibhav Dave

Activity Objectives: The "Providing Free Physiotherapy and Rehabilitation" camp aims to promote health and well-being by offering accessible physiotherapy and rehabilitation services to the community. The objectives of this camp include aiding individuals in recovering from injuries, managing chronic pain, and improving mobility and physical function. The camp seeks to provide tailored physiotherapy sessions to address various musculoskeletal and neurological conditions, facilitate faster recovery, and enhance the quality of life for participants. Additionally, the initiative aims to educate attendees on the importance of physical therapy, exercise, and preventive care in maintaining overall health.

Activity Outcomes: The "Providing Free Physiotherapy and Rehabilitation" camp yielded several positive outcomes. Participants received personalized physiotherapy sessions, which helped them recover from injuries, manage chronic pain, and improve their mobility and physical function. These services facilitated faster recovery and enhanced the quality of life for many individuals dealing with musculoskeletal and neurological conditions. The camp successfully raised awareness about the importance of physiotherapy and regular exercise in maintaining overall health and preventing future injuries. Educational sessions empowered attendees with knowledge on proper exercise techniques, injury prevention strategies, and the benefits of maintaining an active lifestyle.

1 Saipher, Activity Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

# फिजियोथेरेपी शिविर का सफल आयोजन

जागरूक टाइम्स संवाददाता माधव युनिवर्सिर्ट पिण्डवाडा। विभाग फिजियोधेरेपी के द्रार विश्वविद्यालय चेयरपर्सन के 5 राजकमार के निर्देश पर माउंट आब के राजकीय चिकित्सालय में एव दिवसीय निःशल्क फिजियोथेरेपं शिविर व राजस्थान के सबसे ऊर्च स्थान गरु शिखर पर भी फिजियोथैरेपी

विभाग की ओर से स्वास्थ्य मार्गदर्शन किया गया। राजकीय चिकित्सालय में आयोजित शिविर में स्थानीय निवासियों और पर्यटकों को मांसपेशियों और हडि्डयों से संबंधित विभिन्न स्वास्थ्य समस्याओं का विशेषज्ञों द्वारा उपचार प्रदान किया गया। फिजियोथैरेपी विभाग की ओर से माउंट आबू में आयोजित निःशुल्क चिकित्सा शिविर में 200 से अधिक मरीजों का यहां निःशुल्क उपचार किया गया। फिजियोथैरेपी विभाग के प्रधानाचार्य डॉ अरुनाचलम ने बताया कि विशेषज्ञों ने इस दौरान न केवल मरीजों को उचित फिजियोथेरेपी सेवाएं दी। बल्कि उन्हें शारीरिक स्वास्थ्य के प्रति जागरूक भी किया। शिविर का एक प्रमुख आकर्षण यह था कि पर्यटकों को राजस्थान के सबसे ऊंचे स्थान गुरु शिखर पर जाकर भी स्वास्थ्य मार्गदर्शन दिया गया। जिससे उन्हें लंबी यात्रा और ऊंचाई पर चलने से होने वाली समस्याओं से राहत मिल सके। शिविर में सैकड़ों लोगों ने भाग लिया और इसे स्थानीय जनता द्वारा काफी सराह्य गया। माधव विवि का यह कदम स्वास्थ्य सेवाओं को जन-जन तक पहुंचाने की दिशा में एक महत्वपूर्ण पहल के रूप में देखा जा रहा है। शिविर के दौरान-प्राकृतिक चिकित्सा के विभाग प्रमुख डॉ अनिल योगी तथा फिजियोथैरेपी विभाग के डॉ वैभव दवे, डॉ हेमंत कुमार, डॉ प्रांची ओझा, डॉ अदिति भारद्वाज व डॉ अपराजिता चौहान सहित छात्र छात्राएं मौजूद रहे।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity: Mind Matters: A Survey to Prioritize Mental Health

Organized by: NSS Unit and Faculty of Allied Health Science, Madhav University

Date: 05/03/2024

Place of the activity: Talhati, Aburoad

No. of students participated: 31

No. of Teachers participated: 2

Beneficiaries: Local Community

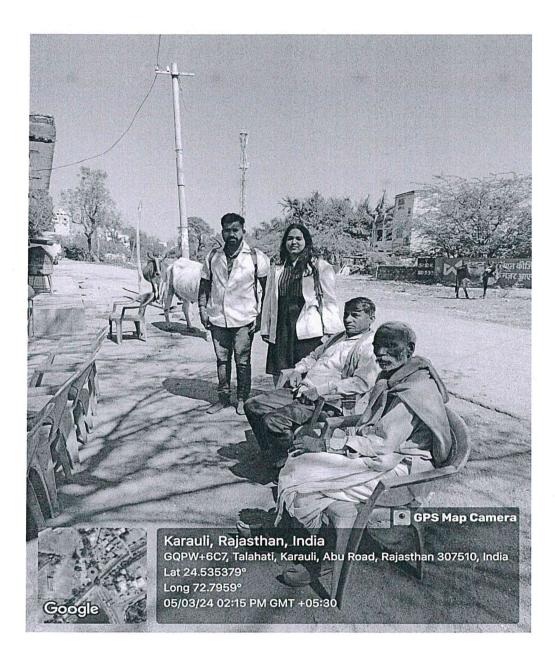
Activity Coordinator: Dr. Hemant Kashyap

Activity Objectives: The "Mind Matters: A Survey to Prioritize Mental Health" activity aims to assess participants' awareness of mental health issues, identify key concerns, and prioritize the mental health resources most needed. It seeks to foster open dialogue, promote mental wellbeing, and develop actionable insights that can guide future initiatives. Additionally, the survey encourages empathy, understanding, and self-reflection, ultimately supporting individual wellbeing and enhancing the overall focus on mental health within the community or organization.

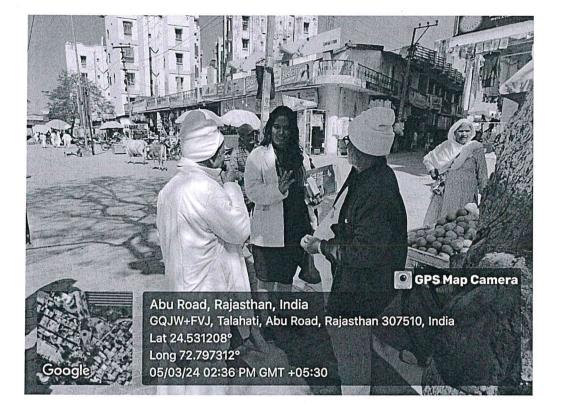
Activity Outcomes: The outcomes of the "Mind Matters: A Survey to Prioritize Mental Health" activity are expected to include a clearer understanding of participants' mental health needs and concerns, identification of priority areas for resource allocation, and actionable insights for improving mental health support. The activity is also anticipated to foster a more open and supportive environment for discussing mental health, increase awareness, and enhance participants' empathy and understanding. Ultimately, it aims to contribute to the development of effective mental health initiatives and promote overall well-being within the community or organization.

ctivity Coordinator











(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Clinical psychology camp for challenges in inmates

Organized by: NSS Unit 1 and Faculty of Clinical Psychology, Madhav University

Date: 12/02/2024

Place of the activity : Aburoad

No. of students participated: 26

No. of Teachers participated: 2

Beneficiaries: Inmates, society

Activity Coordinator: Dr. Hemant Kashyap

Activity Objectives: The objectives of the Clinical Psychology Camp for Challenges in Inmates are to provide mental health support and intervention to incarcerated individuals, address psychological issues contributing to criminal behavior, and facilitate rehabilitation and reintegration into society. The camp aims to offer individual and group therapy sessions to inmates, focusing on addressing underlying mental health disorders, trauma, addiction, and behavioral issues. Additionally, the initiative seeks to educate inmates on coping strategies, anger management, and conflict resolution skills to promote positive behavioral changes and reduce recidivism rates.

Activity Outcomes: The Clinical Psychology Camp for Challenges in Inmates achieved several key outcomes. Participants received tailored mental health support and intervention, leading to improved psychological well-being and coping skills among inmates. The camp successfully addressed underlying mental health disorders, trauma, addiction, and behavioral issues, facilitating positive behavioral changes and reducing instances of aggression and conflict within correctional facilities. Additionally, inmates gained valuable insights into coping strategies, anger management techniques, and conflict resolution skills, empowering them to navigate challenges more effectively.

Activity Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



नवज्योति/सिरोही। माधव विश्वविद्यालय के नैदानिक मनोविज्ञान विभाग ने आबूरोड में जिला उप-जेल में क्रोध प्रबंधत कार्यक्रम शुरू करके एक सराहनीय कदम उठाया। विभाग में सहायक प्रोफेसर हेमन्त कश्यप ने अपनी समर्पित टीम के साथ इस पहल का नेतृत्व किया। अच्छी तरह से संरचित व्याख्यानों की एक श्रृंखला के माध्यम से, उनका लक्ष्य 80 कैदियों को अपने गुस्से को नियंत्रित करने और अधिक सकारात्मक परिणामों में बदलने के बारे में शिक्षित करना था।

कार्यक्रम केवल बातचीत की एक श्रृंखला नहीं थीं, बल्कि एक इंटरैक्टिव मंच था जहां कैदी अपनी भावनाओं को प्रभावी ढंग से प्रबंधित करने के लिए व्यावहारिक रणनीतियां सींख सकते थे, जिससे उनके पुनर्वास और बाद में समाज में पुनरू एकीकरण का मार्ग प्रशस्त हो सके। हेमंत कश्यप और उनकी टीम के प्रयास सुधारात्मक मनोविज्ञान के प्रति एक प्रगतिशील दृष्टिकोण को दशातें हैं, जिसमें इस बात पर जोर दिया गया है कि मानसिक स्वास्थ्य को बढ़ावा देना उतना ही महत्वपूर्ण है जितना कि जेल के वातावरण में शारीरिक सुरक्षा सुनिति करना। इस हस्तक्षेप ने अपराधियों को आवश्यक भावनात्मक कौशल से लैस करके उनके जीवन को बदलने में सहायता करने में एक सकारात्मक प्रगति को चिनहित किया।







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) ACTIVITY REPORT

Name of the activity : Senior Wellness Check: Medical Camp for the Elderly - Rheumatic problems

**Organized by** : NSS unit 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 01/05/2024

Place of the activity : Achapura village

No. of students participated : 28

No. of Teachers participated: 6

Beneficiaries : Local Community

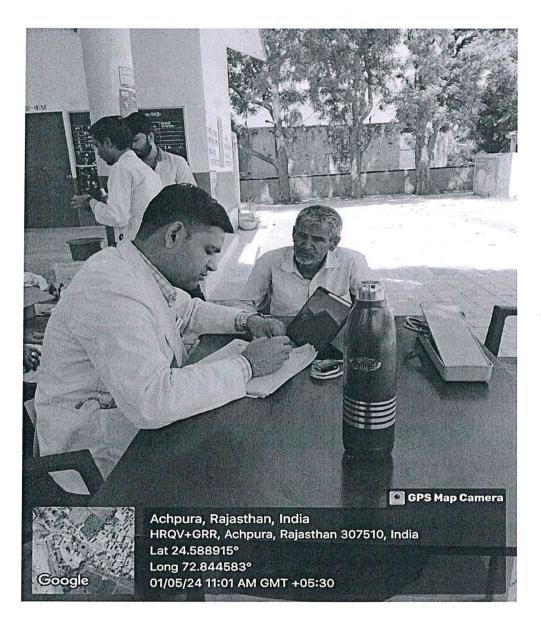
Activity Co-ordinator : Dr. Shailendra Singh

Activity Objectives : The "Senior Wellness Check: Medical Camp for the Elderly" in Achapura village aims to provide comprehensive health screenings focused on identifying and managing rheumatic conditions like arthritis and osteoarthritis. The camp seeks to detect early signs of these issues, offer medical interventions to reduce pain and improve mobility, and educate seniors and their caregivers on exercise, nutrition, and lifestyle changes essential for managing these conditions. By doing so, the initiative strives to enhance the overall well-being and quality of life of the elderly in the community.

Activity Outcomes: The "Senior Wellness Check: Medical Camp for the Elderly" in Achapura village led to early detection and management of rheumatic conditions like arthritis, significantly improving seniors' mobility and reducing pain. Educational sessions empowered participants and their caregivers with knowledge on exercise, nutrition, and lifestyle changes for better management of these conditions. The camp fostered a supportive environment, providing resources that enhanced the overall well-being and quality of life for the elderly in the village.

Activity Coordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Vaccination awareness program

Organized by : NSS Unit 1 and Faculty of Allied Health Sciences, Madhav University

Date: 18/09/2023

Place of the activity : Malnu village

No. of students participated : 36

No. of Teachers participated: 5

Beneficiaries : Local Community

Activity Co-ordinator : Dr. Devendra Muzalda, Pradeep Kachwaha

Activity Objectives : The objectives of the Vaccination Awareness Program are to educate the community about the importance of vaccinations, increase vaccination rates, and reduce the prevalence of vaccine-preventable diseases. The program aims to inform participants about the safety, efficacy, and benefits of vaccines, dispelling myths and misconceptions. It seeks to provide accurate information on the vaccination schedule for children, adults, and the elderly, ensuring that individuals are aware of which vaccines they need and when.

Activity Outcomes : The Vaccination Awareness Program resulted in several positive outcomes. The community gained a heightened understanding of the importance, safety, and efficacy of vaccines, leading to increased trust in vaccination. As a result, vaccination rates improved, reducing the prevalence of vaccine-preventable diseases. The program successfully dispelled myths and misconceptions about vaccines through educational materials and workshops. Many individuals became aware of their vaccination schedules and took steps to ensure they and their families were up-to-date with necessary vaccines.

Activity Coordinator

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

# टीकाकरण संबंधी जागरुकता कार्यक्रम

#### संवाददाता

रणवीर राजरबान स्थानीय आव्रोड। विश्वविद्यालय को राष्ट्रीय सेवा टिटनेस, पोलियो, खसरा, आदि योजना द्वारा आज भारत सरकार के यवा एवं खेल मंत्रालय द्वारा निर्देशित मोबलाइजेशन सोसायटी के लिए टीकाकरण संबंधी जागरुकता दी गई। स्वयंसंवकों ने सिरोही जिले के मालनूं गाँव के

नजदीकी क्षेत्रों में बसे परिवारों से संपर्क कर विभिन्न टीकों से माधव अवगत कराया। काली खाँसी, रोगों से बचाव के लिए सरकार द्वारा उपलब्ध नि:शुल्क टीकाकरण की जानकारी प्रदान की गई। साथ ही स्वयंसेवकों ने उनकी स्वास्थ्य समस्याओं संबंधी जिज्ञासाओं का समाधान भी किया। राष्ट्रीय सेवा

योजना की निदेशक डॉ. विदुषी आमेटा, राष्ट्रीय सेवा योजना प्रभारी डॉ. देवेन्द्र मुझाल्दा एवं संगीता सिंह, सहप्रभारी प्रदीप कच्छावा के नेतृत्व में यह जागरुकता कार्यक्रम चलाया गया। स्वयंसेवक विजय कुमार मीणा, नरेश मीणा, नकुल, चैतन्य कुमार, नीतू मीणा, भूराराम व राहुल का कार्यक्रम में विशेष सहयोग रहा।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Nukkad natak on bad effects of addiction

**Organized by** : NSS UNIT 1 and 2 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 22/09/2023

Place of the activity : Mordu village

No. of students participated : 27

No. of Teachers participated: 8

Beneficiaries : Local Community

Activity Co-ordinator : Dr. Komal Mewara

Activity Objectives : The objectives of the Nukkad Natak (street play) on the bad effects of addiction are to raise awareness about the detrimental consequences of substance abuse, educate the audience about the physical, mental, and social impacts of addiction, and inspire positive behavior change. Through engaging storytelling and relatable characters, the play aims to highlight the personal struggles and consequences of addiction, promote messages of hope and recovery, and encourage individuals to seek help and support for themselves or others affected by addiction.

Activity Outcomes : The Nukkad Natak on the bad effects of addiction achieved several significant outcomes. Audience members gained a deeper understanding of the detrimental impacts of substance abuse on individuals and society, leading byto increased awareness and empathy towards those affected by addiction. The play effectively conveyed messages of hope and recovery, inspiring positive behavior change and encouraging individuals to seek help and support if struggling with addiction. Additionally, the Nukkad Natak sparked community dialogue and discussion on the root causes of addiction and the importance of prevention and intervention efforts.

Activity Coordinator











(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) ACTIVITY REPORT

Name of the activity : Healthy Kids, Happy Future: Childhood Illness Camp

**Organized by** : NSS UNIT 1 & 2 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 03/05/2024

Place of the activity : Aamthala village

No. of students participated : 29

No. of Teachers participated: 6

Beneficiaries : Local Community

Activity Co-ordinator : Dr. Dushyant Singh

Activity Objectives : The "Healthy Kids, Happy Future: Childhood Illness Camp" aims to promote the well-being of children by addressing common childhood illnesses. The objectives include screening children for prevalent illnesses, providing immediate medical attention and treatment when necessary, educating parents and caregivers about preventive measures and proper childcare practices, and fostering partnerships with local healthcare providers for ongoing support. Ultimately, the camp seeks to improve the health outcomes of children in Pindwara and contribute to their long-term well-being and happiness.

Activity Outcomes : The "Healthy Kids, Happy Future: Childhood Illness Camp" brought about significant positive outcomes for the community. Numerous children were screened for common childhood illnesses, enabling early detection and timely intervention. Immediate medical advice and treatment were provided, improving the health of many young participants. Educational sessions for parents and caregivers raised awareness about preventive measures, hygiene practices, and the importance of regular health check-ups. The camp also established connections with local healthcare providers for ongoing support and treatment, contributing to the overall well-being and future health of the children.

Activity Coordinator

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल भुजेला द्वारा एक दिवसीय चिकित्सा एवं स्वास्थ्य शिविर का आयोजन



उन्नति एक्सप्रेस/दिनेश मेघवाल

आबूरोड़। माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल भुजेला द्वारा नजदीकी आमयला गांव में शुक्रवार 3 मई को एक दिवसीय चिकित्सा एवं स्वास्थ्य शिविर का आयोजन किया गया। जिसमे विभिन्न रोगों से ग्रस्त मरीजों का निःशुल्क चैकअप किया गया एवं दवाइयां वितरित की गई। आयोजित शिविर में डॉ. दुष्यंत सिंह मेडिकल ऑफिसर द्वारा होम्योपैथिक चिकित्सा पद्धति के बारे में गांव वालों को जानकारी दी गई। साथ ही इंटर्न विद्यार्थियों ने गांव वालों को नौसम के बदलाव से होने वाली बीमारियों की रोकधाम की जानकारी दी। जैसे की गर्मी में लू लगने और हैजा होने की स्थिति में क्या सेवन



करना चाहिए किस से परहेज करना चाहिए इत्यादि के बारे में जानकारी दी। शिविर में विभिन्न प्रकार की बीमारियों जैसे की जोड़ों का दर्द, चर्म रोग, खांसी, जुकाम, बुखार, कब्ज, दस्त, उल्टी, पेट मे दर्द, खुन की कमी, सियाटिका, पथरी आदि का इलाज किया गया एवं बीमारी से बचने की सलाह दी गई। इस चिकित्सा शिविर में लगभग 74 मरीजों ने शिविर का लाभ लिया । इस मौके पर शिविर के संचालन में डॉ. दुष्यंत सिंह चिकित्सा अधिकारी, इंटर्न डॉक्टर संतोष, शुद्धि, प्रशांत, अल्केश लबाना का योगदान रहा। इस अवसर पर माधव होम्योपैधिक मेडिकल कॉलेज एवं हॉस्पिटल के डीन एवं प्रिंसिपल डॉ मनोज कुमार बेहरा ने शिविर का सफलतापूर्वक आयोजन करने पर स्वास्थ्य दल को धन्यवाद दिया।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) ACTIVITY REPORT

Name of the activity : A medical camp for heatstroke management

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 01/05/2024

Place of the activity : Achapura village

No. of students participated : 25

No. of Teachers participated: 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Shailendra Singh

Activity Objectives : The "Heatstroke Management Medical Camp" aims to enhance community health and safety by addressing the risks and management of heatstroke. The objectives include educating participants on the symptoms, prevention, and first aid treatment of heatstroke, providing immediate medical assessments and advice for individuals at risk, distributing resources such as hydration kits and informational pamphlets, and promoting awareness about the importance of staying hydrated and recognizing early signs of heat-related illnesses.

Activity Outcomes: The "Heatstroke Management Medical Camp" achieved significant outcomes in enhancing community health and safety. Many participants were educated on the symptoms, prevention, and first aid treatment of heatstroke, leading to increased awareness and preparedness. Immediate medical assessments identified individuals at risk, who received timely advice and care. The distribution of hydration kits and informational pamphlets empowered residents with practical tools to prevent heatstroke. Additionally, the camp fostered connections with local healthcare providers, ensuring ongoing support and management for heat-related health issues, ultimately reducing the incidence and severity of heatstroke in the community.

Activity Coordinator





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

# शिविर में की 75 मरीजों की जांच

वाली बीमारियों की रोकधाम की जानकारी दी। जैसे की गर्मी में लू में क्या सेवन करना चाहिए किस से परहेज करना चाहिए इसकी जानकारी दी। शिविर में 75 मरीजों ने शिविर का लाभ लिया। इंटर्न डॉ आशीष कंकड़िया, मुलिया द्रविड़, विक्रमसिंह चरन, श्रुधि, दीपक का योगदान रहा। डीन एवं प्रिंसिपल डॉ मनोज कुमार बेहरा ने शिविर का सफलतापूर्वक आयोजन करने पर स्वास्थ्य दल को धन्यवाद दिया।

पिण्डवाडा। माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल की ओर से अचपुरा में एक दिवसीय 👌 लगने और हैजा होने की स्थिति चिकित्सा एवम स्वास्थ्य शिविर को आयोजन किया गया। जिसमे विभिन्न रोगों से ग्रस्त मरीजों का निःशुल्क चैकअप किया गया एवं दवाइयां वितरित को गई। डॉ. शैलेंद्र कुमार सिंह आवासीय मेडिकल ऑफिसर ने होम्योपैथिक चिकित्सा पद्धति के बारे में गांव वालों को जानकारी दी गई। साथ ही इंटर्न विद्यार्थियों ने गांव वाली को मौसम के बदलाव से होने





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Mind Matters: Mental Health Screening Camp

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 03/05/2024

Place of the activity : Aamthala village

No. of students participated : 31

No. of Teachers participated: 5

Beneficiaries : Local Community

Activity Co-ordinator : Dr Dushyant Singh

Activity Objectives : The "Mind Matters: Mental Health Screening Camp" aims to promote mental well-being and early detection of mental health issues within the community. The objectives include providing comprehensive mental health screenings to identify common mental health conditions, offering immediate feedback, resources, and referrals for further treatment, educating participants on the importance of mental health and self-care practices, reducing stigma associated with mental health issues, and fostering connections with local mental health professionals for ongoing support and management.

Activity Outcomes: The "Mind Matters: Mental Health Screening Camp" resulted in significant positive outcomes for the community. A large number of individuals were screened, leading to the early identification of various mental health conditions. Participants received immediate feedback, resources, and referrals for further treatment, enhancing access to necessary care. Educational efforts successfully raised awareness about the importance of mental health and self-care practices, contributing to a reduction in the stigma associated with mental health issues.

Activity Coordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### एक दिवसीय चिकित्सा एवम स्वास्थ्य शिविर का आयोजन किया

दैनिक महका संसार आब्रोड। माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल भुजेला द्वारा नजदीकी आमधला आयोजित शिविर में डॉ. दुष्यंत सिंह मेडिकल ऑफिसर द्वारा सी

गई। साथ ही इंटर्न विद्यार्थियों ने गांव वालों को मौसम के बदलाव से होने वाली बीमारियों की रोकधाम की जानकारी दी। जैसे की गर्मी में गांव में शुक्रवार दिनांक 3/05/2024 लू लगने और हैजा होने की स्थिति को एक दिवसीय चिकित्सा एवम में क्या सेवन करना चाहिए किस से स्वास्थ्य शिविर का आयोजन किया परहेज करना चाहिए इत्यादि के बारे गया। जिसमे विभिन्न रोगों से ग्रस्त में जानकारी दी। शिविर में विभिन्न मरीजों का नि:शुल्क चैकअप किया प्रकार की बीमारियों जैसे की जोड़ों गया एवं दवाइयां वितरित की गई। का दर्द, चर्म रोग, खांसी, जुकाम, बुखार, कब्ज, दस्त, उल्टी, पेट मे दर्द,खुन को कमी,सियाटिका, पथरी होम्योपैथिक चिकित्सा पद्धति के आदि का इलाज किया गया एवं बारे में गांव वालों को जानकारी दी यीमारी से बचने की सलाह दी गई। डॉ. दुप्पंत सिंह चिकित्सा अधिकारी मेडिकल कॉलेज एवं हॉस्पिटल के धन्यवाद दिया।



इस चिकित्सा शिविर में लगभग 74 इंटर्न डॉक्टर संतोष , शुद्धि, प्रशांत, डीन एवं प्रिंसिपल डॉ मनोज कुमार मरीजों ने शिविर का लाभ लिया । अल्केश लयाना का योगदान रहा । बेहरा ने शिविर का सफलतापूर्वक इस मौके पर शिविर के संचालन में इस अवसर पर माधव होम्योपैधिक आयोजन करने पर स्वास्थ्य दल को

वेवित्वालय आं. पी. 1-04 . PS Map Can



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Diabetes Detect: Blood Sugar Screening Camp

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 25/10/2023

Place of the activity : Morthala village

No. of students participated : 29

No. of Teachers participated: 5

Beneficiaries : Local Community

Activity Coordinator : Dr Shailendra Singh

Activity Objectives: The "Diabetes Detect: Blood Sugar Screening Camp at Morthala Village" aims to improve community health by identifying and managing diabetes. The objectives include screening a significant portion of the village population for high blood sugar levels, providing immediate feedback and advice to those at risk, educating residents about the importance of regular monitoring and lifestyle changes to manage and prevent diabetes, and connecting individuals with local healthcare resources for ongoing support and treatment.

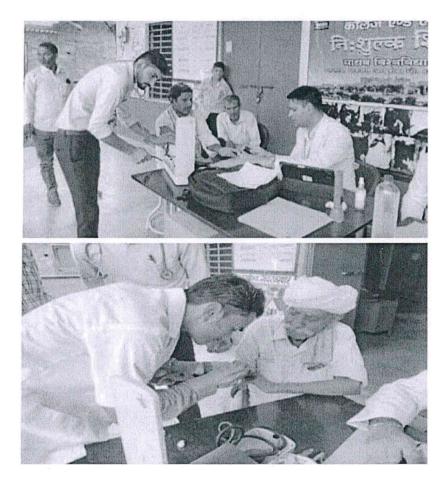
Activity Outcomes: The "Diabetes Detect: Blood Sugar Screening Camp at Morthala Village" yielded significant health benefits for the community. Numerous residents were screened, leading to the early detection of high blood sugar levels in many individuals. Immediate feedback and advice were provided, increasing awareness and understanding of diabetes management. Educational efforts successfully promoted the importance of regular monitoring and lifestyle changes, encouraging healthier habits among participants. The camp also facilitated connections with local healthcare providers, ensuring ongoing support and treatment.

Activity Co-ordinator

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Gut Check: Digestive Health Screening Camp

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 01/05/2024

Place of the activity : Bhimana village

No. of students participated : 36

No. of Teachers participated: 6

Beneficiaries : Local Community

Activity Coordinator : Dr Suresh Ramawat

Activity Objectives: The "Gut Check: Digestive Health Screening Camp" at Achapura village aims to raise awareness about digestive health, identify at-risk individuals through screenings, and provide educational sessions on diet and lifestyle changes. The camp will offer professional consultations for personalized advice and promote healthier habits within the community. Additionally, it will ensure accessible, affordable services, collect data on digestive health prevalence, and establish follow-up support, while collaborating with local health organizations to maximize impact.

Activity Outcomes : The "Gut Check: Digestive Health Screening Camp" at Achapura village successfully increased awareness of digestive health, identified at-risk individuals, and provided them with personalized consultations. Educational sessions promoted healthier eating and lifestyle habits, while data collection on digestive health issues informed future initiatives. The camp ensured accessible, affordable services and established follow-up support for participants, fostering a healthier community through collaboration with local health organizations.

Activity Coordinato



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : "A prevention and awareness programme on seasonal disease"

Organized by : NSS Unit 1 and Faculty of Allied Health Science, Madhav University

Date: 13/01/2024

Place of the activity : Pindwara village

No. of students participated : 29

No. of Teachers participated: 5

Beneficiaries : Local Community

Activity Coordinator : Dr. Sushil Bhargav

Activity Objectives: The objectives of a prevention and awareness program on seasonal diseases are to educate the community about common seasonal illnesses, their causes, and effective preventive measures. The program aims to raise awareness about the importance of hygiene, vaccination, and early detection, while promoting healthy practices such as proper sanitation and nutrition. Additionally, it seeks to equip individuals with knowledge about symptoms and treatments to reduce the spread of infections, ultimately fostering a healthier, more resilient community during high-risk seasons.

Activity Outcomes: The outcomes of an awareness program on cleanliness in a village include increased understanding among residents about the importance of maintaining hygiene and cleanliness. Villagers adopt better waste management practices, improve personal hygiene habits, and become more proactive in keeping their surroundings clean. The program also contributes to a reduction in preventable diseases, enhances the overall health of the community, and fosters a sense of collective responsibility. In the long term, it promotes sustainable cleanliness practices and strengthens community participation in maintaining a healthy environment.

Activity Cod

**NANDHAAY** 

#### MADHAV UNIVERSITY, PINDWARA (SIROHI)

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)





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#### ACTIVITY REPORT

Name of the activity : Yoga for all - An awareness campaign on benefits of yoga

Organized by : NSS UNIT and Faculty of Yoga and Naturopathy, Madhav University

Date: 30/01/2024

Place of the activity : Kalamagra village

No. of students participated : 29

No. of Teachers participated: 5

Beneficiaries : Local Community

Activity Coordinator : Dr. Anil Yogi

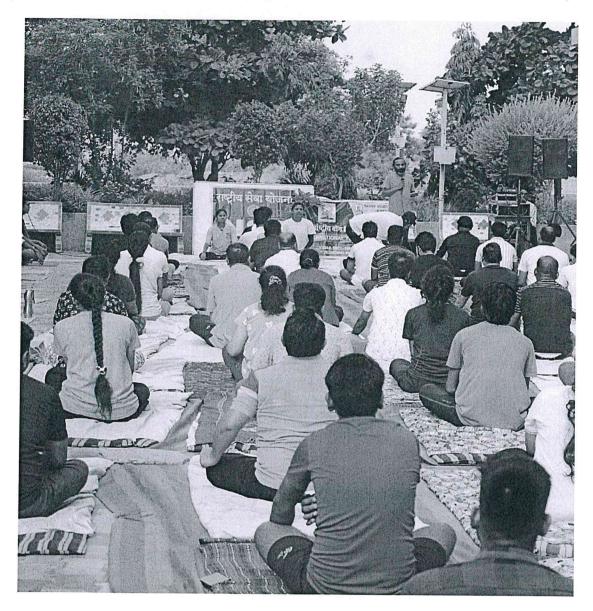
Activity Objectives: The "Yoga for All" campaign aims to raise awareness about the numerous physical, mental, and emotional benefits of yoga practice. It seeks to promote accessibility and inclusivity, making yoga accessible to people of all ages, backgrounds, and abilities. Through education and empowerment, the campaign encourages individuals to incorporate yoga into their daily lives for improved well-being and self-care.

Activity Outcomes: The "Yoga for All" awareness campaign has resulted in several significant outcomes. Firstly, it has increased public awareness about the diverse benefits of yoga, including physical fitness, stress reduction, and mental well-being. Secondly, the campaign has promoted inclusivity within the yoga community, making yoga accessible to individuals of all ages, backgrounds, and abilities. Thirdly, it has empowered individuals to incorporate yoga into their daily lives for improved health and self-care. Additionally, the campaign has fostered a sense of community among yoga practitioners, providing support and encouragement for individuals on their yoga journey.

ty Coordinator



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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Tuberculosis awareness health camp

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 21/05/2024

Place of the activity : Kiwarli village

No. of students participated : 25

No. of Teachers participated: 6

Beneficiaries : Local Community

Activity Coordinator : Dr Dushyant Singh

Activity Objectives: The Tuberculosis awareness health camp at Kiwarli village aims to raise awareness about tuberculosis (TB) and its prevention, diagnosis, and treatment. Its objectives include educating the community about the symptoms of TB, promoting early detection through screening, providing access to TB testing and treatment services, addressing stigma associated with the disease, and empowering individuals to take proactive steps towards TB prevention and control.

Activity Outcomes: The Tuberculosis awareness health camp at Kiwarli village has yielded significant outcomes in raising awareness and addressing the burden of tuberculosis (TB). It has increased community knowledge about TB prevention, symptoms, and treatment options. Additionally, the camp has facilitated early detection of TB cases through screening services, leading to timely access to testing and treatment. Furthermore, it has helped reduce stigma associated with TB, encouraging individuals to seek care and support.

Activity Coordinator

MADHAY

### MADHAV UNIVERSITY, PINDWARA (SIROHI)

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आब्रोड | माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल भुजेला द्वारा निकट किवरली में एक दिनी चिकित्सा एवं स्वास्थ्य शिविर का आयोजन किया। विभिन्न रोगों से ग्रस्त मरीजों का चेकअप किया एवं दवाइयां बांटी। शिविर में डॉक्टर दुष्यंत सिंह मेडिकल ऑफिसर द्वारा होम्योपैथी चिकित्सा पद्धति के बारे में गांव वालों को दी। इंटर्न विद्यार्थियों ने गांव वालों को मौसम के बदलाव से होने वाली बीमारियों की रोकथाम की जानकारी दी। 62 मरीजों ने चिकित्सा शिविर का लाभ लिया। संचालन में डॉक्टर दुष्यन्त सिंह चिकित्सा अधिकारी एवं इंटर्न डॉक्टर खुशबू, अनीश, राहुल का योगदान रहा। माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल के डीन एवं प्रिंसिपल प्रोफेसर डॉक्टर मनोज कुमार बेहेरा ने शिविर का सफलता पूर्वक आयोजन करने पर शिविर दल को शाजातात तिगा।

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#### ACTIVITY REPORT

Name of the activity : Health screenings for common infections

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 20/02/2024

Place of the activity : Deldar village

No. of students participated : 27

No. of Teachers participated: 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Bhawana

Activity Objectives: The health screenings for common infections at Kiwarli village aim to improve community health by identifying and addressing prevalent infections. The objectives include providing accessible and comprehensive health screenings for common infections such as respiratory, gastrointestinal, and skin infections; educating the community about infection prevention and early symptoms; facilitating prompt medical treatment for detected infections; and promoting overall health awareness.

Activity Outcomes : The health screenings for common infections at Kiwarli village have produced significant outcomes in enhancing community health. They have successfully identified and treated prevalent infections, reducing the spread of diseases such as respiratory, gastrointestinal, and skin infections. The program has increased health awareness among residents, educating them about infection prevention and early symptom recognition. Additionally, the screenings have provided valuable data on infection prevalence, informing future public health initiatives and resource allocation.

Activity Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Awareness Initiative on Advanced Immune Health

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 04/05/2024

Place of the activity : Bharja village

No. of students participated : 26

No. of Teachers participated: 6

Beneficiaries : Local Community

Activity Cordinator : Dr. Bhawana Kumari

Activity Objectives: The Awareness Initiative on Advanced Immune Health at Bharja village aims to educate the community about the importance of a strong immune system and ways to enhance immune health. Its objectives include increasing knowledge about immune-boosting nutrition, promoting healthy lifestyle practices such as regular exercise and adequate sleep, providing information on the role of vaccinations and preventive healthcare, and encouraging regular health check-ups.

Activity Outcomes: The Awareness Initiative on Advanced Immune Health at Bharja village has resulted in several positive outcomes. It has significantly increased community knowledge about the importance of a strong immune system and the various ways to enhance immune health. Residents have adopted healthier lifestyle practices, including improved nutrition, regular exercise, and better sleep habits. The initiative has also led to higher rates of vaccinations and preventive healthcare measures, as well as more frequent health check-ups.

Activity Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



पत्रिका न्युज नेटवर्क पत्रिका

patrika.com आब्रोड. माधव विश्वविद्यालय के अंतर्गत आने वाले माधव होम्योपेथिक मेडिकल कॉलेज एंड हॉस्पिटल द्वारा स्वास्थ्य सेवाओं को लेकर आसपास के गांवों में लगातार शिविर का आयोजन किया जा रहा है। जिससे आसपास के ग्रासीण क्षेत्र में स्वास्थ्य के प्रति निःशुल्क होम्योपैथिक दवाइयां सकारात्मक प्रतिक्रिया हुई है। इसी क्रम में इस शनिवार को भी गांव देलदर में एक शिविर का आयोजन डॉ. भावना कुमारी चिकित्सा अधिकारी के नेतृत्व में हुआ। शिविर में विभिन्न रोगों से पीड़ित लगभग 60 मरीजों को लाभ प्राप्त हुआ। जिसमें महिलाओं की भागीदारी अधिक रही।

डॉ. भावना कुमारी चिकित्सा

अधिकारी ने बताया कि पिछले कई माह से लगातार शिविर का होने से ग्रामीण आयोजन में सकारात्मक महिलाओं प्रतिक्रिया देखने को मिली। इस शिविर में महिलाओं ने अपने रोगों के बारे में विस्तार से चिकित्सक को जानकारी दी, जिसके आधार पर उन्हें वितरित की गई। चिकित्सा में प्रशिक्ष हर्ष शिविर राजपुरोहित, गजाला, मो. अनीस और राहुल आदि ने भी मरीजों दिया और को परामर्श होम्योपैथिक दवाइयों का वितरण किया। माधव होम्योपैथिक मेडिकल कॉलेज एंड हॉस्पिटल के डीन और अस्पताल अधीक्षक, डॉ. मनोज कुमार बेहरा ने स्वास्थ्य दल का उत्साह बढ़ाया।

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Mother's Health First: Medical Camp for Maternal Health

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 11/03/2024

Place of the activity : Morthala village

No. of students participated : 38

No. of Teachers participated: 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Pratiksha Singh

Activity Objectives: The "Mother's Health First: Medical Camp for Maternal Health" initiative aims to prioritize the health and well-being of mothers through comprehensive medical care. Its objectives include providing accessible and high-quality healthcare services for maternal health, including prenatal care, postnatal care, and family planning. The camp seeks to increase awareness about maternal health issues, promote healthy pregnancy practices, and ensure timely screenings and interventions to prevent maternal complications. Additionally, it aims to empower mothers with knowledge and resources to make informed decisions about their health and the health of their families.

Activity Outcomes: The "Mother's Health First: Medical Camp for Maternal Health" has yielded significant outcomes in promoting maternal well-being. It has provided accessible medical care, including prenatal and postnatal services, ensuring mothers receive necessary screenings and interventions. The camp has increased awareness about maternal health issues, empowering mothers to make informed decisions about their health and family planning. Additionally, it has facilitated early detection and prevention of maternal complications, leading to improved health outcomes for both mothers and their children.

Activity-Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### मोरथला में एक दिवसीय चिकित्सा एवं स्वास्थ्य शिविर का हुआ आयोजन

करना चाहिए किस से परहेज करना चाहिए इत्यादि के बारे में जानकारी दी।शिविर में विभिन्न प्रकार की बीमारियों जैसे की जोड़ों का दर्द, चर्म रोग, खांसी, जुकाम, बुखार, कब्ज, दस्त, उल्टी, पेट में दर्द,खुन की कमी, सियाटिका,

ग्रसित मरीजों ने लिया भाग / नवज्योति/सिरोही।माधव होम्योपैथिक मेडिकल कॉलेज

शिविर में विभिन्न बीमारियों से

एवं हॉस्पिटल भुजेला द्वारा मोरथला गांव में गुरुवार को एक दिवसीय चिकित्सा एवं स्वास्थ्य शिविर का आयोजन किया गया। जिसमे विभिन्न रोगों से ग्रस्त मरीजों का निःशुल्क चेकअप किया गया। इस मौके पर दवाइयां वितरित की गई। आयोजित शिविर में डॉ.प्रतिक्षा सिंह मेडिकल ऑफिसर द्वारा होम्योपैथिक चिकित्सा पद्धति

के बारे में ग्रामीणों को जानकारी दी गई। साथ ही इंटर्न विद्यार्थियों ने गांव वालों को मौसम के बुदलाव से होने वाली बीमारियों की रोकधाम की जानकारी दी। जैसे की गर्मी में लू लगने और हैजा होने की स्थिति में क्या सेवन पथरी आदि काइलाज किया गया एवं बीमारी से बचने की सलाह दी गई। इस चिकित्सा शिविर में लगभग 65 मरीजों ने शिविर का लाभ लिया। इस मौके पर शिविर के संचालन में डॉ.प्रतिक्षा सिंह चिकित्सा अधिकारी, इंटर्न डॉक्टर अभिनव, अभिषेक, विक्रम सिंह चरन, सौरव का

योगदान रहा। इस अवसर पर माधव होम्योपैथिक मेडिकल कॉलेज एवं हॉस्पिटल के डीन एवं प्रिंसिपल डॉ.मनोज कुमार बोहरा ने शिविर का सफलतापूर्वक आयोजन करने पर स्वास्थ्य दल को धन्यवाद ज्ञापित किया।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : A multi-speciality health checkup camp

Organized by : NSS UNIT 1 and 2, Asian Head and Neck cancer Foundation

Date: 12/01/2024

Place of the activity : Aburoad

No. of students participated : 31

No. of Teachers participated: 4

Beneficiaries : Local Community

Activity Cordinator : Dr. Shakti Singh

Activity Objectives: The activity objectives of a multi-specialty camp include providing comprehensive health screenings for early detection of medical conditions, offering specialized consultations from experts across various fields, and educating participants on preventive healthcare practices. The camp aims to promote overall well-being through early diagnosis, on-site treatment, and guidance on lifestyle modifications, ensuring follow-up care when necessary.

Activity Outcomes: The outcomes of a multi-specialty camp typically include improved access to healthcare services, early detection of potential health issues, and enhanced awareness of preventive care. Participants benefit from expert medical consultations, on-site treatments, and personalized health advice, leading to better health management. The camp also fosters a greater understanding of lifestyle changes necessary for long-term well-being, contributing to improved overall community health.

Activity Coordinator

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



अबि्राड | एशियन हड एड नेक केंसर फाउंडेशन एवं माधव विश्वविद्यालय के सहयोग से शिविर का आयोजन किया। इसमें मुंह एवं गला रोग विशेषज्ञ डॉ शक्ति सिंह देवड़ा, सर्जिकल ऑन्कोलॉजी डॉ. प्रिहिर शाह, मेडिकल ऑन्कोलॉजी डॉ. राजेश शर्मा, हड्डी एवं जॉइंट रिप्लेसमेंट सर्जन डॉ. अनिकेत शाह एवं उनकी टीम ने सेवाएं दीं। इसमें 50 से अधिक लोगों ने निशुल्क परामर्श लिया। शिविर के दौरान एम्स हॉस्पिटल के डायरेक्टर नीलेश परमार ओर मैनेजमेंट टीम से भरत कश्यप ओर लवलेश बैरवा मौजूद रहे।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : A Free mental health checkup camp

Organized by : NSS UNIT 1 and Faculty of Allied Health Science, Madhav University

Date: 25/04/2024

Place of the activity : Aburoad

No. of students participated : 31

No. of Teachers participated: 4

Beneficiaries : Local Community

Activity Cordinator : Dr. Hemant Kashyap

Activity Objectives: The objectives of a free mental health checkup camp are to provide accessible mental health services to the community and raise awareness about the importance of mental well-being. The camp aims to offer confidential screenings, assessments, and consultations to identify mental health issues and provide immediate support. Additionally, it seeks to educate participants about mental health resources, coping strategies, and the importance of seeking help, thereby reducing stigma associated with mental health conditions.

Activity Outcomes: The outcomes of a free mental health checkup camp include increased awareness and understanding of mental health issues among participants, leading to greater willingness to seek help and support. Many individuals receive immediate assessments and referrals for further care, contributing to early intervention and better mental health management. The camp also helps reduce the stigma surrounding mental health, fostering a supportive community atmosphere.

Activity Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



, आर. सी. डी. आदि बीमारियों का निःशुल्क निदान ओर परामर्श दिया गया। शिविर में डॉ अपूर्वा मेहरा , डॉ अनुराधा एम. डॉ हेमंत कश्यप ओर डॉ प्रियंकों की टीम मौजूद रही। इस शिविर में एम्स हॉस्पिटल के मैनेजमेंट

टीम से भरत कश्यप ओर लवलेश बैरवा मौजूद थे।

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : Medical health checkup camp for common disease

**Organized by** : NSS UNIT 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 21/05/2024

Place of the activity : Aburoad

No. of students participated : 31

No. of Teachers participated: 4

Beneficiaries : Local Community

Activity Cordinator : Dr. Shailendra Singh

Activity Objectives: The objective of a free medical camp is to provide accessible healthcare services to underserved communities. It aims to offer basic health screenings, medical consultations, and treatment for common ailments. The camp also focuses on raising awareness about preventive healthcare and promoting healthy lifestyles, ensuring early detection and intervention for potential health issues.

Activity Outcomes: The outcomes of a free medical camp include improved access to essential healthcare services, early detection of health issues, and immediate treatment for common conditions. Participants gain a better understanding of their health status and receive guidance on preventive care and healthy living. The camp also helps bridge healthcare gaps in underserved communities, contributing to overall improved public health.

Activity Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



को गर्मी की वजह से होने वाली विभिन्न प्रकार की बीमारियों जैसे की लू लगना, उल्टी, दस्त, शरीर में पानी की कमी होना आदि से बचने की सलाह दी व . पेट में दर्द, मुंह के छाले, खून की कमी, सियाटिका, पथरी, बवासीर, चर्म रोग आदि का इलाज किया। इस चिकित्सा शिविर में लगभग 76 मरीजों ने लाभ लिया। इस मौके । के संचालन में डॉ. मार सिंह, इंटर्न डॉक्स

रीपक, प्रवीण, कुणाल

नरहा।

आबूरोड | माधव होम्योपैथिक मेडिकल कॉलेज व हॉस्पिटल भुजेला द्वारा नजदीकी अचपुरा गांव में एक दिवसीय चिकित्सा व स्वास्थ्य शिविर का आयोजन किया गया। जिसमे विभिन्न रोगों से ग्रस्त मरीजों का निशुल्क परीक्षण किया और दवाइयां वितरित की गई। आयोजित शिविर में डॉ. शैलेंद कमार सिंह

राज्यमान पानिय

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### ACTIVITY REPORT

Name of the activity : "Community Based Rehabilitation Programme"

Organized by : NSS UNIT 1 and Faculty of Education, Madhav University

Date: 28/05/2024

Place of the activity : Pindwara village

No. of students participated : 36

No. of Teachers participated: 5

Beneficiaries : Local Community

Activity Cordinator : Dr. Raj Singh Sherawat

Activity Objectives: The objectives of a community-based rehabilitation program are to support individuals with disabilities or those recovering from various challenges by providing rehabilitation services directly within their communities. The program focuses on enhancing participants' independence through skill development, vocational training, and social support, enabling them to reintegrate into society and lead fulfilling lives. It also aims to involve the broader community in creating an inclusive and supportive environment that reduces stigma, fosters social inclusion, and promotes equal opportunities for all individuals, regardless of their abilities or circumstances

Activity Outcomes: The objectives of a community-based rehabilitation program are to support individuals with disabilities or those recovering from various challenges by providing rehabilitation services directly within their communities. The program focuses on enhancing participants' independence through skill development, vocational training, and social support, enabling them to reintegrate into society and lead fulfilling lives. It also aims to involve the broader community in creating an inclusive and supportive environment that reduces stigma, fosters social inclusion, and promotes equal opportunities for all individuals, regardless of their abilities or circumstances.

Coordinator

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#### दिव्यांगता के प्रति जागरूकता फैलाने के लिए माधव विश्वविद्यालय के विशेष शिक्षा विभाग ने पिंडवाड़ा में आयोजित किया सामुदायिक पुनर्वास कार्यक्रम



राजस्थान दर्शन मीडिया www.rajasthandarshanpatrika.com

आब्रोड माधव विश्वविद्यालय के विशेष शिक्षा विभाग के विद्यार्थियाँ ने पिंडवाडा में दिव्यांगता के प्रति जागरूकता फैलाने के लिए एक सामुदायिक आधारित पुनर्वास कार्यक्रम का आयोजन किया। इस कार्यक्रम का उद्देश्य दिव्यांग व्यक्तियों और उनके परिवारों के जीवन की गुणवत्ता में सधार करना, साथ ही समुदाय में उनकी समावेशिता और सकिय भागीदारी सनिश्चित करना था। कार्यक्रम के दौरान, विद्यार्थियों ने गांव के विभिन्न घरों का दौरा किया और दिव्यांग बच्चों की शिक्षा की आवश्यकता के साध-साध



सरकार द्वारा चलाई जा रही विभिन्न योजनाओं के बारे में जागरूकता फैलाने का कार्य किया। घर-घर जाकर की गई इस पहल में लोगों को बताया गया कि कैसे सामुदायिक पुनर्वास कार्यक्रम न केवल दिव्यांग व्यक्तियों को घर पर पुनर्वास सेवाएँ प्रदान कर सकते हैं, बल्कि बाल विकास के लिए प्रारंभिक हस्तक्षेप गतिविधियाँ और विशेष पुनर्वास सेवाओं के लिए रेफरल की संविधा भी उपलब्ध करा सकते हैं। इस अभियान में विशेष शिक्षा विभाग के प्रधानाचार्य डॉ. राज सिंह सहरावत, डॉ. अवनीश कुमार मिश्रा, राघवेन्द्र यादव, कुमारी ममता, नवीन कुमार, पठान तौफीक खान व श्रेय खटक के साथ विशेष शिक्षा के विद्यार्थी भी शामिल थे। उनके सामुहिक प्रयासों से कार्यक्रम को सफल बनाया गया और ग्रामीणों ने इसे सराहा. जिससे दिव्यांग व्यक्तियों के प्रति समुदाय में सकारात्मक बदलाव की उम्मीद जगी है।

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity: "PhysioCare: Awareness Programme for Physiotherapy Week"

Organized by: NSS Unit 1 and 2, Faculty of Agriculture, Madhav University

Date: 07/05/2024

Place of the activity: Bharja Village

No. of students participated: 25

No. of Teachers participated: 3

Beneficiaries: Local Community

Activity Coordinator: Dr. Vaibhav Dave

Activity Objectives: The objectives of "PhysioCare: Awareness Programme for Physiotherapy Week" were to raise awareness about the importance of physiotherapy in health and wellness, educate participants on various physiotherapy techniques, and highlight its role in injury prevention and rehabilitation. The activity aimed to provide practical insights into maintaining physical health, promote active lifestyles, and encourage the adoption of physiotherapy for managing pain and improving mobility. Through interactive sessions, the program sought to enhance understanding and encourage community engagement in physiotherapy practices.

Activity Outcomes: The "PhysioCare" awareness program successfully enhanced participants' understanding of physiotherapy's benefits in health maintenance, injury prevention, and rehabilitation. Attendees gained practical knowledge of physiotherapy techniques and expressed increased awareness of its role in improving mobility and managing pain. The interactive sessions boosted community engagement, encouraging many to consider physiotherapy as part of their health routine. Overall, the event fostered a greater appreciation for physiotherapy and its impact on overall well-being.

Activity Co-ordinator

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## मरीजों के लिए वरदान साबित हो रहा फीजियोथैरेपी विभाग

जागरूक टाइम्स संवाददाता पिण्डवाड़ा। माधव विवि का फिजियोथैरेपी विभाग मरीजों के लिए वरदान साबित हो रहा है। फिजियोथैरेपी विभाग की ओर से मरीजों का निःशुल्क उपचार के साथ साथ उनका जागरुक भी किया जा रहा है। फिजियोथैरेपी विभाग की स्थापना दस वर्ष पर्व हुई थी। फिजियोथेरेपी विभाग के दस वर्ष पूर्ण होने पर विवि की ओर से स्थापना महोत्सव मनाया जा रहा है। विवि के रजिस्ट्रार डॉ. भावेश कुमावत ने बताया कि फिजियोथैरेपी विभाग की ओर से पिछले दस वर्षों में जिले में विभिन्न स्थानों पर निःशुल्क चिकित्सा शिविर लगाकर मरीजों का निःशुल्क उपचार किया जा रहा है। अब तक जिले के कासिन्द्रा, भारजा, किवरली, अचपुरा, भूजेला, सरूपगंज, आबूरोड व माउन्ट आन सहित अनेक संथानों पर निःशल्क चिकित्सा शिविर का आयोजन किया जा चका है। यहां विभाग की ओर निशुल्क परामर्श केन्द्र भी संचालित किया जा रहा



है। यहां आने वाले मरीजों को निःशुल्क उपचार के साथ दवाईयां भी वितरित की जाती है। अब तक विश्वविद्यालय में करीब डेढ लाख मरीजों का निःशुल्क उपचार किया जा चुका है। वहीं निःशुल्क शिविरों के माध्यम से करीब पच्चास हजार से अधिक मरीजों का निःशुल्क उपचार किया जा चुका है। यहां आने वाले मरीजों का कहना है कि विवि का फिजियोथैरेपी विभौग उनके लिए वरदान साबित हो रहा है जहाँ उनके स्वास्थ्य की निःशुल्क जांच की जा रही है। वही, उनको समय समय पर परामर्श भी फिजियोथैरेपी विभाग की

ओर से दिया जा रहा है। विभाग के प्रधानाचार्य व न्यूरों एनर्वास विशेषज्ञ डॉ आर अरूणाचलम ने बताया कि विभाग की ओर से गांव गांव जाकर लोगों के स्वास्थ्य की जांच की जाती है। विभाग में खेल पुनर्वास के चिकित्सक. डॉ वैभव दवे सामुदायिक पुर्नवास विशेषज्ञ डॉ हेमन्त कुमार, आर्थोपेडिक पुर्नवास विशेषज्ञ डॉ. अपराजिता, कार्डियो श्रवसन पूर्नवास विशेषज्ञ डॉ. प्रांची ओझा, बाल चिकित्सक पुनर्वास विशेषज्ञ डॉ. अदिती भारद्वाज की ओर से से यहां मरीजों का निशुल्क उपचार किया जा रहा है।

#### N.H. - 27,



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity: "ActiveLife: Embracing Physiotherapy for Wellness"

Organized by: NSS Unit 1 and Faculty of Physiotherapy, Madhav University

Date: 27/05/2024

Place of the activity: Sirohi Village

No. of students participated: 25

No. of Teachers participated: 3

Beneficiaries: Local Community

Activity Coordinator: Dr. Aparajita

Activity Objectives: The objectives of "ActiveLife: Embracing Physiotherapy for Wellness" were to raise awareness about the benefits of physiotherapy in enhancing physical health, promote the importance of regular movement and exercise, and educate participants on techniques to improve mobility and prevent injuries. The activity aimed to empower individuals to incorporate physiotherapy principles into their daily lives for better posture, pain management, and overall well-being. Additionally, it sought to highlight the role of physiotherapy in rehabilitation and encourage active, healthy lifestyles.

Activity Outcomes: The "ActiveLife: Embracing Physiotherapy for Wellness" program successfully raised awareness about the role of physiotherapy in improving physical health and mobility. Participants gained practical knowledge of exercises and techniques to prevent injuries and manage pain, leading to an increased understanding of how to incorporate physiotherapy into their daily routines. The event also encouraged more active lifestyles, with many attendees expressing a commitment to maintaining better posture, flexibility, and overall wellness. The program contributed to fostering healthier habits and a greater appreciation for physiotherapy's impact on well-being.

Activity Co-ordinator

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### माधव विश्वविद्यालय की ओर से वर्ल्ड फिजियोथैरेपी सप्ताह का शुभारंभ

के गांवों में मेडिकल शिविर लगाए जाएंगे। इन शिविरों के माध्यम से वहसं मौजुद लोगों की स्वास्थ्य की जांच की जाएगी व गर्दन दर्द, लकवा, कमर दर्द, जोडो का दर्द, कंधे का दर्द, मांसपेशिया आदि की निशुल्क जांच की जाएगी। वही

जागरूकता कार्यक्रम के माध्यम से हृदयाघात व अन्य स्थिति में मरीज को दी जाने वाली मदद के बारे में यहां जागरूकता शिविरों के माध्यम से बताया जाएगा। डॉ.वी.आनंद, डॉ.वैभव दवे, डॉ.आनंद डी., डॉ. अदिती भारद्वाज, डॉ.प्रांची ओझा, डॉ.अपराजिता चैहान व डॉ.हेमंत कुमार का विशेष सहयोग रहा।



एवं उनके स्वास्थ्य की जांच की जाएगी। प्रधानाचार्य डॉ आर.अरूणाचलम ने बताया कि फिजियोथैरेपी सप्ताह के दौरान जागरूकता कार्यक्रम के साथ स्वास्थ्य शिविर, वृक्षारोपण, खेलकूद से संबंधित कार्यक्रम, नुक्कड नाटक आयोजित किए जाएंगे। डॉ.गिरीश ने बताया कि विभाग की ओर से महाविद्यालय परिसर सहित आसपास

नवज्योति/सिरोहीं। माधव विश्वविद्यालय के फिजियोथैरेपी विभाग की ओर वर्ल्डस फिजियोथैरेपी सप्ताह का शुभारभ हुआ। विश्वविद्यालय के प्रो.चान्सलर बिजेंद्रसिंह की अध्यक्षता एवं रजिस्ट्रार डॉ.भावेश कुमावत की मुख्य आतिथ्य में कार्यक्रम का शुभारम्भ हुआ।कार्यक्रम के दौरान विभाग के अधिष्ठाता डॉ.मनोज

दारान विभाग के आधेष्ठाता डा.मनाज बेहरा ने बताया कि इस सप्ताह फिजियोथेरेपी विभाग की ओर से महाविद्यालय परिसर सहित आस पास के गांवों में विभिन्न कार्यक्रम आयोजित किए जाएंगे। विभाग द्वारा विभिन्न स्थानों पर स्वास्थ्य को लेकर जागरूकता कार्यक्रम आयोजित होगें, जिसमें लोगों को स्वास्थ्य के प्रति जागरूक किया

#### N.H. - 27,



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity: "Medical health camp at Aanganbadi paathshala"

**Organized by:** NSS Unit 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 09/05/2024

Place of the activity: Kivarli Village

No. of students participated: 22

No. of Teachers participated: 2

Beneficiaries: Local Community

Activity Coordinator: Dr. Dushyant Kumar

Activity Objectives: The objective of the medical health camp at the Aanganwadi paathshala is to provide essential healthcare services to the local community, particularly focusing on children and women. The camp aims to offer basic health screenings, such as checking for malnutrition, anemia, and common infections, along with providing vaccinations and health education. It seeks to raise awareness on hygiene, nutrition, and preventive healthcare, promoting overall well-being and early detection of health issues in underserved populations. Additionally, the camp encourages community participation in maintaining long-term health and wellness.

Activity Outcomes: The outcomes of the medical health camp at the Aanganwadi paathshala include improved health awareness among the community, particularly in relation to child and maternal health. The camp leads to the early detection of health issues such as malnutrition, anemia, and infections, enabling timely intervention. It also results in increased vaccination coverage and better understanding of hygiene practices. By addressing immediate healthcare needs and providing preventive education, the camp contributes to long-term health improvements in the community, fostering a culture of regular health check-ups and proactive healthcare management.

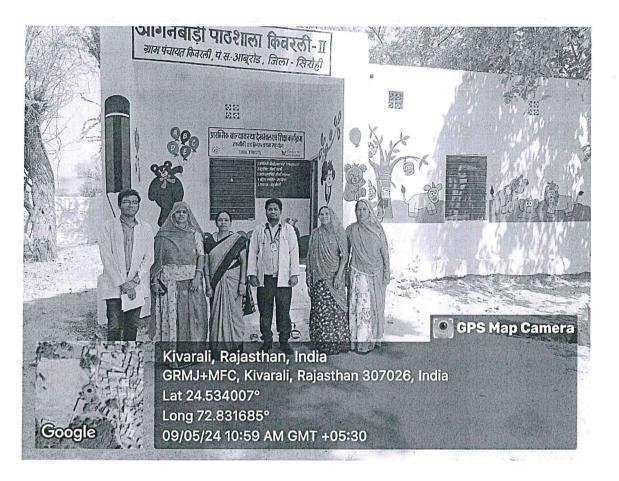
Activity Co-ordinator

P. O. - Bharja (Abu Road), Tehsil - Pindwara, Distt. - Sirohi (Raj.) - 307026 Email: madhavuniversity@gmail.com, Web: www.madhavuniversity.edu.in

N.H. - 27



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity: "Homoeopathic camp at Primary Health Centre"

Organized by: NSS Unit 1 and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 24/05/2024

Place of the activity: Sirohi Village

No. of students participated: 20

No. of Teachers participated: 2

Beneficiaries: Local Community

Activity Coordinator: Dr. Bhawana

Activity Objectives: The objective of the homeopathic camp at the Primary Health Centre is to provide accessible homeopathic healthcare services to the community, offering consultations and treatments for common ailments. The camp aims to raise awareness about homeopathy as a complementary healthcare option and educate the public on its benefits for managing various health conditions. Additionally, it seeks to promote holistic health and wellness while encouraging preventive healthcare practices among the local

Activity Outcomes: The homeopathic camp at the Primary Health Centre successfully provided accessible healthcare services, offering effective consultations and treatments for common ailments. It raised awareness about homeopathy as a complementary healthcare option and educated the community on its benefits for managing various health conditions. The camp promoted holistic health, wellness, and preventive healthcare practices, leading to increased interest and participation in homeopathic treatments within the local population.

Activity Co-ordinator

ontact No.: 8875028991,92,93,94

P. O. - Bharja (Abu Road), Tehsil - Pindwara, Distt. - Sirohi (Raj.) - 307026 Email: madhavuniversity@gmail.com, Web: www.madhavuniversity.edu.in

N.H. - 27



# MADHAV UNIVERSITY, PINDWARA (SIROH) (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



### 2022-23



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : "Breaking the Stigma: A Leprosy Awareness Campaign in Rural Communities

**Organized by :** NSS Unit 1 and 2 and Faculty of Humanities and Social Sciences, Madhav University

Date: 15/07/2022

Place of the activity : Aburoad

No. of students participated : 27

No. of Teachers participated : 4

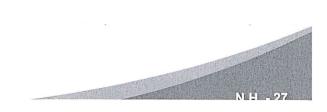
Beneficiaries : Local Community

Activity Coordinator : Dr. Sudha Pandey, Dr. Devendra Muzalda

Activity Objectives : The "Breaking the Stigma" campaign focuses on raising awareness about leprosy in rural communities. Its objectives include educating the public about the disease to dispel myths and misconceptions, promoting early detection and treatment, and reducing stigma and discrimination against those affected. The campaign also aims to empower individuals and communities with accurate information, encourage supportive attitudes, and foster a more inclusive environment for people living with leprosy. By increasing knowledge and understanding, the initiative seeks to improve the quality of life for those affected and prevent the spread of the disease.

Activity Outcomes : The "Breaking the Stigma" campaign aims to achieve several key outcomes: increased awareness and understanding of leprosy in rural communities, leading to a reduction in myths and misconceptions about the disease. The campaign strives for early detection and timely treatment, helping to prevent complications and further transmission. By reducing stigma and discrimination, the initiative seeks to create a more supportive and inclusive environment for those affected by leprosy. Ultimately, the campaign aims to improve the quality of life for individuals with leprosy and foster a community where accurate knowledge and compassionate attitudes prevail.

Coordinator Activity





# MADHAV UNIVERSITY, PINDWARA (SIROH) (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Date: 02/07/2022

#### NOTICE

All the students of Madhav University are hereby informed that NSS Unit 1 and 2 and Faculty of Humanities and Social Sciences are going to organize an activity "Stand for Her: An awareness program on empowering girl child" at Swaroopganj Village

#### **Detail of the event**

Date: 09/07/2022

**Time :** 10.00 AM

Place : Swaroopganj village

Activity Coordinator : Dr. Chintan Thakar, Dr. Renuka







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

**Name of the activity :** Stand for Her: An awareness program on empowering girl child at Swaroopganj Village

**Organized by :** NSS Unit 1 and 2 and Faculty of Humanities and Social Sciences, Madhav University

Date: 09/07/2022

Place of the activity : Swaroopganj village

No. of students participated : 30

**No. of Teachers participated : 5** 

Beneficiaries : Local Community

Activity Coordinator : Dr. Chintan Thakar, Dr. Renuka

Activity Objectives : The "Stand for Her" awareness program aims to empower the girl child by raising awareness about the challenges they face, such as gender discrimination and limited opportunities. It promotes the importance of education, health, and well-being, and provides skills for economic empowerment. The program also focuses on educating girls and their families about their rights and legal protections, while fostering leadership skills and confidence. By engaging the community and combating stereotypes, "Stand for Her" seeks to create a supportive environment for girls to thrive and actively participate in all areas of society.

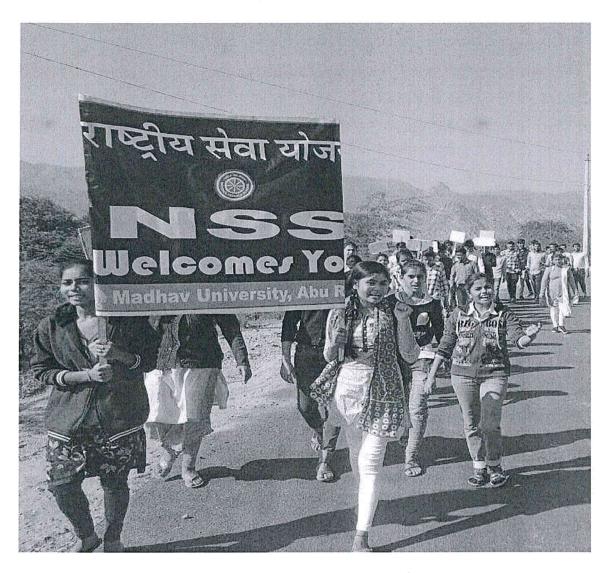
Activity Outcomes : The "Stand for Her" program aims to achieve several key outcomes: increased awareness and understanding of the challenges faced by girl children, improved access to education and healthcare, and greater economic independence for girls through skill development. The program seeks to enhance girls' self-confidence and leadership abilities, and to ensure they are aware of their rights and protections against discrimination. By engaging communities and challenging harmful stereotypes, "Stand for Her" strives to create an inclusive and supportive environment where girls can fully realize their potential and actively contribute to society.

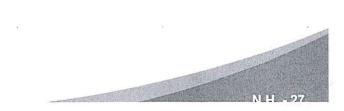
Activity Coordinator





## MADHAV UNIVERSITY, PINDWARA (SIROH) (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)







#### **Students Attendance List**

Name of the Activity : Stand for Her: An awareness program on empowering girl child at Swaroopganj Village

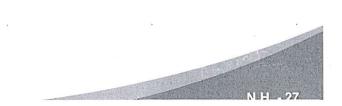
#### Date: 09/07/2022

S.No.	Registration No.	Name of Student	Name of the Faculty	27/12/2023
1	22MU09030001	GENIUS KAUSHIK	Humanities and Social Sciences	Gener
2	22MU09030002	TANAK SINGH	Humanities and Social Sciences	Taver
3	22MU09030003	KETAN SONI	Humanities and Social Sciences	Kee
4	22MU09030004	VIKRAM KUMAR	Humanities and Social Sciences	No.
5	22MU09030005	NASEERA BANU	Humanities and Social Sciences	AP.
6	22MU09030006	GIREESH KUMAR	Humanities and Social Sciences	dansor
7	22MU09030007	URMILA KUMARI BISHNOI	Humanities and Social Sciences	herma
8	22MU09030008	SARFARAJ KHAN	Humanities and Social Sciences	de
9	22MU09030009	RAJPUT RENUKA CHHAILSINGH	Humanities and Social Sciences	Ron
10	22MU09030010	SUSHMA YADAV	Humanities and Social Sciences	furth
11	22MU09030011	BHANWARA RAM	Humanities and Social Sciences	Ble
12	22MU09030012	DINESH KUMAR PRAJAPAT	Humanities and Social Sciences	ofine
13	22MU09030013	SUNIL BHOI	Humanities and Social Sciences	for a
14	22MU09030014	HARSHIT SUTHAR	Humanities and Social Sciences	AD?
15	22MU09030015	KULDEEP KHARADI	Humanities and Social Sciences	Hundrey
16	22MU09030016	SACHIN KUMAR	Humanities and Social Sciences	fin
17	22MU09030017	RISHI RAJ DEWAL	Humanities and Social Sciences	Ram
19	21MU04030002	ABHISHEK KUMAR MALI	Humanities and Social Sciences	Abi
20	21MU09030001	KUMHAR BHAVESH	Humanities and Social Sciences	Blover



		GANESHRAM		
21	21MU09030002	MUCHUKUND KRISHNA JANGID	Humanities and Social Sciences	E.
22	21MU09030003	NIKSHIT SOLANKI	Humanities and Social Sciences	Mikely
23	21MU09030004	HARSHWARDHAN SINGH	Humanities and Social Sciences	flosh
24	21MU09030005	LAXMI	Humanities and Social Sciences	Javoni
25	21MU09030007	PRIYANKA KUMAWAT	Humanities and Social Sciences	forgenta
26	R16BALB0020	DHUNKESH KARRDA	Humanities and Social Sciences	Dhow ese
28	20MU09030002	KAPIL GEHLOT	Humanities and Social Sciences	100
29	20MU09030003	JAYESH GEHLOT	Humanities and Social Sciences	Joyen
30	20MU09030005	ASHOK KUMAR	Humanities and Social Sciences	Aghale







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Date: 09/07/2022

#### NOTICE

All the students of Madhav University are hereby informed that NSS Unit 1 and 2 and Faculty of Humanities and Social Sciences & Madhav Homoeopathic Medical College and Hospital are going to organize an activity- " Breaking the Stigma: A Leprosy Awareness Campaign in Rural Communities " at Aburoad.

**Detail of the event** 

Date: 15/07/2022

Time: 10.00 AM

Place : Aburoad

Activity Coordinator : Dr. Sudha Pandey, Dr. Devendra Muzalda







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : "Breaking the Stigma: A Leprosy Awareness Campaign in Rural Communities

**Organized by :** NSS Unit 1 and 2 and Faculty of Humanities and Social Sciences, Madhav University

Date: 15/07/2022

Place of the activity : Aburoad

No. of students participated : 27

No. of Teachers participated : 4

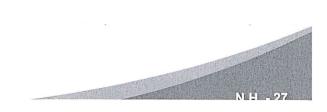
Beneficiaries : Local Community

Activity Coordinator : Dr. Sudha Pandey, Dr. Devendra Muzalda

Activity Objectives : The "Breaking the Stigma" campaign focuses on raising awareness about leprosy in rural communities. Its objectives include educating the public about the disease to dispel myths and misconceptions, promoting early detection and treatment, and reducing stigma and discrimination against those affected. The campaign also aims to empower individuals and communities with accurate information, encourage supportive attitudes, and foster a more inclusive environment for people living with leprosy. By increasing knowledge and understanding, the initiative seeks to improve the quality of life for those affected and prevent the spread of the disease.

Activity Outcomes : The "Breaking the Stigma" campaign aims to achieve several key outcomes: increased awareness and understanding of leprosy in rural communities, leading to a reduction in myths and misconceptions about the disease. The campaign strives for early detection and timely treatment, helping to prevent complications and further transmission. By reducing stigma and discrimination, the initiative seeks to create a more supportive and inclusive environment for those affected by leprosy. Ultimately, the campaign aims to improve the quality of life for individuals with leprosy and foster a community where accurate knowledge and compassionate attitudes prevail.

Coordinator Activity











#### **Students Attendance List**

Name of the Activity : Breaking the Stigma: A Leprosy Awareness Campaign in Rural Communities at Aburoad.

Date: 15/07/2022

S.No.	Registration No.	Name of Student	Name of the Faculty	27/12/2023
1	22MU07010001	DABHI ABURAJSINH DHARMUSINH	Homoeopathy	Remal
2	22MU07010002	MEMAN MOHAMADFAIZAN YUNUSBHAI	Homoeopathy	metra
3	22MU07010003	CHAUDHARY ANIL RATNABHAI	Homoeopathy	Ruil
4	22MU07010004	SANTOSH KUMARI	Homoeopathy	Brill Santosh Noort Ugr S
5	22MU07010005	NARESH KUMAR	Homoeopathy	Waar
6	22MU07010006	UJMA KHANAM	Homoeopathy	yrs.
7	22MU07010007	CHAUDHARY RAMESHBHAI MANGAJI	Homoeopathy	Rowers
8	22MU07010008	MALI KAILASHBHAI NASHABHAI	Homoeopathy	Koulottz
9	22MU07010009	SHEIKH TANVIRRAZA AZIZURRAHAMAN	Homoeopathy	Tarvire
10	22MU07010010	LALIT KUMAR	Homoeopathy	lalit
11	22MU07010011	CHOUDHARY SANJAYA	Homoeopathy	Deter ?
12	22MU07010012	DABHI KUNTABA DEVUSINGH	Homoeopathy	Kurtobs
13	22MU07010013	CHAUDHARI HEENAKUMARI RAMESHKUMAR	Homoeopathy	Here
14	22MU07010014	GAUSWAMI SMIT BIPINGIRI	Homoeopathy	fort.
15	22MU07010015	HARI KRISHAN MALAV	Homoeopathy	flore
16	22MU07010016	MALI MONIKABEN RAMESHBHAI	Homoeopathy	horib
17	22MU07010017	CHAUDHARY ASHVINABEN NATHABHAI	Homoeopathy	Noric
18	22MU07010018	MEMON NAEEM	Homoeopathy	menon



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19	22MU07010019	CHAUDHARI KHUSHIBEN LALITBHAI	Homoeopathy	Kreyti
20	22MU07010020	THAKOR DILIPЛ UDESINH	Homoeopathy	HENDON
21	22MU07010021	VADHER AKASHAY DINESHBHAI	Homoeopathy	Alcertary
22	22MU07010022	SAIYAD MOHAMMAD ADIL ABIDALI	Homoeopathy	meto.
24	19MU11010051	MOHAMMED OSAMA MEMON	Homoeopathy	OPAT
25	21MU07010001	NAKUM RITESH PRAVINBHAI	Homoeopathy	Maller
26	21MU07010002	AKHANI SIDDHARTH PRAFULKUMAR	Homoeopathy	Alton
27	21MU07010003	SHUBHANSHU ALORIYA	Homoeopathy	Shubbart/2

Activity Coordinator



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Date: 12/07/2022

#### **NOTICE**

All the students of Madhav University are hereby informed that NSS Unit 1 and 2 and Madhav Homoeopathic Medical College and Hospital are going to organize an activity - "Hope in the Heartland: An awareness campaign for cancer" at Bhujela village.

#### **Detail of the event**

Date: 18/07/2022

Time: 10.00 AM

Place : Bhujela village

Activity Coordinator : Dr.Sanjay Parihar, Dr. Harsh Dev Choudhary, Dr. Alpana Verma







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Hope in the Heartland: An awareness campaign for cancer

Organized by : NSS UNIT 1& 2 & Madhav Homoeopathic Medical College and Hospital

Date: 18/07/2022

Place of the activity : Bhujela village

No. of students participated : 27

No. of Teachers participated : 4

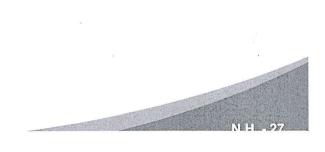
Beneficiaries : Local Community

Activity Coordinator : Dr. Sanjay Parihar, Dr. Harsh Dev Choudhary, Dr. Alpana Verma

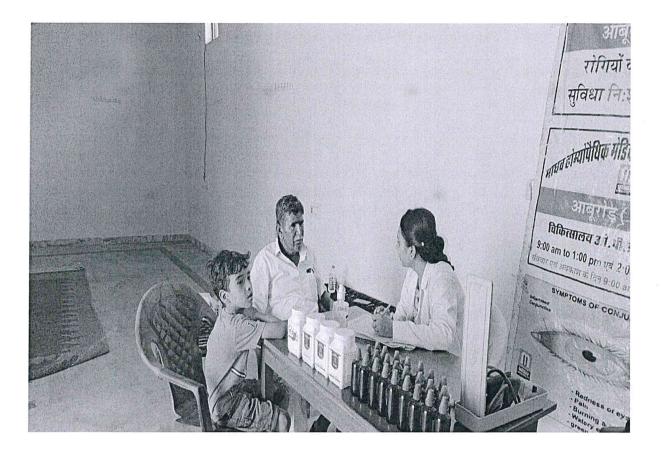
Activity Objectives : The "Hope in the Heartland" cancer awareness campaign aims to educate rural communities about cancer prevention, early detection, and treatment options. Its objectives include increasing knowledge about cancer risk factors, promoting regular screenings and healthy lifestyle choices, and dispelling myths and misconceptions about the disease. The campaign seeks to improve access to information and healthcare resources, provide support to those affected by cancer, and encourage community engagement and support networks.

Activity Outcomes : The "Hope in the Heartland" cancer awareness campaign aims to achieve several key outcomes: increased awareness and understanding of cancer prevention, early detection, and treatment options in rural communities. The campaign seeks to reduce the prevalence of cancer-related misconceptions and promote healthier lifestyle choices, leading to a higher rate of regular screenings and early diagnosis. It aims to improve access to healthcare resources and support services, fostering a supportive environment for those affected by cancer.

**Activity Coordinator** 









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : "Breaking the Silence: Awareness Program on Schizophrenia"

**Organized by :** NSS UNIT 1& 2, Faculty of Humanities and Social Sciences & Madhav Homoeopathic Medical College and Hospital & Faculty of Agriculture

Date: 22/08/2022

Place of the activity : Aamthala village

No. of students participated : 33

No. of Teachers participated : 5

Beneficiaries : Local Community

Activity Coordinator : Dr. Dushyant Singh, Dr. Akshaya Bhati, Dr. Meenakshi Kanchan

Activity Objectives : The "Breaking the Silence" awareness program on schizophrenia aims to educate the public about the nature and impact of the condition, reduce stigma, and improve understanding. Its objectives include increasing awareness of schizophrenia's symptoms, causes, and treatment options, promoting early diagnosis and effective management, and fostering a supportive environment for individuals affected by the disorder. The program seeks to dispel myths and misconceptions, encourage open dialogue, and provide resources and support for both patients and their families.

Activity Outcomes : The "Breaking the Silence" awareness program on schizophrenia aims to achieve several key outcomes, including improved public understanding and acceptance of schizophrenia, leading to reduced stigma and discrimination. The program seeks to increase awareness about the condition's symptoms, treatment options, and the importance of early diagnosis, thereby facilitating better management and support for affected individuals. By encouraging open dialogue and providing resources for patients and their families, the initiative aims to foster a more supportive and informed community, ultimately enhancing mental health outcomes and quality of life for those living with schizophrenia.

**Activity Coordinator** 









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : "Swachhata Program: Cleanliness Drive in Rural Areas"

Organized by : NSS UNIT 1 & 2 & Faculty of Humanities and Social Sciences & Faculty of Law

Date : 27/09/2022

Place of the activity : Bharja Village

No. of students participated : 26

No. of Teachers participated : 5

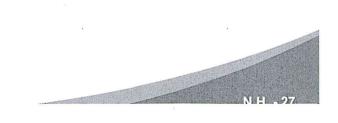
Beneficiaries : Local Community

Activity Coordinator : Dr. Patel Saileshchandra Rameshchandra, Dr. Prabha Gour, Dr. Shahzad Ali

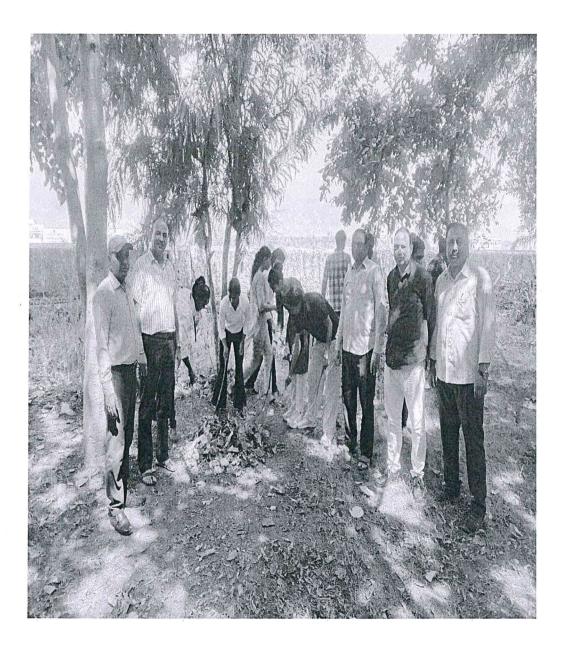
Activity Objectives : The objectives of the "Swachhata Program: Cleanliness Drive in Rural Areas" are to promote and improve sanitation and hygiene practices within rural communities. The program aims to raise awareness about the importance of cleanliness and its impact on health and well-being. It seeks to mobilize local residents to actively participate in waste management and litter control, encouraging the proper disposal of waste and the maintenance of clean public spaces. Additionally, the initiative focuses on educating communities about the benefits of sanitation infrastructure, such as clean drinking water and proper sewage systems.

Activity Outcomes : The "Swachhata Program: Cleanliness Drive in Rural Areas" aims to achieve several key outcomes. These include improved sanitation and hygiene practices within the community, leading to a cleaner and healthier environment. The program seeks to result in increased community engagement in waste management, with residents actively participating in litter control and proper waste disposal. Enhanced awareness of the benefits of sanitation infrastructure is also an expected outcome, leading to better maintenance of public spaces and improved public health.

**Activity Coordinator** 









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : "Rural Health Advancement Program: Educating and Empowering Communities"

Organized by : NSS UNIT 1 & 2 & Faculty of Law & Faculty of Humanities and Social Sciences

Date : 04/11/2022

Place of the activity : Achapura village

No. of students participated : 26

No. of Teachers participated : 6

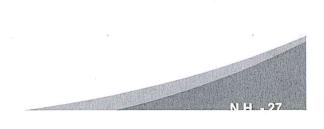
Beneficiaries : Local Community

Activity Coordinator : Mr Shivam Gupta, Dr. Sanjay Parihar, Dr. Bharti Vaja

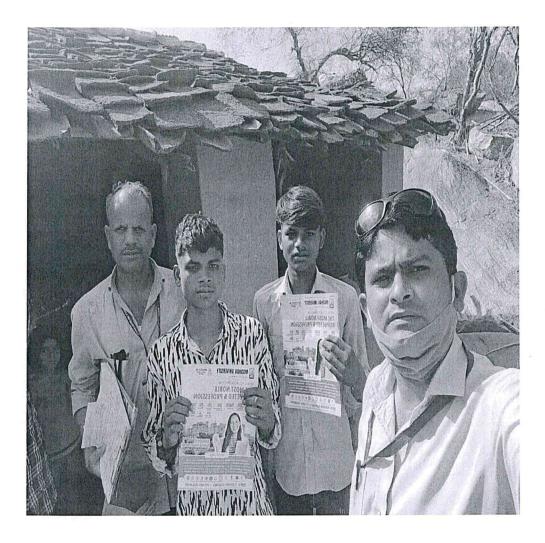
Activity Objectives : The objectives of the Rural Health Advancement Program are to educate and empower rural communities regarding health issues and resources. The program aims to enhance awareness about preventive health measures, improve access to healthcare services, and foster selfreliance in managing health conditions. By providing relevant information, training, and support, the program seeks to build local capacity for better health outcomes and encourage proactive involvement in community health initiatives.

Activity Outcomes : The outcomes of the Rural Health Advancement Program include increased health literacy and awareness among rural communities, leading to improved health practices and preventive measures. Participants gain better access to healthcare resources and services, which contributes to enhanced health outcomes and reduced disparities. The program also fosters a sense of empowerment within the community, enabling individuals to actively manage their health and contribute to local health initiatives. Overall, the program strengthens community resilience and promotes sustainable improvements in rural health.

**Activity Coordinator** 











(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : "NurtureHer: Women's Health Advocacy Campaign"

Organized by : NSS UNIT 1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date : 20/02/2023

Place of the activity : Achapura village

No. of students participated : 27

No. of Teachers participated : 5

**Beneficiaries :** Local Community

Activity Coordinator : Dr Khushbhu Rathore, Mrs. Sangeeta Singh

Activity Objectives : The objectives of the "NurtureHer: Women's Health Advocacy Campaign" are to raise awareness and advocate for better health practices and services for women. The campaign aims to educate women about key health issues, such as reproductive health, mental health, and preventive care, and to promote regular screenings and early detection of health conditions. It seeks to address gaps in healthcare access and information by providing resources and support tailored to women's specific needs.

Activity Outcomes : The outcomes of the "NurtureHer: Women's Health Advocacy Campaign" include increased awareness and knowledge among women about essential health issues and available resources. The campaign typically leads to higher rates of health screenings and preventive care, as women become more informed about the importance of regular check-ups and early detection. It also fosters a greater sense of empowerment and advocacy, encouraging women to take proactive steps in managing their health and seeking necessary care.

Coordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : A thyroid checkup medical camp

Organized by : NSS UNIT 1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date: 16/03/2023

Place of the activity : Bharja Village

No. of students participated : 28

No. of Teachers participated : 7

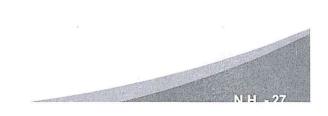
Beneficiaries : Local Community

Activity Coordinator : Dr Shiv Ram Meena

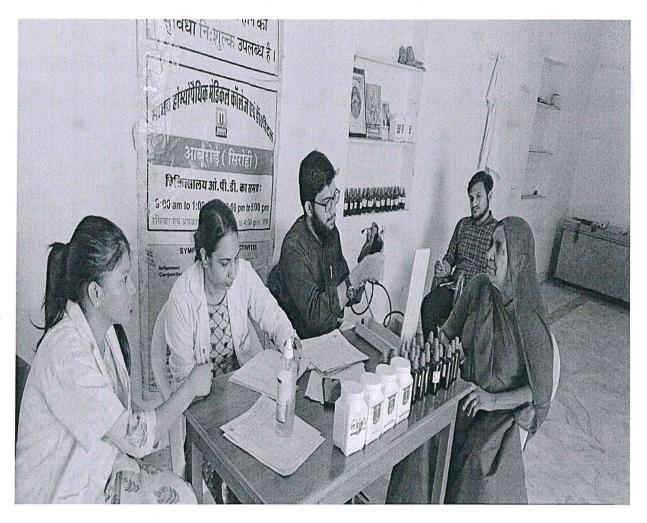
Activity Objectives : The objectives of a thyroid checkup medical camp are to provide essential thyroid health screenings and evaluations to individuals who may be at risk for thyroid disorders. The camp aims to increase awareness about common thyroid conditions, such as hypothyroidism and hyperthyroidism, by offering information on symptoms, causes, and treatment options. It seeks to facilitate early detection and diagnosis through free or low-cost thyroid function tests, which can lead to timely medical intervention. Additionally, the program aims to educate participants about the importance of regular thyroid health monitoring and maintaining overall endocrine health to prevent complications associated with thyroid disorders.

Activity Outcomes : The outcomes of a thyroid checkup medical camp include increased awareness among participants about thyroid health and common disorders such as hypothyroidism and hyperthyroidism. The camp typically leads to early detection and diagnosis of thyroid conditions through screenings and tests, enabling timely medical intervention and treatment. Participants gain valuable information on managing thyroid health and understanding the importance of regular check-ups. Overall, the camp contributes to improved thyroid health within the community, promoting proactive health management and reducing the risk of complications associated with thyroid disorders.

Activity Coordinator









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Awareness Program on Breast Milk Benefits

Organized by : NSS UNIT 1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date: 18/03/2023

Place of the activity : Ore village

No. of students participated : 27

No. of Teachers participated : 6

Beneficiaries : Local Community

Activity Coordinator : Dr Khushbhu Rathore

Activity Objectives : The objectives of the Awareness Program on Breast Milk Benefits are to educate new and expectant mothers about the significant health advantages of breastfeeding for both infants and mothers. The program aims to provide information on the nutritional benefits of breast milk, including its role in boosting the infant's immune system, promoting healthy growth and development, and reducing the risk of various illnesses. It also seeks to highlight the benefits for mothers, such as faster postpartum recovery and reduced risk of certain cancers. Additionally, the program aims to address common breastfeeding challenges, provide practical support and resources, and encourage the adoption of breastfeeding practices to enhance overall maternal and child health.

Activity Outcomes : The outcomes of the Awareness Program on Breast Milk Benefits include a greater understanding among participants of the significant health benefits of breastfeeding for both infants and mothers. The program often results in increased rates of breastfeeding initiation and duration, as mothers become more informed about its nutritional and immunological advantages. Participants are better equipped to overcome breastfeeding challenges and access available support resources. Overall, the program contributes to improved maternal and infant health by promoting breastfeeding practices, leading to healthier infants and better postpartum recovery for mothers.

Activity Coordinator









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : An awareness program on food adulteration

Organized by : NSS UNIT 1 & 2 & Faculty of Law & Faculty of Humanities and Social Sciences

Date: 21/03/2023

Place of the activity : Wada village

No. of students participated : 28

No. of Teachers participated : 5

Beneficiaries : Local Community

Activity Coordinator : Dr. Renu Bansiwal

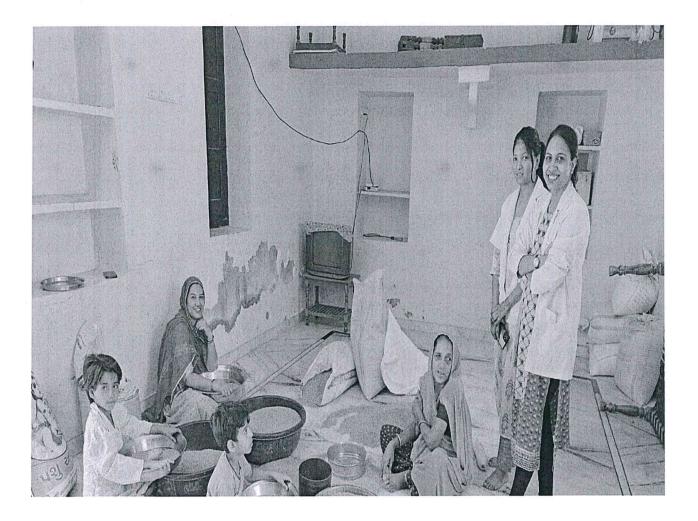
Activity Objectives : The objectives of an awareness program on food adulteration are to educate the public about the risks and health impacts associated with consuming adulterated food products. The program aims to provide information on common types of food adulteration, such as the addition of harmful substances or contaminants to food items. It seeks to raise awareness about the importance of food safety and quality, including how to identify and avoid adulterated products. Additionally, the program aims to empower consumers with knowledge on regulatory standards, reporting mechanisms, and preventive measures to ensure the consumption of safe and unadulterated food, ultimately promoting better public health and consumer protection.

Activity Outcomes : The outcomes of an awareness program on food adulteration include increased public knowledge about the dangers and health risks of consuming adulterated food. Participants become more adept at identifying potential adulteration in food products and are better informed about food safety standards and regulatory measures. The program often leads to heightened vigilance among consumers, resulting in more informed food choices and reporting of suspected cases of adulteration. Overall, the campaign contributes to improved food safety practices and consumer protection, fostering a healthier community through enhanced awareness and proactive measures against food adulteration.

Activity Coordinator











(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : A free physiotherapy camp

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy

Date: 25/03/2023

Place of the activity : Aamthala village

No. of students participated : 27

No. of Teachers participated : 6

Beneficiaries : Local Community

Activity Coordinator : Dr. Aditee Bhardwaj

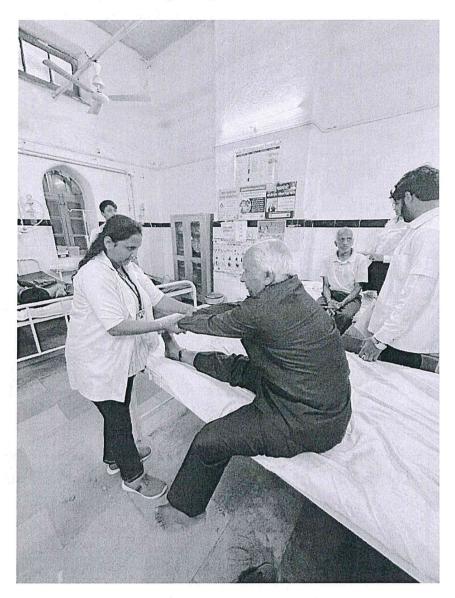
Activity Objectives : The objectives of a free physiotherapy camp are to provide accessible physiotherapy services to individuals who may not have the means to afford them, and to offer professional assessments and treatments for various musculoskeletal and mobility issues. The camp aims to educate participants about the benefits of physiotherapy, including the management of pain, improvement of physical function, and prevention of future injuries. Additionally, it seeks to raise awareness about the importance of early intervention and ongoing physical care for maintaining overall health.

Activity Outcomes : The outcomes of a free physiotherapy camp include improved access to physiotherapy services for individuals in need, leading to better management and treatment of musculoskeletal and mobility issues. Participants receive professional assessments, personalized treatment plans, and therapeutic exercises, which contribute to enhanced physical function and pain relief. The camp often results in increased awareness of the benefits of physiotherapy and the importance of early intervention for physical health problems. Additionally, it helps in identifying individuals who may require ongoing physiotherapy or further medical attention, thereby improving overall community health and well-being.

Activity Coordinator



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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Health is wealth- An awareness program on physical activity

**Organized by :** NSS UNIT 1 & 2, Faculty of Humanities and Social Sciences & Madhav Homoeopathic Medical College and Hospital

Date : 17/04/2023

Place of the activity : Kiwarli village

No. of students participated : 27

No. of Teachers participated : 6

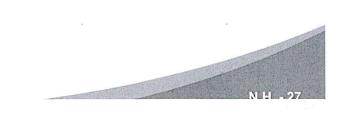
Beneficiaries : Local Community

Activity Coordinator : Dr. Pratiksha Singh, Dr. Rishikesh Kumar Gautam

Activity Objectives : The objectives of the "Health is Wealth - An Awareness Program on Physical Activity" are to educate individuals about the crucial role of physical activity in maintaining overall health and well-being. The program aims to raise awareness of the numerous benefits of regular exercise, including improved cardiovascular health, weight management, enhanced mental well-being, and reduced risk of chronic diseases. It seeks to encourage participants to incorporate physical activity into their daily routines by providing practical advice, exercise routines, and motivation.

Activity Outcomes : The outcomes of the "Health is Wealth - An Awareness Program on Physical Activity" include increased awareness and understanding of the importance of regular physical activity for maintaining good health. Participants are more likely to incorporate exercise into their daily routines, leading to improved physical fitness, weight management, and overall well-being. The program often results in a reduction in sedentary behaviors and encourages the adoption of healthier lifestyles. Additionally, participants experience benefits such as enhanced mental health, increased energy levels, and a reduced risk of chronic diseases.

**Activity Coordinator** 











(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Cleanliness Drive- An awareness programme on swacchata hi seva

**Organized by :** NSS UNIT 1& 2 & Faculty of Engineering & Faculty of Humanities and Social Sciences

Date: 19/05/2023

Place of the activity : Swaroopganj village

No. of students participated : 28

No. of Teachers participated : 6

Beneficiaries : Local Community

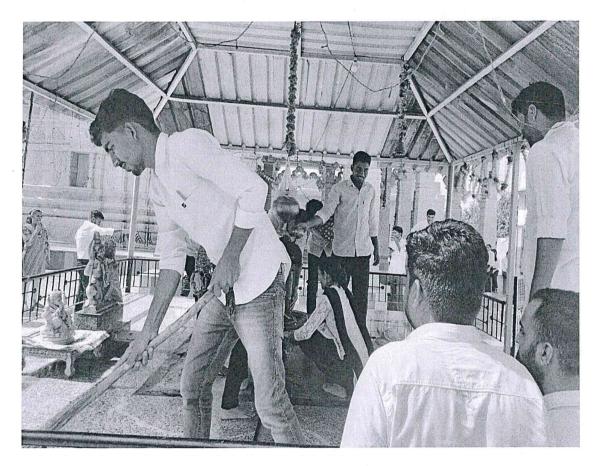
Activity Coordinator : Mr Kishan Prajapat, Ms. Neethu V. A.

Activity Objectives : The objective of the Cleanliness Drive- An awareness programme on swacchata hi seva is to enhance the overall hygiene and visual appeal of the village by organizing community-led cleaning efforts. The program aims to mobilize residents to participate in litter collection, waste disposal, and beautification activities, thereby fostering a sense of pride and collective responsibility. By improving sanitation and reducing environmental pollution, the drive seeks to create a healthier, more pleasant living environment and encourage ongoing community engagement in maintaining cleanliness and public health.

Activity Outcomes : The outcomes of the Cleanliness Drive- An awareness programme on swacchata hi seva include a noticeable improvement in the village's cleanliness and sanitation, with public spaces and streets being free from litter and debris. The initiative fosters a stronger sense of community pride and responsibility among residents, who actively participate in maintaining a clean environment. Additionally, the drive enhances public health by reducing potential sources of pollution and disease. Overall, the program contributes to a more attractive and healthier living environment, encouraging sustainable practices and continued community involvement in cleanliness efforts.

**Activity Coordinator** 









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Physiotherapy Seva: Health Empowerment Shivir

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date : 22/03/2023

Place of the activity : Kiwarli village

No. of students participated : 25

No. of Teachers participated : 6

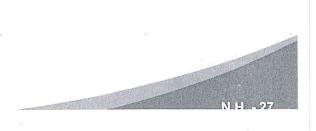
Beneficiaries : Local Community

Activity Coordinator : Dr. Anand V., Dr. Aditee Bhardwaj

Activity Objectives : The objectives of the Physiotherapy Seva: Health Empowerment Shivir are to provide free physiotherapy services to individuals, focusing on pain relief, rehabilitation, and mobility enhancement. The camp aims to educate participants about the benefits of physiotherapy in treating various musculoskeletal issues and improving overall physical health. It seeks to offer personalized assessments and tailored treatment plans while promoting awareness of injury prevention and healthy living practices. Ultimately, the initiative strives to empower individuals to take charge of their health and foster a community-oriented approach to physical well-being.

Activity Outcomes : The Physiotherapy Seva: Health Empowerment Shivir effectively provided free physiotherapy services to many individuals, resulting in significant improvements in pain management and mobility for participants. Attendees benefited from personalized assessments and tailored treatment plans, leading to enhanced recovery and overall physical well-being. The camp successfully raised awareness about the importance of physiotherapy and injury prevention, empowering individuals with knowledge and tools to maintain their health. Overall, the initiative fostered community engagement and encouraged proactive approaches to physical fitness and wellness among participants.

Activity Coordinator





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014

## विश्वविद्यालय के फिजियोथैरेपी विभाग द्वारा ओर और किवरली में मेडिकल शिविर का आयोजन

#### संवाददाता

रणवीर राजस्वान आब्रोड। स्थानीय माधव विश्वविद्यालय के फिजियोथैरेपी विभाग द्वारा जोडों का दर्द, घुटनों का दर्द, कमर दर्द इत्यादि बिमारियों का निशुल्क जॉच शिविर शुक्रवार को ओर एवं शनिवार को किवरली में आयोजित किया गया। शिविर में मरिजों का निशुल्क जॉच व परामर्श दिया गया। विभाग को अधिष्ठाता डॉ. पिंकी शर्मा ने बताया कि शिविर में आने वाले सभी मरिजों का माधव फिजियोथैरेपी विभाग द्वारा निशुल्क उपचार 30



मार्च तक चलाया जायेगा। जिसमें ज्यादा से ज्यादा मरिज लाभान्वित हो सकें। शिविर में डॉ. अशोक जैन, डॉ. अहमद नूर, सुजाता बनर्जी, देवीलाल जाटव, अनिलकुमार ने मरिजों की जॉच की एवं फिजियोथैरेपी विभाग के छात्र विकास, नारायण, ध्रुवी, भाग्यवन्ती, ऐश्वर्या, प्रांची, समर्थ, अशोक, शालिनी, आकाश, पुष्पजीत, कनिका, पिंकी इत्यादि ने अपनी सेवाएँ दी।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Jeevan Dhara: Free Physio Care Camp

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date : 22/05/2023

Place of the activity : Kiwarli village

No. of students participated : 28

No. of Teachers participated : 6

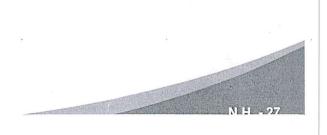
Beneficiaries : Local Community

Activity Coordinator : Dr. Anand V., Dr. Aditee Bhardwaj

Activity Objectives : The objectives of the Jeevan Dhara: Free Physio Care Camp are to provide accessible physiotherapy services to individuals in need, focusing on pain relief and rehabilitation. The camp aims to educate participants about the benefits of physiotherapy in managing injuries and improving mobility. It seeks to offer personalized assessments and treatment plans tailored to each individual's needs while promoting awareness of injury prevention and healthy lifestyle practices. Ultimately, the initiative strives to empower individuals to enhance their physical well-being and encourage a proactive approach to health and fitness within the community.

Activity Outcomes : The Jeevan Dhara: Free Physio Care Camp successfully provided essential physiotherapy services to numerous individuals, resulting in improved mobility and pain management for participants. Attendees received personalized assessments and effective treatment plans, leading to significant recovery progress and enhanced physical well-being. The camp also raised awareness about the role of physiotherapy in rehabilitation and injury prevention, equipping individuals with valuable knowledge and skills to maintain their health. Overall, the initiative fostered a sense of community engagement and empowered participants to take an active role in their physical health.

**Activity** Coordinator





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

## निःशुल्क शिविर में 123 मरीजों को मिला लाभ

नवञ्योति/आबृरोड। स्थानीय माधव विश्वविद्यालय में डॉक्टर दिवस के उपलक्ष में सोमवार को माधव होम्योपैथी विभाग में निःशुल्क चिकित्सा शिविर का आयोजन



किया गया। शिविर में 123 मरीजों ने लाभ लिया। होम्योपैथिक डीन डॉ. सुनिलसिंह ने बताया कि ग्रामीण एवं शहरी क्षेत्रों के रहवासीयो को बरसात में होने वाली बिमारीयो से बचने के उपाय बताए, साथ ही बरसात के लिए खानपान व रहन-सहन कैसा होना चाहिए इस बारे में भी जानकारी दी गई। स्वास्थ के प्रति जागरूकता का प्रचार प्रसार किया गया । गॉव-गॉव में माईक द्वारा बिमारियों से बचने के उपाय के बारे में बताया गया । शिविर के दौरान मरीजों को बताया गया कि बरसात में मलेरीया 'यादा फैलता है इससे बचने के लिए मच्छर दानी का उपयोग व घर के आसपास गंदा पानी न इकठा होने देने कि सलाह दी । माधव होम्योपैथी मेडीकल कॉलेज एण्ड हॉस्पीटल स्वास्थ्य के स्तर को सुधारने में बहुत अग्रणीय है । कॉलेज परिसर में सभी मरिजो को बहुत कम दरों पर स्वास्थ सेवाएं उपलब्ध कराई जाती है।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Physio Seva: Healing Through Movement

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date : 22/05/2023

Place of the activity : Kalamagra village

No. of students participated : 28

No. of Teachers participated : 6

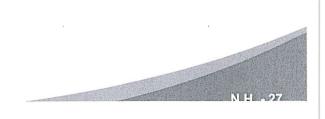
Beneficiaries : Local Community

Activity Coordinator : Dr. Anand V., Dr. Aditee Bhardwaj

Activity Objectives : The objectives of Physio Seva: Healing Through Movement are to provide free physiotherapy services to individuals in need, enhancing their physical well-being and mobility. The camp aims to raise awareness about the importance of physiotherapy in rehabilitation and pain management while offering personalized assessments and treatment plans. It seeks to educate participants on injury prevention, effective exercise techniques, and healthy lifestyle practices. Ultimately, the initiative strives to empower individuals to take charge of their physical health and promote overall wellness within the community.

Activity Outcomes : The Physio Seva: Healing Through Movement camp successfully provided free physiotherapy services, improving the physical health and mobility of numerous participants. Attendees received personalized assessments and treatment plans, leading to significant reductions in pain and enhanced recovery from injuries. The camp raised awareness about the benefits of physiotherapy, empowering individuals with knowledge on injury prevention and effective exercise techniques. Overall, the initiative fostered a stronger understanding of physical health within the community and encouraged a proactive approach to maintaining well-being.

Coordinator Activity





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



नवज्योति/आवृरोड । स्थानीय माधव विश्वविद्यालय के आयुर्वेद चिकित्सालय में विशाल निःशुल्क दन्त चिकित्सा शिविर का आयोजित किया गया। शिविर में दांतो की विभिन्न बीमारियां पायरिया, दांतो का हिलना, ठंडा गर्म पानी लगना, दांतो का हिलना, ठंडा गर्म पानी लगना, दांतो से खून व मवाद का आना आदि बीमारियों के रोगियों की काफी संख्या रही । सुबह दस बजे शिविर का शुभारम्भ किया गया। शुभारम्भ के अवसर पर विश्वविद्यालय के चेयरमैन डॉ. राज कुमार, प्रेसीडेन्ट प्रो. जे.एल.विज, आयुर्वेद के डीन प्रो. जी.एस.इन्दोरिया, पुनम चन्द शास्त्री, डा. के.के. सिंह आदि उपस्थित रहे। शिविर में दंत चिकित्सक डॉ. स्वाति राठौड़, डॉ. कुमार श्रवण मीणा, डॉ. संदीप कुमार अलिन्द ने विशेषज्ञ के रूप में सेवाएंदी। शिविर में अलारसिन के प्रतिनिधि धर्मेन्द भटट् ने औषधियों के साथ अपनी सेवाएं दी। चिकित्सालय उप अधीक्षक डॉ. बी.एल. शर्मा ने बताया कि शिविर में 109 रोगी लाभान्वित हुए। निःशुल्क भोजन के साथ निःशुल्क औषधियों भी उपलब्ध कराई गई। शिविर में डॉ. रमेश राब शिन्दे, हरीश कौशिक, रमेश कुमार, अशोककुमार सहित अन्य ने सेवाएं दी।





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Bharat Ke Bacho Ka Poshan: Empowering Through Nutrition

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date : 17/10/2022

Place of the activity : Mount Abu

**No. of students participated : 22** 

No. of Teachers participated : 4

**Beneficiaries :** Local Community

Activity Coordinator : Dr. Sangeeta Singh

Activity Objectives : The "Bharat Ke Bacho Ka Poshan: Empowering Through Nutrition" initiative aims to provide essential food items to rural students while promoting the importance of nutrition in their overall development. Its objectives include ensuring that children receive balanced and nutritious meals to support their physical growth and cognitive development. The initiative seeks to raise awareness about healthy eating habits among students and their families, fostering a culture of nutrition education. Additionally, it aims to empower children with knowledge about the link between nutrition and academic performance, ultimately enhancing their ability to thrive both in and out of the classroom.

Activity Outcomes : The "Bharat Ke Bacho Ka Poshan: Empowering Through Nutrition" initiative successfully enhanced the nutritional status of rural students, ensuring they received essential food items that contributed to their physical growth and well-being. Participants reported increased energy levels and improved concentration in their studies, leading to better academic performance. The program also raised awareness about healthy eating habits among students and their families, fostering a community culture that values nutrition. Overall, the initiative empowered children with knowledge about the importance of nutrition for learning and development, ultimately contributing to their holistic growth and empowerment.

Activity Coordinator





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



# माधव विश्वविद्यालय के छात्रों ने नन्हें विद्यार्थियों को उच्च के लिए किया प्रेरित

#### संवाददाता. रणवीर राजस्थान

आबूरोड। माधव विश्वविद्यालय के छात्र सुमित गोला ने बताया कि छात्रों द्वारा शिक्षा समृद्धि प्रखवाडे के तहत आबुपर्वत एवं उसके आस पास में स्थित कई सरकारी बिद्यालयों का निरीक्षण कर बच्चों को अल्पाहार विवरीत किया और विद्यार्थियों को शिक्ष के प्रति महत्व बताते हुए उच्च शिक्षा के लिए प्रेरित किया। विश्वविद्यालय से पंकाब आवार्थ, महत्व बीधरी, दिनेश चौधरी, शिवम् अक्र पर्वतसिंह भार्यी, पुष्पजीतसिंह देवहा, चन्दनसिंह इंद्रावत आदि छात्र उपस्थित थे।





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Jeevan Daan: Blood Donation Drive

Organized by : NSS UNIT 1 & 2, Rotary Club Aburoad Unit and Global Blood Bank

Date: 21/09/2022

Place of the activity : Kalamagra village

No. of students participated : 24

No. of Teachers participated : 4

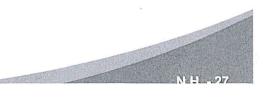
Beneficiaries : Local Community

Activity Coordinator : Dr. Devendra Muzalda

Activity Objectives : The "Jeevan Daan: Blood Donation Drive" aims to encourage voluntary blood donation to address the critical need for blood in medical emergencies and healthcare settings. Its objectives include raising awareness about the importance of blood donation, dispelling myths and misconceptions surrounding the process, and mobilizing community participation to create a culture of giving. The drive seeks to educate individuals about the health benefits of donating blood and to ensure a safe and comfortable donation experience. Ultimately, the initiative aims to save lives by increasing the availability of blood for patients in need while fostering a sense of social responsibility among donors.

Activity Outcomes : The "Jeevan Daan: Blood Donation Drive" successfully mobilized community participation, resulting in a significant increase in voluntary blood donations. The initiative raised awareness about the importance of blood donation, leading to greater understanding and reduced misconceptions among participants. Many individuals reported a sense of fulfillment and social responsibility from their contributions, fostering a culture of giving within the community. Additionally, the drive helped to strengthen local blood banks' resources, ensuring a more reliable supply of blood for medical emergencies and patients in need. Overall, the initiative made a meaningful impact on both individual lives and the broader community health landscape.

Activity Coordinator





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Clean village healthy village

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date : 23/09/2022

Place of the activity : Surpagala village

No. of students participated : 24

No. of Teachers participated : 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Alpana, Dr. Devendra Muzalda

Activity Objectives : The objectives of the Clean Village, Healthy Village awareness program are to promote cleanliness, hygiene, and sanitation practices within the community to improve overall public health. The program aims to educate villagers on the importance of proper waste management, clean drinking water, and maintaining a hygienic environment to prevent diseases. It seeks to foster a culture of cleanliness through community involvement, regular cleanliness drives, and health education sessions. Ultimately, the initiative strives to create a healthier, more sustainable living environment and reduce the prevalence of hygiene-related illnesses in the village.

Activity Outcomes : The Clean Village, Healthy Village awareness program successfully educated the community on the importance of cleanliness, hygiene, and proper sanitation practices. As a result, villagers adopted better waste management practices, improved water hygiene, and participated in regular cleanliness drives. The program led to a noticeable reduction in hygiene-related illnesses and fostered a greater sense of responsibility towards maintaining a clean and healthy environment. Overall, the initiative enhanced public health awareness and contributed to creating a cleaner, healthier, and more sustainable village.

Activity Coordinator



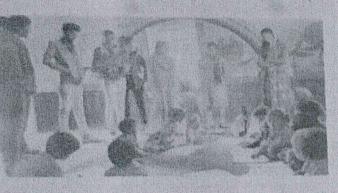


### स्वच्छता जागरूकता अभियान चलाया

#### ाटाउट्योति आज्ञरोड ।

माधव विश्वविद्यालय की राष्ट्रीय सेवा योजना द्वारा सुरपगला ग्राम पंचायत में स्वच्छता जागरूकता अभियान चलाया गया। राष्ट्रीय सेवा योजना की निदेशक डॉ. विदुषी आमेटा ने बताया कि स्वयं सेवकों ने सुरपगला ग्राम पंचायत के अधीन डेरी आदि ग्रामों में रैली निकालकर पर्यावरण, जल एव

वन संरक्षण का संदेश दिवा। साथ ही सवन जनसम्पर्क कर स्वच्छता अपनाने हेत् समझाया। स्वय सेवकों ने डेरी ग्राम में राजको या प्राथमिक विद्यालय घोटियाफला व आंगनवाडी केन्द्र



डेरी के नन्हें विद्याधियों को पानी बचाने, बनों व वृक्षों की रक्षा करने और स्वयं साफ रहने व अपने घर विद्यालय आदि को साफ रखने की प्ररेणा दी। स्वयं सेवक रूपसिंह, हेमेन्द्र, रवि राठौड़, विनोद, भागीरथ, प्रवीण राजपुरोहित, आकाश जानी, मोरिस केप, सुरभि कंवर, रीया, प्रेमलता आदि ने अभियान में सक्रिय भागीदारी की। सुरपगला ग्राम पंचायत के पटवारी हनुमान, घोटियाफला विद्यालय के अध्यापक दिनेश कुमार व आंगनवाडी केन्द्र की संचालिका श्रीमती कालीदेवी ने स्वयं सेवकों को विशेष सहयोग दिया। राष्ट्रीय सेवा योजना प्रभारी डॉ. देवेन्द्र मुझाल्दा, संगीतासिंह, सहप्रभारी प्रदीप कच्छावा का आयोजन में विशेष सहयोग रहा।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Swasthya Sewa: Free Health Checkup Camp

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date : 11/11/2022

Place of the activity : Deldar village

No. of students participated : 24

No. of Teachers participated : 4

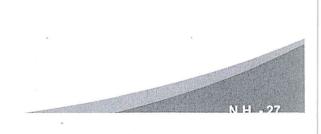
Beneficiaries : Local Community

Activity Coordinator : Dr. Bhawana

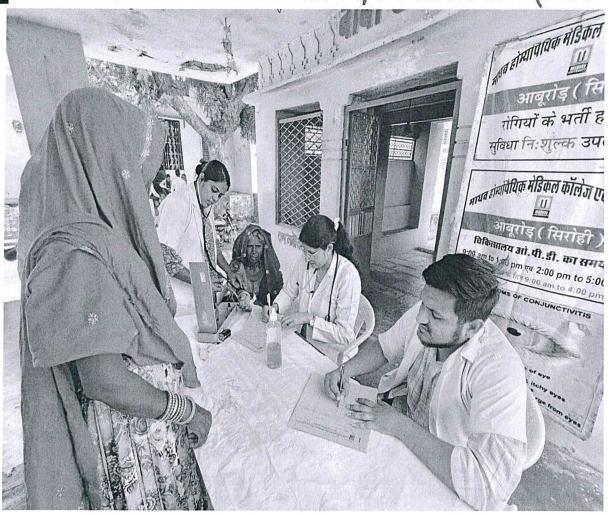
Activity Objectives : The "Swasthya Sewa: Free Health Checkup Camp" aims to promote community health by providing accessible medical services and health screenings to underserved populations. Its objectives include offering free health assessments to identify potential health issues, raising awareness about preventive care and healthy lifestyle practices, and educating participants on the importance of regular health checkups. The camp also seeks to connect individuals with local healthcare resources for follow-up care and support, ultimately fostering a healthier community and improving overall well-being.

Activity Outcomes : The "Swasthya Sewa: Free Health Checkup Camp" successfully enhanced community health awareness and accessibility to medical services. Participants received essential health screenings and consultations, leading to the early identification of potential health issues. The camp fostered increased awareness of preventive care and encouraged individuals to adopt healthier lifestyle practices. Many attendees were connected with local healthcare resources for follow-up care, resulting in improved access to ongoing support. Overall, the initiative significantly contributed to the community's health literacy and well-being, empowering individuals to take charge of their health.

Activity Coordinator











(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : Swasthya Jagriti: Health Awareness Camp

Organized by : NSS UNIT 1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date : 19/04/2023

Place of the activity : Bharja village

No. of students participated : 20

**No. of Teachers participated : 2** 

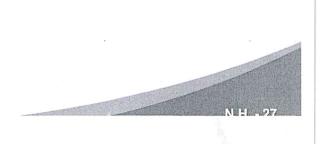
**Beneficiaries :** Local Community

Activity Coordinator : Dr. Bhawana

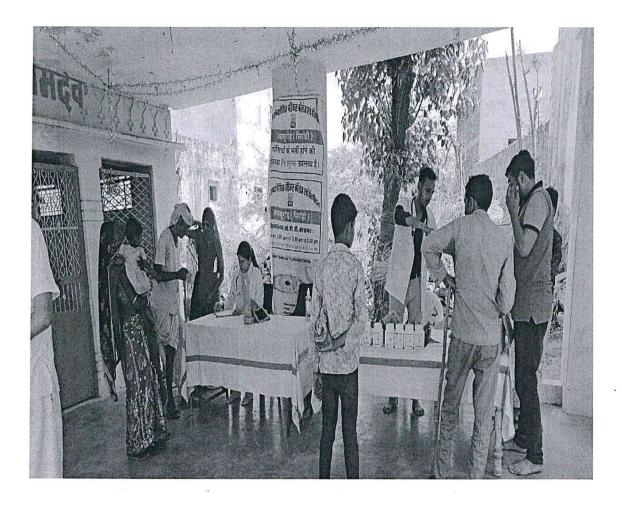
Activity Objectives : The objectives of the Swasthya Jagriti: Health Awareness Camp are to promote health education and raise awareness about common health issues among the community. The camp aims to provide individuals with preventive healthcare knowledge, early detection of diseases, and guidance on maintaining a healthy lifestyle. It seeks to encourage healthy habits through screenings, consultations, and interactive sessions with healthcare professionals. The initiative also intends to improve access to healthcare resources, especially for underprivileged populations, and empower people to take control of their health by providing practical information and support.

Activity Outcomes : The Swasthya Jagriti: Health Awareness Camp successfully raised community health awareness, providing valuable education on disease prevention and healthy living. Participants benefited from health screenings and consultations, leading to early detection of potential health issues. The camp improved access to healthcare services, especially for underprivileged groups, and empowered individuals to adopt healthier lifestyles. The initiative fostered a greater understanding of preventive healthcare and strengthened community engagement in health promotion.

Coordinator Activity









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Arogya Seva: Free Homoeopathy Camp

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date : 25/04/2023

Place of the activity : Bhujela village

No. of students participated : 23

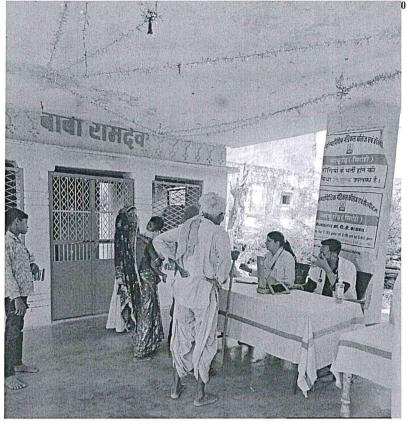
No. of Teachers participated : 2

Beneficiaries : Local Community

Activity Coordinator : Dr. Bhawana

Activity Objectives : The objectives of the Arogya Seva: Free Homoeopathy Camp are to provide accessible and affordable healthcare to underserved communities through homeopathic treatments. The camp aims to promote awareness about homeopathy as a natural, safe, and effective form of healthcare, while offering consultations, diagnoses, and free medications. It also seeks to educate the public on disease prevention, holistic wellness, and the benefits of homeopathic medicine, ultimately enhancing the overall health and well-being of the participants.

Activity Outcomes : The Arogya Seva: Free Homoeopathy Camp successfully provided free healthcare services to underserved communities, offering homeopathic consultations, treatments, and medications. Participants gained awareness about homeopathy as a safe and effective treatment option, and many received early diagnoses for various health issues. The camp contributed to improved health outcomes by promoting disease prevention and holistic wellness. Overall, the initiative increased access to healthcare and empowered individuals to take a proactive approach to their health.



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MADHA



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Nourish Your Health: Free Checkup Camp

**Organized by :** NSS UNIT 1 & 2 & Faculty of Physiotherapy and Madhav Homoeopathic Medical College and Hospital

Date: 13/06/2022

Place of the activity : Bharja village

No. of students participated : 25

No. of Teachers participated : 6

Beneficiaries : Local Community

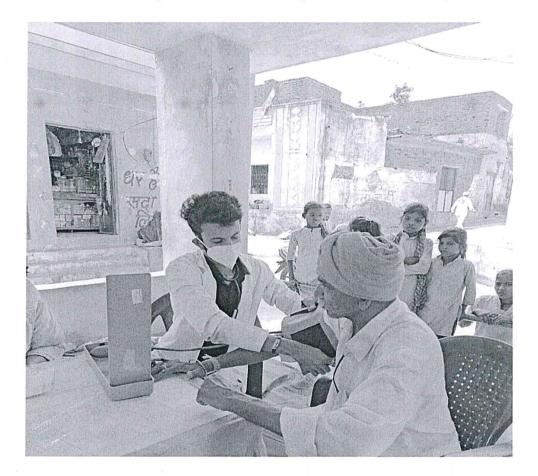
Activity Coordinator : Dr. Shailendra

Activity Objectives : The "Nourish Your Health: Free Checkup Camp" aims to provide accessible healthcare services to the community, focusing on preventive care and early detection of health issues. Its objectives include offering free medical screenings, promoting awareness about healthy living practices, and educating participants on the importance of regular health checkups. The camp also seeks to connect individuals with healthcare resources for ongoing support and encourage proactive health management, ultimately contributing to improved community well-being and healthier lifestyles.

Activity Outcomes : The "Nourish Your Health: Free Checkup Camp" successfully provided vital healthcare services to the community, enabling participants to undergo essential health screenings and receive expert medical advice. The camp led to the early detection of potential health issues and increased awareness about preventive care and healthy lifestyle habits. Many attendees were connected with local healthcare resources for follow-up care, fostering improved access to ongoing medical support. Overall, the initiative enhanced health literacy and encouraged proactive health management, contributing to the community's overall well-being.

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Swasthya Samarpan: Homoeopathy for All

Organized by : NSS UNIT 1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date: 18/05/2023

Place of the activity : Bharja village

No. of students participated : 22

No. of Teachers participated : 4

Beneficiaries : Local Community

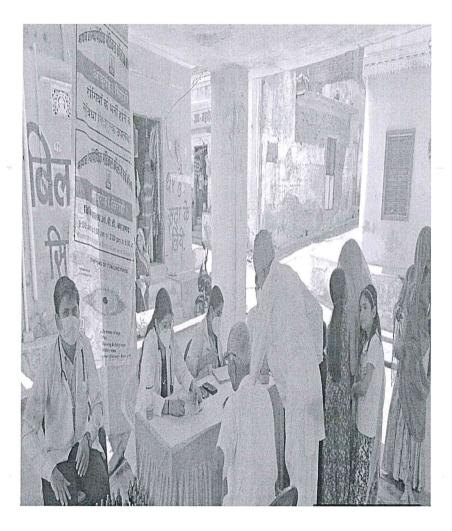
Activity Coordinator : Dr. Bhawana

Activity Objectives : The objectives of Swasthya Samarpan: Homoeopathy for All are to provide free homeopathic healthcare services to all individuals, especially those from marginalized communities. The camp aims to raise awareness about the effectiveness of homeopathy in treating various ailments, while promoting a holistic approach to health and wellness. It seeks to offer consultations, diagnoses, and free medications, empowering participants to take charge of their health through natural and safe treatments. Additionally, the camp focuses on educating the community about disease prevention and the benefits of homeopathic care.

Activity Outcomes : The Swasthya Samarpan: Homoeopathy for All camp successfully delivered free homeopathic healthcare services to a wide range of individuals, particularly those from underserved communities. Participants benefited from consultations, treatments, and free medications, leading to early diagnosis and improved health outcomes. The camp raised awareness about homeopathy as an effective and natural form of treatment and encouraged holistic wellness practices. Overall, the initiative enhanced healthcare access, empowered individuals to manage their health better, and fostered greater community engagement in preventive healthcare.

Activity Coordinator





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#### Activity Report

Name of the activity : Sanjeevani: Healing through Homeopathy

Organized by : NSS UNIT 1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date: 12/01/2023

Place of the activity : Aakrabhatta village

No. of students participated : 24

No. of Teachers participated : 6

Beneficiaries : Local Community

Activity Coordinator : Dr. Amit Kumar, Dr. Hanuman Ram

Activity Objectives : The Sanjeevani: Healing through Homeopathy aims to provide accessible and holistic healthcare through free homeopathic consultations and treatments for the community. This initiative seeks to promote awareness of homeopathy as a safe and natural healing approach, offering personalized treatment plans and educating participants on preventive health practices. The camp focuses on supporting underserved individuals, empowering them with knowledge about homeopathy's benefits, and encouraging proactive health management for improved well-being.

Activity Outcomes : The Sanjeevani: Healing through Homeopathy results in increased awareness and acceptance of homeopathy as an effective healthcare option, especially among underserved communities. Participants receive personalized treatment plans and gain knowledge about preventive health practices, empowering them to make informed choices about their well-being. The camp fosters a positive impact on community health, with improved access to holistic care, enhanced health literacy, and a strengthened focus on natural, proactive health management.

Activity Coordinato

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#### कत्सा शिविर में मरीजों का किया :शल्क SID

नवज्मीति।आनूरोड । माधव विश्वविद्यालय द्वारा उन्हें आवश्यक दवाइया प्रदान की मई। पत नह नायव सेम्योपेथिक सेडिकल कॉलेज एण्ड र जा जारा वि न्व होस्योपेविक दिवस के अवसर अन्तरीह के आकराभड़ा स्वित जब अबे मंदिर जन में जिन्द्रात्वक हिकिल्सा शिविर का आयोजन बा वाय। जिन्हों । १६ मरिजों की जाव कर

शिविर में माधव हीम्योपेथिक मेडिकल कॉलेज एण्ड हॉस्पिटल के प्राचार्य डॉ. सनील सिंह के नेतत्व में विशेषज चिकित्सकों डॉ. अविनाश जांजुले, डॉ. खुशौ जानी, डॉ. कोति जोशी द्वारा विभिन्न विमारियों

का उपचार व उचित मार्गदर्शन किया गवा व नि:शल्क दबाइयां प्रदान की गई। शिविर में मेलनमं लोकेश मीणा, चेतन कुमार, दिनेश कुमार रोहिण के साध बीएचएमएस पाठयक्रम के छात्रों ने सहयोग प्रदान किया।

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#### Activity Report

Name of the activity : Immunize for Life: Vaccination Awareness Drive

Organized by : NSS UNIT 1 & 2 & Faculty of Pharmaceutical Sciences

Date: 11/01/2023

Place of the activity : Malnu village

No. of students participated : 22

No. of Teachers participated : 6

Beneficiaries : Local Community

Activity Coordinator : Dr. Devendra Muzalda

Activity Objectives : The Immunize for Life: Vaccination Awareness Drive aims to educate the community about the critical role of vaccinations in preventing diseases and promoting lifelong health. This initiative focuses on raising awareness about vaccine safety, dispelling common myths, and encouraging timely immunization for all age groups. Through informative sessions and outreach efforts, the campaign seeks to increase vaccination rates, reduce vaccine hesitancy, and empower individuals with accurate information, ultimately contributing to a healthier, protected community.

Activity Outcomes : The Immunize for Life: Vaccination Awareness Drive results in a more informed community with increased understanding of the benefits and safety of vaccinations. Participants are empowered to make informed health decisions, leading to higher vaccination rates and reduced vaccine hesitancy. The drive successfully dispels myths surrounding immunization and promotes proactive health measures, fostering a community that prioritizes preventive care and is better protected against vaccine-preventable diseases.

Coordinator

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### माधव विश्वविद्यालय के स्वयंसेवकों की टीम ने ग्रामीणों को बताए टीकाकरण के फायदे

आबूरोड माधव विश्वविद्यालय की राष्ट्रीय सेवा योजना के तत्वावधान में भारत सरकार के युवा एवं खेल मंत्रालय की ओर से मोबलाइजेशन सोसायटी के लिए टीकाकरण संबंधी जानकारी दी गई। स्वयंसेवकों की टीम ने मालनू गांव एवं इसके आसपास के क्षेत्रों में रहने वाले लोगों की काली खांसी, टीटनेस, पोलियो व खसरा आदि रोगों के बचाव में टीकी की भूमिका के बारे में जानकारी दी तथा ग्रामीणों को इसका लाभ उठान के लिए प्रेरित किया। इसको लेकर सरकार की ओर से समय-समय पर लगने वाले शिबिरों के बारे में भी जानकारी दी गई। लोगों की स्वास्थ्य संबंधी समस्याओं का समाधान किया गया। राष्ट्रीय सेवा योजना की निदेशक डॉ. विदुषी आमेटा, प्रभारी डॉ. देवेंद्र मुझाल्दा, संगीर्तासिंह व सहप्रभारी प्रदीप कच्छावा की अगुवाई में कार्यक्रम हुआ। स्वयंसेवक विजय कुमार मीणा, नरेश मीणा, नकुल, चैतन्य कुमार, नीतू मीणा, भराराम व राहल मौजूद रहे।



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Market Medico: Shop-to-Shop Health Awareness

Organized by: NSS UNIT 1 & 2 and Faculty of Physiotherapy

Date: 12/04/2023

Place of the activity : Mount Abu

No. of students participated : 24

No. of Teachers participated : 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Anand V., Dr. Girish Balda

Activity Objectives : The Market Medico: Shop-to-Shop Health Awareness initiative aims to enhance health literacy among shopkeepers and customers by promoting preventive health practices and awareness of common medical issues. Through direct, shop-to-shop interactions, the program seeks to educate the market community on hygiene, disease prevention, and healthy lifestyle choices. This initiative encourages proactive health management, fosters a supportive environment for wellness in the marketplace, and empowers individuals to make informed health decisions for a safer, healthier community.

Activity Outcomes : The Market Medico: Shop-to-Shop Health Awareness initiative results in a more health-conscious marketplace, where shopkeepers and customers gain essential knowledge about preventive health practices, hygiene, and common medical concerns. Through direct engagement, participants become more aware of health risks and the importance of early intervention, fostering healthier lifestyle choices within the market community. The program successfully builds a network of informed individuals who can promote wellness, ultimately contributing to a safer, healthier marketplace environment.

Activity Coordinator





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#### Activity Report

Name of the activity : Care Connect: Hospital Outreach Program

Organized by: NSS UNIT 1 & 2 & Faculty of Physiotherapy

Date: 10/05/2023

Place of the activity : Aamthala village

No. of students participated : 51

No. of Teachers participated : 3

Beneficiaries : Local Community

Activity Coordinator : Dr. Aparajita, Dr. Vaibhav Dave

Activity Objectives : The Care Connect: Hospital Outreach Program aims to provide compassionate support and essential medical assistance to patients and their families within the hospital setting. Through this initiative, NSS volunteers offer basic healthcare services, assist medical staff, and provide guidance to patients regarding hospital processes and health management. The program seeks to improve patient experiences, ease the burden on healthcare providers, and foster a nurturing environment where individuals feel supported and cared for during their treatment journey.

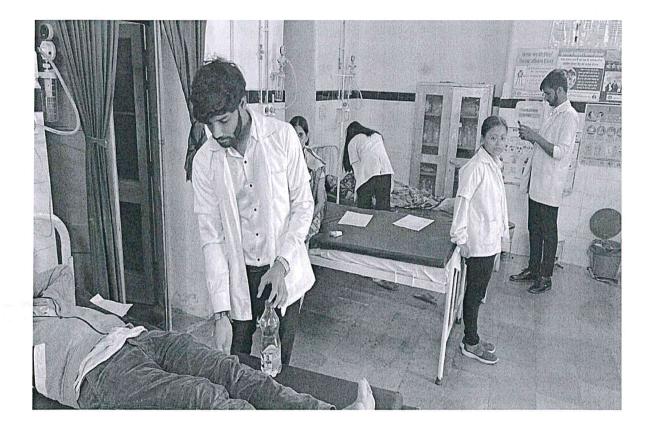
Activity Outcomes : The Care Connect: Hospital Outreach Program results in improved patient support and a more compassionate hospital environment. Patients and their families benefit from increased assistance with healthcare processes and receive helpful information for managing their health. Volunteers gain valuable experience in patient care, and healthcare staff experience reduced workload, allowing them to focus on critical tasks. The program fosters a supportive and empathetic atmosphere, enhancing overall patient satisfaction and strengthening the community's trust in healthcare services.

Activity Coordinator

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#### Activity Report

Name of the activity : Sehat Ki Dastak: NSS Door-to-Door Campaign

Organized by : NSS UNIT 1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date: 24/04/2023

Place of the activity : Kivarli village

No. of students participated : 25

No. of Teachers participated : 6

Beneficiaries : Local Community

Activity Coordinator : Dr. Komal Mewara

Activity Objectives : The Sehat Ki Dastak: NSS Door-to-Door Campaign aims to enhance health literacy within the community by providing accessible health information and resources directly to individuals' homes. Through this personalized approach, the campaign educates households on key health topics, including preventive care, hygiene practices, nutrition, and managing common illnesses. By encouraging proactive health behaviors, the initiative seeks to empower families with knowledge to improve their overall well-being and prevent illness.

Activity Outcomes : The Sehat Ki Dastak: NSS Door-to-Door Campaign leads to increased health awareness and improved health practices within the community. Households gain essential knowledge about hygiene, nutrition, and disease prevention, empowering them to make healthier choices in daily life. As a result, there is a greater focus on preventive care, reducing the risk of common illnesses and fostering a proactive approach to health. The campaign also strengthens community connections, making health information more accessible, especially in underserved areas, and building a foundation for a more health-conscious, resilient community.

Activity Coordinator

Contact No.: 8875028991,92,93,94

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MADHAV



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Nutri-Chef: Cooking for Health

Organized by : NSS UNIT 1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date: 26/07/2022

Place of the activity : Aburoad village

No. of students participated : 25

No. of Teachers participated : 5

Beneficiaries : Local Community

Activity Coordinator : Dr. Alpana, Dr. Chayanika

Activity Objectives : "The objective of "Nutri-Chef: Cooking for Health" is to educate individuals about the principles of healthy cooking and nutrition, empowering them to make informed dietary choices. The program aims to teach participants practical cooking skills that focus on preparing nutritious meals using fresh, wholesome ingredients. By providing hands-on workshops and informative sessions, the initiative seeks to raise awareness about the importance of balanced diets, portion control, and food safety.

Activity Outcomes : The outcomes of "Nutri-Chef: Cooking for Health" include improved knowledge and understanding of healthy cooking practices among participants, leading to increased confidence in meal preparation. Attendees gain practical skills in creating nutritious meals, resulting in healthier eating habits and better dietary choices within their families. The program fosters a greater awareness of the importance of balanced nutrition and food safety, encouraging participants to adopt a holistic approach to their health.

Activity Coordinator





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Contact No.: 8875028991,92,93,94

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Safe Steps, Strong Minds awareness program

Organized by : NSS UNIT 1 & 2 & Faculty of Education

Date: 30/07/2023

Place of the activity : Achapura village

No. of students participated : 25

No. of Teachers participated : 6

Beneficiaries : Local Community

Activity Coordinator : Dr. Devendra Muzalda, Dr. Renuka

Activity Objectives : The "Safe Steps, Strong Minds" awareness program aims to promote the safety and education of the girl child by empowering communities with knowledge and resources. Objectives include raising awareness about the importance of protecting girls' rights to safe learning environments, educating families and communities on practices that support girls' well-being, and addressing barriers to education.

Activity Outcomes : The "Safe Steps, Strong Minds" program successfully fostered a safer and more supportive environment for girl child education by increasing community awareness and commitment to girls' safety and learning. Outcomes included enhanced understanding among parents and educators of the importance of creating secure, inclusive educational spaces, along with improved knowledge of available resources to support girls' needs.

Activity Coordinator

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Sadhbhavana Diwas awareness program

Organized by : NSS UNIT 1 & 2 & Faculty of Humanities and Social Sciences

Date: 04/02/2023

Place of the activity : Aamthala village

No. of students participated : 24

No. of Teachers participated : 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Devendra Muzalda, Dr. Renuka

Activity Objectives : The Sadhbhavana Diwas awareness program aims to promote national harmony, tolerance, and goodwill among diverse communities. Objectives include fostering a spirit of unity, encouraging mutual respect, and raising awareness about the importance of peace and cooperation in building a strong society. Through interactive sessions, cultural exchanges, and community engagement activities, the program seeks to inspire positive relationships across cultural, religious, and social boundaries.

Activity Outcomes : The Sadhbhavana Diwas awareness program successfully enhanced community harmony and understanding by fostering mutual respect and unity among participants from diverse backgrounds. Outcomes included increased awareness of the importance of peaceful coexistence, strengthened inter-community relationships, and a collective commitment to promoting tolerance and goodwill. Participants reported a deeper appreciation for cultural diversity and the need for national unity, while collaborative activities encouraged ongoing dialogue and cooperation.

oordinator

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माधव विश्वविद्यालय में सद्भावना दिवस कार्यऋम आयोजित

### राष्ट्रीय सेवा योजना इकाई की ओर से हुआ कार्यऋम आयोजित

सद्भावना दिवस को लेकर कार्यक्रम में दी जानकारी ढोलामारू न्यूज़

आब्रोड। माधव विश्वविद्यालय में राष्ट्रीय सेवा योजना इकाई की ओर से सद्भावना दिवस कार्यक्रम का आयोजन किया गया । विश्वविद्यालय के कुलपति प्रोफ़ेसर डॉ राजीव माथुर की अध्यक्षता व कुलसचिव डॉ भावेश कुमावत के मुख्य आतिथ्य में कार्यक्रम आयोजित किया गया। सांप्रदायिक सद्भाव को बढावा देने के लिए कार्यक्रम आयोजित हुआ। कार्यक्रम के तहत विश्वविद्यालय के कुलपति प्रोफ़ेसर डॉ राजीव माथुर ने सद्भावना दिवस को लेकर जानकारी दी। उन्होंने स्वयंसेवकों को बताया कि सद्भावना दिवस भारत में रहने वाले सभी धर्मों के लोगों के मध्य मनाया जाता है। विश्वविद्यालय के कुलसचिव डॉ भावेश कुमावत ने बताया कि इस दिवस का मुख्य उद्देश्य विभिन्न संस्कृतियों के लोगों में राष्ट्रीय एकता और सामाजिक सद्भावना को प्रोत्साहित करना है। एनएसएस निदेशक डॉ देवेंद्र मुजाल्दा ने कहा कि इस कार्यऋम का आयोजन सभी धर्मों के बीच सांप्रदायिक सौहार्द को लोगों में बढावा देने के लिए किया जाता है। एनएसएस इकाई प्रथम की प्रभारी संगीता सिंह ने कहा कि राजीव गांधी के प्रशासन के तहत शिक्षा, प्रौद्योगिकी में सुधार की पहल को लागू किया गया था।

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#### Activity Report

Name of the activity : Healing Touch: Homoeopathy for Seniors

Organized by: NSS UNIT 1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date : 20/02/2023

Place of the activity : Bhimana village

No. of students participated : 25

No. of Teachers participated : 5

Beneficiaries : Local Community

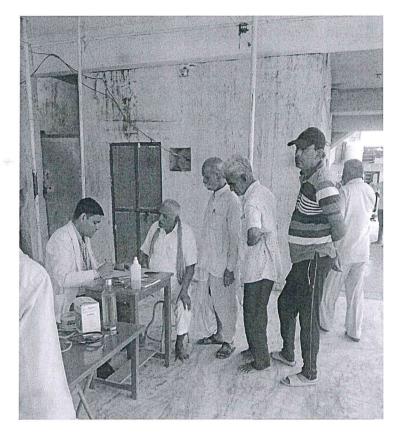
Activity Coordinator : Dr. Shailendra Singh

Activity Objectives : The "Healing Touch: Homoeopathy for Seniors" camp aims to enhance the health and well-being of elderly individuals through the principles of homoeopathy. Objectives include providing accessible healthcare services that address common age-related ailments, educating seniors and their caregivers about homoeopathic remedies and their benefits, and fostering a supportive environment for discussing health concerns. The camp also seeks to promote holistic health by offering personalized consultations and treatment plans tailored to individual needs.

Activity Outcomes : The "Healing Touch: Homoeopathy for Seniors" camp successfully improved the health and well-being of participating elderly individuals by providing personalized homoeopathic consultations and treatments. Outcomes included significant relief from common age-related ailments such as arthritis, digestive issues, and respiratory conditions, as reported by participants. The camp also facilitated increased awareness and understanding of homoeopathy among seniors and their caregivers, leading to a greater appreciation for holistic health practices.

Activity Coordinator







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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Sehat Abhiyan: Campaign for Rural Health Awareness

Organized by : NSS UNIT 1 & 2, Faculty of Education

Date: 24/04/2023

Place of the activity : Bhujela village

No. of students participated : 23

No. of Teachers participated : 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Prabha Gaur, Dr. Devendra Muzalda

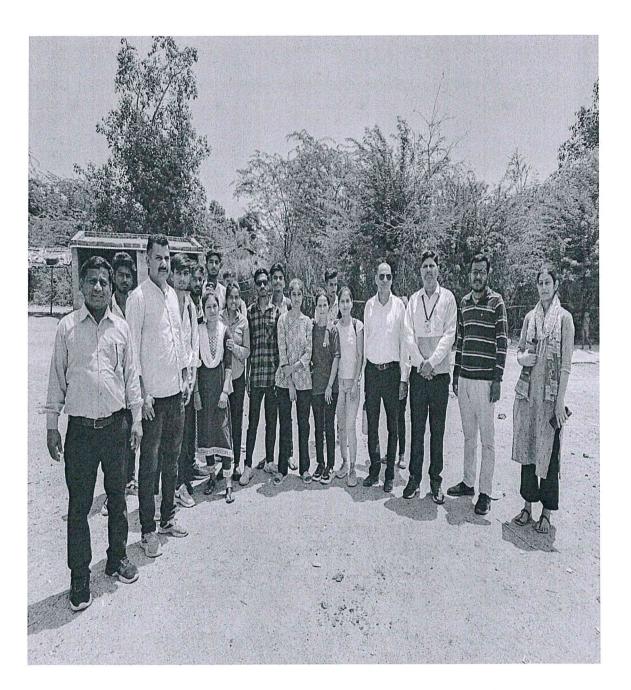
Activity Objectives : The Sehat Abhiyan campaign aims to improve health awareness in rural communities by educating residents on essential health practices, disease prevention, and hygiene. This activity focuses on spreading knowledge about nutrition, maternal and child health, sanitation, and common illnesses through interactive sessions, health check-ups, and informational materials. By encouraging healthy habits and preventive care, Sehat Abhiyan seeks to reduce health disparities, enhance overall wellbeing, and empower individuals to take an active role in maintaining their health within their communities.

Activity Outcomes : The Sehat Abhiyan campaign leads to improved health knowledge and practices in rural communities, resulting in better hygiene, nutrition, and disease prevention. Participants gain awareness of maternal and child health, sanitation, and the importance of regular health check-ups, which helps reduce the prevalence of preventable illnesses. The initiative fosters a proactive approach to health, empowering individuals to make healthier lifestyle choices and encouraging community-wide support for well-being. Overall, Sehat Abhiyan contributes to healthier, more informed communities equipped to manage their health independently.

Activity Coordinator

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Activity Report

Name of the activity : Aarogya Jagrukta: Promoting Health Awareness for All

**Organized by :** NSS UNIT 1 & 2, Faculty of Education and Madhav Homoeopathic Medical College and Hospital

Date: 14/12/2022

Place of the activity : Kivarli village

No. of students participated : 23

No. of Teachers participated : 4

Beneficiaries : Local Community

Activity Coordinator : Dr. Dushyant, Dr. Pratiksha Singh

Activity Objectives : The Aarogya Jagrukta program aims to enhance health awareness in the community by educating individuals about preventive healthcare practices, nutrition, and common diseases. Through workshops, seminars, and interactive sessions, participants will learn about the importance of regular health check-ups, vaccination, and healthy lifestyle choices. The initiative seeks to empower community members with knowledge and resources to make informed health decisions, reduce the prevalence of preventable illnesses, and foster a culture of proactive health management. Ultimately, Aarogya Jagrukta aims to create a healthier community through increased awareness and engagement in health-related issues.

Activity Outcomes : The Aarogya Jagrukta program leads to increased health awareness and improved health practices within the community. Participants gain knowledge about preventive healthcare, nutrition, and the importance of regular check-ups, resulting in better health outcomes and a reduction in preventable diseases. The program fosters a proactive approach to health management, empowering individuals to make informed choices about their well-being. Additionally, community engagement and participation in health initiatives increase, creating a supportive environment that prioritizes health and wellness. Overall, Aarogya Jagrukta contributes to a more informed, healthier community dedicated to maintaining a high quality of life.

Activity Coordinator

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## 2021-22



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#### **Report**

Name of the Activity: NutriWarrior Initiative: Empowering Communities Against Malnutrition

Organized by: NSS UNIT -1 & 2 and Faculty of Humanities and Social Sciences

Date of Activity: 1/6/2021

Place of the Activity: Morthala

No. of Students Participated: 21

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

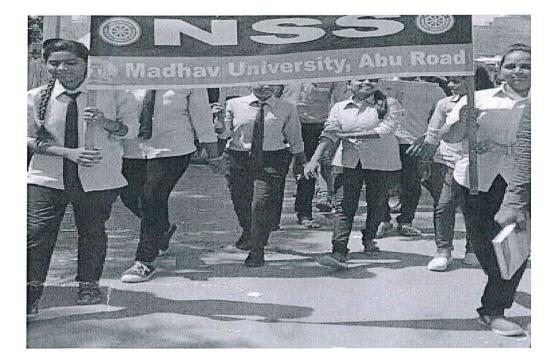
**Purpose of the Activity:** This program is based on Healthy eating habits that can be maintained among the family for life should be encouraged.

**Description:** Nutrition is a critical part of health and development. Better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (such as diabetes and cardiovascular disease), and longevity. Healthy children learn better.

**Outcomes of the Activity:** This program will reduce the incidence of mortality, morbidity, malnutrition and school dropout.

Activity Coordinator







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Report

Name of the Activity: Awareness program on Advocacy for a Healthier Lifestyle Program Organized by: Faculty of Physiotherapy Date of Activity: 4/6/2021 Place of the Activity: Vada No. of Students Participated: 20 No. of Teacher Participated: 05 Beneficiaries: Local Community Activity Coordinator: Mrs. Sangeeta Singh

**Purpose of the Activity:** Is considered an effective tool to inform and influence decisions towards inculcating healthy lifestyles and commitment to holistic development.

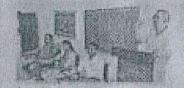
**Description:** The main purpose of organizing this activity is to create awareness among rural peoples and farmers about sanitation related with their domestic activities. This programmers also helpful to enrich rural india

**Outcomes of the Activity:** This program will raise awarness that helps individuals to understand the risk factors associated with many disease and encourages lifestyle modifications that can prevent or delay the onset of the disease.

Activity Coordinator Mrs. Sangeeta Singh







क अन्द्राय सवा योजना इकाइ 1 ओर इकाइ 2 के संयुक्त तत्वावधान में राष्ट्रीय पोषण माह के तहत व्याख्यान कार्यक्रम का आयोजन किया गया। राष्ट्रीय सेवा योजना के निदेशक डॉ. देवेंद्र मुजान्दा ने स्वयंसेवकों को कुपोषण

के प्रति समाज में जागरूकता लाने की बात कही। जीएनएस यूनिवर्सिटो को ओर से आए मुख्य वक्ता डॉ ए.के. सिंह ने स्वयंसेवकों को कुपोषण के लगण और कुपोषण निवारण के उपायों से अवगत करवाया। कार्यक्रम में एनएसएस इकाई 1 की प्रभारी संगीता सिंह ने छात्रों को कुपोषण के रोकथाम के लिप स्वास्थ्र्य केंद्र से मिलने वाली सुविधाओं से अवगत करवाया। एनएसएस इकाई दो के प्रभारी ऋषि ने मंच संचालन किया। आनंदम नोटल अधिकारी डौ MADHAY,

### MADHAV UNIVERSITY, PINDWARA (SIROHI)

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### <u>Report</u>

Name of the Activity: Awareness program organized for covid vaccination

**Organized by:** NSS UNIT -1 & 2 and Faculty of Paramedical

Date of Activity: 8/6/2021

Place of the Activity: kashindra village

No. of Students Participated: 20

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** The aim of the program was to increase the knowledge and awareness among people toward COVID-19 vaccine for adults and children.

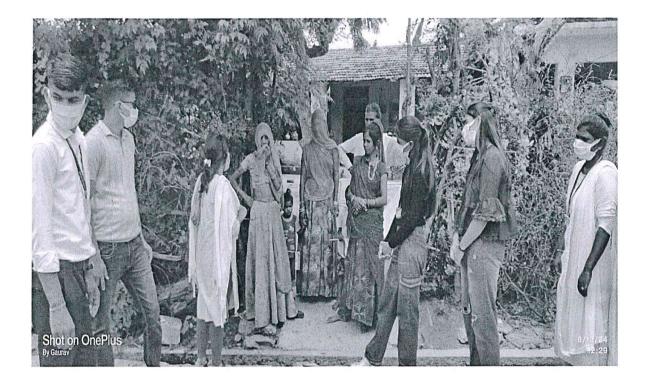
**Description:** We will create awarness regarding how to Increase Immunization Programs by helping nations improve their infrastructure and immunization programs. On 8th June 2021, our NSS Unit released posters about Covid vaccination inorder to spread the importance of vaccination and encouraged everyone to have vaccination.

**Outcomes of the Activity:** This program will Increase Knowledge by promoting awareness of the significance of vaccinations.

vity Coordinator

Dr. Vidushi Ameta





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### MADHAV UNIVERSITY, PINDWARA (SIROHI)

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### <u>Report</u>

Name of the Activity: Awareness program organized for covid vaccination

Organized by: NSS UNIT -1 & 2 & Faculth of Pharmacycy

Date of Activity: 19/6/2021

Place of the Activity: Kachholi village

No. of Students Participated: 21

No. of Teacher Participated: 06

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The main pupose of this program is to strengthen covid vaccination programmes, supply, and delivery, and ensure universal access to all relevant vaccines for all populations across the life course.

**Description:** To Increase Immunization Programs by helping nations improve their infrastructure and immunization programs. This program will Increase Knowledge by promoting awareness of the significance of vaccinations.

**Outcomes of the Activity:** This program will Increase Knowledge by promoting awareness of the significance of vaccinations.

Coordinator



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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Care for all Camp: Offering Healthcare to Everyone

Organized by: NSS UNIT -1 & 2 & Faculty of Paramedical

Date of Activity: 30/6/2021

Place of the Activity: Bhimana

No. of Students Participated: 25

No. of Teacher Participated: 08

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** To create awareness and educate people about healthcare. To identify and address health issues in a Community. To promote preventive healthcare and reduce the incidence of diseases.

**Description:** Through this camp people are getting the healthcare at the right time, and seeing the doctor early enough before a small health problem turns serious. This event helped to create awareness about the plight of doctors during the pandemic and made us realize the greatness of healthcare professionals.

**Outcomes of the Activity:** This healthcare camp, is a temporary and organized event that provides medical services, health education, and screenings to individuals.

Coordinator



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### MADHAV UNIVERSITY, PINDWARA (SIROHI)

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Vaccinate for Health: A Covid Awareness Initiative

Organized by: NSS UNIT -1 & 2 & Faculth of Pharmacy

Date of Activity: 1/7/2021

Place of the Activity: Rohida village

No. of Students Participated: 20

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** Through this program we will provide general information on COVID-19 and specific information on storage, handling of the vaccine and effect of vaccine on body.

**Description:** Through this program students will spread knowledge regarding the importance of COVID-19 vaccine.

Outcomes of the Activity: This program will Increase awareness of the importance of covid vaccination

Coordinator Activity **D**r. Vidushi Ameta





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Health Check-in: Enrolling Towards a Healthier Tomorrow

Organized by: NSS UNIT -1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date of Activity: 4/7/2021

Place of the Activity: Morthala

No. of Students Participated: 19

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

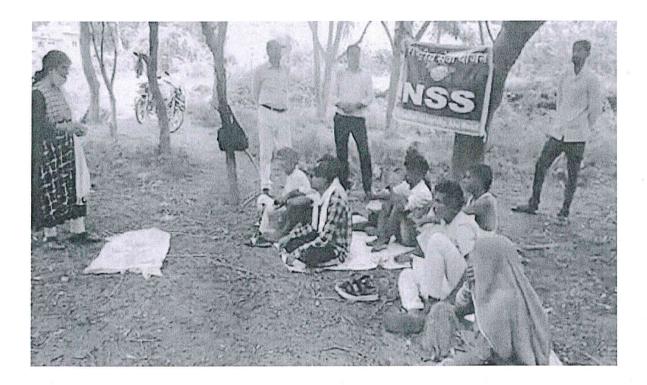
**Purpose of the Activity:** The major objective of the Health Checkup program was to provide free health checkup and diagnostic services to the camp visitors and local residents

**Description:** During the health checkup program various facilities like medical services, health education, and checkup were provided to the people.

**Outcomes of the Activity:** During the health checkup Camp various facilities like medical services, health education, and checkup were provided to the villagers.

Coordinator





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Promoting Mental Wellness through Education

Organized by: NSS UNIT -1 & 2 and Faculty of Yoga and Naturopathy

Date of Activity: 8/7/2021

Place of the Activity: Nichalagarh

No. of Students Participated: 22

No. of Teacher Participated: 05

Beneficiaries: Local Community

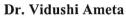
Activity Coordinator: Dr. Vidushi Ameta

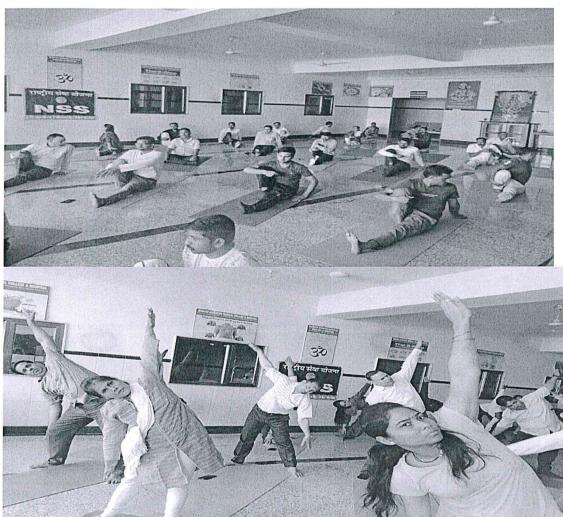
**Purpose of the Activity:** The objectives of program is to promote a healthy psychosocial development of different population groups, and reduce the effects of behavioral and psychiatric disorders.

**Description:** Mental health advocacy is essential for raising awareness about mental health issues and promoting access to mental health services. Mental health conditions affect the people and individuals do not receive the care and support they need.

**Outcomes of the Activity:** The counsellor assists individuals in developing personalized meal plans that meet their specific needs and goals.

**Coordinator** 





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#### Report

Name of the Activity: Breakfree Forum: Breaking the Chains of Addiction

Organized by: NSS UNIT -1 & faculty of Education and Physical Education

Date of Activity: 12/7.2021

Place of the Activity: Morthala

No. of Students Participated: 19

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** This program will focuses on helping with any type of addiction. The primary goal is achieving and maintaining abstinence from the substance of abuse. This is true for many patients who seek treatment. This goal focuses on complete sobriety, free from an

**Description:** This program will enable the patient to decrease their previous level of substance abuse, for the sake of avoiding its psychological and physical consequences.

**Outcomes of the Activity:** This camp deals with not only medicine but to impart knowledge to the students about the diseases prevention, addiction and precautionary measure associated with the disease.

it Coordinator

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Dr. Devendra Muzalda

# विश्वविद्यालय में विश्व तम्बाकू निर्षध दिवस मनाया

तत्वावधान में स्वयसेवकों को ओर से विश्व तम्बाक् निषध दिवस मनाया गया । कार्य म का शुभारंभ करते हुए विश्वविद्यालय के रजिस्टार ने कहा कि हमे आजासग्रीमत होकर रहना चाहिए, जिसे की हम किसी भी बरें जादत और नशे के शिकार न बने। तम्बाकू का मेनन करने वाले लोगों के घरों में बच्चें छोटी उम में ही भूमपान के लिकार हो जाते है। आयवेंदिक विभाग के अधिछता हो, गौरी शंकर इंदोरिया ने नशा छोडने के आपंबेंदिक तरीके और नशा से होने वाली बीमारियां के बारे में जानकारी दी जैसे कैंसर, अनिदा, अल्पर, अप्लपित, उच्च रक्तचाप, बेचेनी, अवसाद, भिर दर्द और उससे खचने के उपाय बताए। एनएसएस पंधारी हो. देवेन्द्र मुझाल्दा ने स्वयंसेवकों को प्रेरित करते हुए कहा कि सभी के अच्छे स्वास्थ्य के लिए यह हमारा दायित्व बनता है कि हम खुद नशा से दूर रहे और दूसरों को भी इसके दखभावों के बारे में सचत काते रहना चाहिए। एनएमएस प्रभारी डॉ. तनजा झा ने तम्बाक और नजीले पदार्थों से दूर रहने तथा तम्बाक A Reserved

के दुष्परिणामों से स्वयसेकरों को अवगत करवाया। सहप्रभारी श्रीमती संगीता सिंह ने कहा कि धूसपान का सेवन करने वाली महिलाओं के कम वजन के बच्चे पैदा होते है और उनमें रोग प्रतिरोधक क्षमता भी कम होती है जिससे वे जल्दी ही किसी न किसी बीमारी से ग्रसित हो जाते है साथ ही उनका सामान्य विकास अवरुद्ध से कहा है, सण्डभावे विनोद होमाले में स्वयसंस्को को अपने सरफामीहा देने के हिंदू प्रेतित विया। इस कार्य म में स्वयलेवक रीतु कुमारी, पुना क्यारी दुवेदित रातृत सोर्ग, क्यान इक्या, बाढवा सिंह, वितेद, खेडाव, बोटाव्य , ग्रेक्स दिल, खोडा कुख्या हवा , जोक्स दिल, खोडा कुख्या हवा , जोक्स दिल, खोडा कुख्या हवा , जोक्स दिल, खोडा कुख्या हवा

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### <u>Report</u>

Name of the Activity: Malnutrition Awareness: A Path to Wellness

Organized by: NSS UNIT -1 & 2 and Faculty of Humanities and social Sciences

Date of Activity: 19/7/2021

Place of the Activity: Nichalagarh

No. of Students Participated: 19

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The goal of nutrition education is to reinforce specific nutrition-related practices or behaviours to change habits that contribute to poor health

**Description:** We will provide information regarding the causes of malnutrition. We will Identifying incident and degree of malnutrition in children in urban slums.

Outcomes of the Activity: Making people aware about the importance of balanced diet & nutrition for children's growth & health.

Coordinator Dr. Devendra Muzalda





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Unity Against Covid: Vaccination Awareness Campaign

Organized by: NSS UNIT -1 & 2

Date of Activity: 27/7/2021

Place of the Activity: Bharja village

No. of Students Participated: 19

No. of Teacher Participated: 06

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The primary objective of immunization campaigns is to eliminate or control diseases and reduce their transmission to vulnerable populations. Additionally, mass vaccination can achieve herd immUnit y, which helps prevent disease outbreaks.

**Description:** The primary objectives of this awarness program is to rapidly raise population level immUnit y and reduce the number of susceptibles in order to achieve disease control or elimination goals.

**Outcomes of the Activity:** Through this program students will spreading knowledge regarding the importance of Covid vaccination, using sanitizers and maintaining social distance.

oordinator





#### **Report**

Name of the Activity: Vitalvessel Drive: Filling the Need for Blood Donation

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 27/9/2021

Place of the Activity: Ore

No. of Students Participated: 25

No. of Teacher Participated: 10

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The goals of this program is to promote sustainability, protect the environment and natural resources.

**Description:** Through this pregram we can include enhancement of environmental performance, fulfilment of compliance obligations and achievement of environmental objectives.

**Outcomes of the Activity:** This program will creating awareness amongst general public and different segments of the society for minimizing and controlling pollution.

Coordinator Activity





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### <u>Report</u>

Name of the Activity: Drive Aware, Drive Safe: A Road Safety Outreach Initiative

Organized by: NSS UNIT -1 & 2 and faculty of Education

Date of Activity: 30/9/2021

Place of the Activity: Bujheta

No. of Students Participated: 20

No. of Teacher Participated: 08

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** This program is aimed at raising public awareness about traffic rules and ultimately to reduce casualties due to road accidents.

**Description:** This Road safety teaches people how to conduct themselves while driving or crossing roads. Road safety measures, including the use of road barriers and highway barriers, are aimed at reducing the risks of people getting involved in accidents in the first place.

**Outcomes of the Activity:** It is celebrated to reduce deaths, injuries, and other casualties that may occur due to transport

Activity Coordinator Vidushi Ameta

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Date - 31/9/2021

#### **Notice**

All the students of Madhav University are hereby informed that NSS UNIT -1 & 2 and Faculty of Agriculture Scinces are going to organize an activity **"Food Harmony Initiative: Fostering Community Through Nutrition** at Vasa.

All the students who are interested should register their names with the activity coordinator Dr. Vidushi Ameta latest by 1/10/2021.

**Detail of the event** 

Date: 2/10/2021

Time: 11.30 a.m.

Place: Vasa

Departure time of the bus from campus: 11.00 a.m.

Activity Coordinator: Dr. Vidushi Ameta

Registrar INI





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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Health Horizons Initiative: Empowering Wellness Across Communities

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 6/10/2021

Place of the Activity: Ore

No. of Students Participated: 25

No. of Teacher Participated: 06

Beneficiaries: Local Community

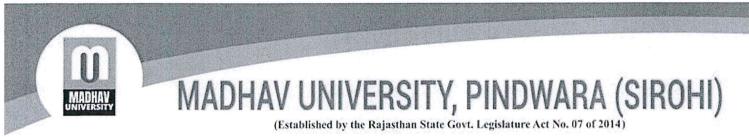
Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** Through this program we will know about how to improve our ability to meet public and personal healthcare needs and demands by optimising the performance of the health system.

**Description:** Through this program we will detect and treat diseases early in children and adolescents including identification of malnourished and anemic children with appropriate referrals to phcs and hospitals. To promote use of safe drinking water in universitys.

**Outcomes of the Activity:** During the program we will provide better health care services information to every age group and gender.

oordinator





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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Healthcare Advocacy Initiative: Empowering Preventive Health Practices

Organized by: NSS UNIT -1 & 2 and Faculth of Physiotherapy

Date of Activity: 13/10/2021

Place of the Activity: Vasa

No. of Students Participated: 20

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** The goal of this program is to promote healthy living and to facilitate prevention, early detection and management of non-communicable diseases.

**Description:** The goal of this program is to develop advocacy strategies on adolescent health and well being and to empower students to be agents of change under the supervision of the programme coordinator.

**Outcomes of the Activity:** This program will spread public awareness about important health issues, healthcare campaigns can reduce ill-health and premature deaths from diseases that are treatable if they are addressed in time.

Activity Coordinator Dr. Vidushi Ameta

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Building Immunity Together: Covid Vaccine Awareness Program

Organized by: NSS UNIT -1 & 2 and Faculth of Pharmacy

Date of Activity: 1/8/2021

Place of the Activity: Swaroopganj Village

No. of Students Participated: 23

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** This awarness program will COVID-19 Vaccines. It will help your immune system fight infections faster and more effectively.

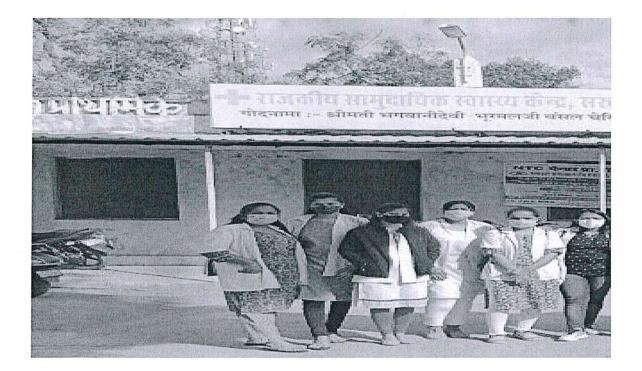
**Description:** This program will provide information it can successfully improve health outcomes by reducing the morbidity and mortality associated with vaccine-preventable diseases.

**Outcomes of the Activity:** Through this program students will spreading awareness regarding the importance of Covid Vaccine for building immUnit y system.

Coordinator



### Dr. Vidushi Ameta





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Careonnect: Bridging Communities with Free Health Services

Organized by: NSS UNIT -1 & 2 and Faculth of Paramedical

Date of Activity: 4/8/2021

Place of the Activity: Aburoad

No. of Students Participated: 22

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

**Purpose of the Activity:** The main purpose of this program is to promote or protect health or prevent illness in Communities or individuals by creating awareness.

**Description:** Health awareness campaigns can reduce ill-health and premature deaths from diseases that are treatable if they are addressed in time.

**Outcomes of the Activity:** The main outcomes of this program is to provide health awareness to the nearby female (villagers), because we believe, if everybody is healthy then they can contribute to developing the society effectively.

Activity Coordinator Mrs. Sangeeta Singh







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: NutriReach: Bridging Gaps in Nutritional Access

Organized by: NSS UNIT -1 & 2 & Faculty of Agriculture

Date of Activity: 16/8/2021

Place of the Activity: Ore

No. of Students Participated: 20

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** This program is based on Healthy eating habits that can be maintained among the family for life should be encouraged.

**Description:** Nutrition is a critical part of health and development. Better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (such as diabetes and cardiovascular disease), and longevity. Healthy children learn better.



**Outcomes of the Activity:** The goal of nutrition education is to reinforce specific nutrition-related practices or behaviours to change habits that contribute to poor health; t

**Activity Coordinator** 

Dr. Vidushi Ameta

### कार्मिकों को दी पोषण संबंधी जानकारी



आबरोड. माधव विश्वविद्यालय की राष्ट्रीय सेवा योजना की ओर से चल रहे पोषण सप्ताह वेत अन्तर्गत सोमवार विश्वविद्यालय चन्ने H कार्यरत कार्मिकों को पोषण संबंधी जानकारी दी गई। राष्ट्रीय सेवा योजना संगीतासिंह, प्रभारी डॉ. देवेन्द्र मझाल्दा, सह पभारी विदर्धी डॉ. आमेटा व प्रदीप कच्छावा ने स्वयं सेवकों के समूह के साथ महिला कार्मिकों को स्वास्थ्य व पोषण संबंधित तथ्यों से अवगत कराया। महिलाओं व बच्चों के स्वास्थ्य के लिए आवश्यक पौष्टिक भोजन. लच्यों às. लिए आवश्यक ेटीकाकरण. संबंधित स्वास्थ्य महत्वपूर्ण आदतों आदि के बारे में विशेष जानकारी प्रदान की गई।

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Awareness program organized for covid vaccination

Organized by: NSS UNIT -1 & 2 & faculty of Education and physical education

Date of Activity: 26/8/2021

Place of the Activity: Mungthala village

No. of Students Participated: 21

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** The main aim of this program is to rapidly raise population level immUnit y and reduce the number of susceptibles in order to achieve disease control or elimination goals.

**Description:** This program is based for achieving high levels of immUnit y against vaccine preventable diseases is vital to reduce the spread of infection and prevent outbreaks.

**Outcomes of the Activity:** Through this program students will spreading knowledge regarding the importance of wearing masks, using sanitizers and maintaining social distance.

Coordinator Activity Dr. Vidushi Ameta



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### होरोना वायरस संबंधी जागरूकता

संवाददाला जना के झारा विश्वविद्यालय में योगा यावरस संबंधी गण्डवाना प्रदान करने छेतु स्तार ये चर्चा हुई। लिस धालय के प्रेसीडेन्ट थी. बीख व्यक्तिया ने चलाया जित similare. 28 1251 विश्वालयां कोरीना वायरस के करन नहीं है। विशेषकर हे भारत के सालस्पतान साजय था। भगम गर्भ सोने लगता है। यह वि वायरय के प्रतिकृत है। जनता को आगक गओं से जनाना जातिए एवं भर जन्म भर भगन देना 12 । स्थित्र स्थित्यान्तव जेन्द्र भार तेर एवं माधव विधिक महिकल कालिज

के प्राचार्य प्रो. राकेशक्षमार मिश्रा ने विश्व विद्यालय के गत्रप्रजाम्यानीय माधव विश्व सम्पत्त कर्मवारियों को कोरोना धालय की राष्ट्रीय सेवा यायरस से प्रभाव के कोरोना बचाव के उपाय, सुरक्षा आदि की चर्चा की। उन्होनें कहां की राग प्रतिरोधक क्षमता क्षेत्र होने पर किसी प्रकार के विषाण हानि नहीं पहुंचा सकते हैं। उन्होंनें तूलमा पत्र, लींग, काली मिर्च आदि से रोग यतिरोधक समता वहाने की जात कही। विका विद्यालग में समस्त suburger of fasternast को मोजुद्दमी में आयोजित वेटक में निर्णय किया गया कि राजारशान सरकार के निर्देशानमार शैक्षणिक काम 31 भार्च 2020 तक चंद रहेगा विश्वविद्यालय को अन्य अक्तर्टामक गतिविधियां सुवास रूप से परवालित होसी रहेगी।

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Healthcheck Clinic: Offering Free Health Screenings

Organized by: NSS UNIT -1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date of Activity: 31/8/2021

Place of the Activity: Mount Abu

No. of Students Participated: 22

No. of Teacher Participated: 06

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The major objective of the Health Checkup Camp was to provide free health checkup and diagnostic services to the camp visitors and local residents of kiverli village.

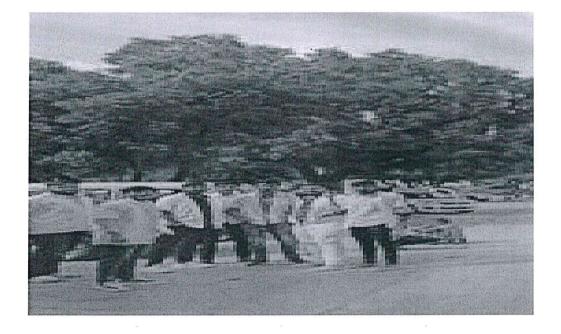
**Description:** Various diagnostic procedures such as blood sugar testing, blood group testing, test for rheumatoid arthritis etc. Were done free of cost at kiverli village.

**Outcomes of the Activity:** During the health checkup Camp various facilities like medical services, health education, and checkup were provided to the villagers in kiverli village.

oordinator

Dr. Devendra Muzalda





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Mindful Living Initiative: Nurturing Awareness for Healthier Lives

Organized by: NSS UNIT -1 & 2 and Faculty of Allied Health Sciences,

Date of Activity: 1/9/2021

Place of the Activity: Bharja

No. of Students Participated: 22

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The objectives of tree plantations is to know the value of environment , benefits of trees, beautification in and around the University.

**Description:** We create cleaner and healthier air for students and staff, reducing respiratory problems and creating a more conducive learning environment.

**Outcomes of the Activity:** To motivate the students to keep their surroundings green and clean by undertaking plantation of trees.

oordinator Dr. Devendra Muzalda





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Dental Wellness Drive: Promoting Healthy Smiles

Organized by: NSS UNIT -1 & 2 and Physiotherapy Department

Date of Activity: 10/9/2021

Place of the Activity: Kashindra.

No. of Students Participated: 20

No. of Teacher Participated: 08

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** During the program we have highlight the importance of dental hygiene for improved mental well-being. Oral health problems can lead to embarrassment, depression, low self-esteem, anxiety, and social withdrawal. Conversely, a healthy smile can boost confi

**Description:** During the program we have highlighted dental hygiene interventions to eliminate and / or control local etiologic factors to prevent and control caries, periodontal disease and other oral conditions

Outcomes of the Activity: Without good oral hygiene, germs can reach levels that might lead to infections, such as tooth decay and gum disease.

Activity Coordinator

Dr. Devendra Muzalda



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: NutriNurture: Growing Solutions Against Malnutrition

Organized by: NSS UNIT -1 & 2 and Faculty of Allied Health Sciences

Date of Activity: 13/9/2021

Place of the Activity: Aburoad

No. of Students Participated: 23

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** This program will raise awareness of malnutrition and its adverse impact on individuals including the health care costs.

**Description:** Undernutrition is common in rural areas, mainly due to the low social and economic status of the inhabitants.

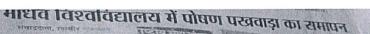
**Outcomes of the Activity:** Through the nutritional health management are to achieve optimal nutritional status and to maintain this throughout life.

oordinator

Dr. Devendra Muzalda



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### Report

Name of the Activity: Wellness aware Camp: Empowering Communities with Health Knowledge

Organized by: NSS UNIT -1 & 2 and Faculty of Engineering and Technology

Date of Activity: 24/11/2021

Place of the Activity: Mount Abu

No. of Students Participated: 20

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

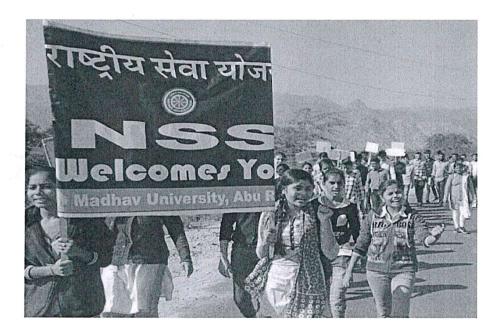
**Purpose of the Activity:** The main aim of this program is to learn about specific Health and wellness from professional speakers.

**Description:** Kids from neighbouring villages were made aware about the bad effects of tobacco and women from neighbouring villages were made about ill effects of tobacco on their born to be kids like wise they will be of less weight and with lessor immUnit y.

Outcomes of the Activity: These camps promote resilience and overall happiness.

Coordinator **Vidushi** Ameta





### Report

Name of the Activity: Health Haven: A Series on Balancing Hygiene and Wellness

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 6/12/2021

Place of the Activity: Ahuroad

No. of Students Participated: 20

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** The main aim of this program is to ensure availability and sustainable management of water and sanitation for all.

**Description:** good hygiene is critical for preventing the spread of infectious diseases and helping children lead long, healthy lives.

**Outcomes of the Activity:** The purpose of the event was to raising awareness among students and the wider Community about the importance of hygiene and wellness

Coordinator idushi Ameta







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: NutriHealth Fusion: Integrating Fitness and Nutrition

Organized by: NSS UNIT -1 & 2 and Faculty of Education and Physical Education

Date of Activity: 12/12/2021

Place of the Activity: Achpura

No. of Students Participated: 20

No. of Teacher Participated: 06

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

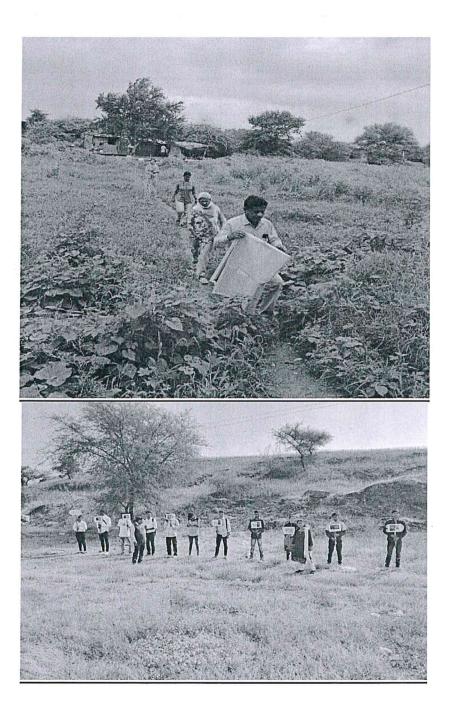
**Purpose of the Activity:** The goal of nutrition education is to reinforce specific nutrition-related practices or behaviours to change habits that contribute to poor health;

**Description:** The main purpose of this program is to have diets that are nutritionally adequate, or conversely, to ensure that the probability of nutrient inadequacy or excess is acceptably low.

**Outcomes of the Activity:** Create awareness in the Community with respect to healthy eating and well-being.

oordinator Vidushi Ameta





### Report

Name of the Activity: Take Action, Stop AIDS: Prevention and Awareness Initiative

Organized by: NSS UNIT -1 & 2 and Faculty of Allied Health Sciencs

Date of Activity: 13/12/2021

Place of the Activity: Swaroopganj

No. of Students Participated: 20

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The main objective of this program is to spread awarness about HIV infections so as to reduce morbidity, mortality and impact of AIDS in the country.

**Description:** The main objective of this program is to prevent new HIV infections, provide care and support to people living with HIV, and reduce the impact of HIV/AIDS on families, Communities and the nation. This awareness program is important because it reminds the public and government that HIV has not gone away – there is still a vital need to increase awareness, fight prejudice and improve education.

**Outcomes of the Activity:** Through this program student will raise awareness HIV infections such as increased access to treatment and prevention services etc.

Activity Coordinator





### Report

Name of the Activity: Awareness program on Empowering Youth for an AIDS-Free Tomorrow

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 12/1/2029

Place of the Activity: Rohida

No. of Students Participated: 18

No. of Teacher Participated: 10

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

**Purpose of the Activity:** This program will raise awareness among young people about the risks, transmission methods, prevention strategies, and stigma associated with HIV/AIDS.

**Description:** The first, to motivate men and women to talk openly about sex, sexuality, drug use and HIV/AIDS. The second, to encourage men to take care of themselves, their partners and their families. The third, to promote programmes that respond to the needs of men and women.

**Outcomes of the Activity:** Through this program we will raise awareness, and spread message such as increased access to treatment and prevention services.

Activity Coordinator

Mrs. Sangeeta Singh



V

### **Report**

Name of the Activity: Awareness camp for Holistic Health Initiative for Combatting Obesity and Skin Ailments

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 22/1/2029

Place of the Activity: Amthala

No. of Students Participated: 20

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

**Purpose of the Activity:** This program will raises awareness related to diabities and Obesity encourages us to not only become aware but to also take action.

**Description:** Through this program we can feel better mentally, exercising can help protect you from heart disease, stroke, obesity, diabetes, and high blood pressure;

**Outcomes of the Activity:** This program will increase physical activity, reduce screen time, improve food choices, provide healthy beverages, and support infant feeding.

Activity Coordinator

Mrs.. Sangeeta Singh





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### <u>Report</u>

Name of the Activity: Free consultancy and medicine distribution camp at Vatera village

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 27/1/2020

Place of the Activity: Vatera village

No. of Students Participated: 19

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** Free consultation and medicine distribution camp was organized at vatera village. The aim of this program is to bring awareness amongt the deprived population of the country who have no access to basic healthcare services or knowledge about the diseases

**Description:** This program will stimulate healing responses to diseases by administering substances that mimic the symptoms of those diseases in healthy people.

**Outcomes of the Activity:** Homeopathy is popular because it works, is affordable and rarely has any side effect. Driven by safe and quality formulations, the global market for homeopathic drugs is growing.

tivity Coordinator

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Dr. Devendra Muzalda



### Report

Name of the Activity: Free body checkup camp at Ore Village

**Organized by:** NSS UNIT -1 & 2 and Faculty of Physiotherapy and Faculty of Yoga and Naturopathy.

Date of Activity: 31/1/2020

Place of the Activity: Ore Village

No. of Students Participated: 18

No. of Teacher Participated: 06

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

**Purpose of the Activity:** The main aim of free body checkup camp is to create awareness of general health among the people, provide general health care services, and counseling them on basic healthcare and hygiene.

**Description:** This body checkup camp can offer a safe space for villager to express their emotions, seek support, and learn coping strategies for stress and anxiety.

**Outcomes of the Activity:** This body checkup camp, is a temporary and organized event that provides medical services, health education, and screenings to individuals within a specific Community or Aburoad area.

Activity Coordinator MrsSangeeta Singh





#### **Report**

Name of the Activity: Free medical camp for Diabetes

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 1/2/2020

Place of the Activity: Rohida village

No. of Students Participated: 20

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** This medical camp will provide free medical advice, medicine to the poor Community living in rural and urban area.

**Description:** A one-day medical and health camp was organized by Madhav Homeopathic Medical College and Hospital, Rohida in nearby Aburoad. The program organized by NSS includes free medical camp for the people of Rohida village. The Unit organizes free medical camp regarding diabetes for fostering communal harmony.

**Outcomes of the Activity:** In the camp, various types of diseases like joint pain, skin diseases, cough, cold, fever, constipation, diarrhea, vomiting, stomach pain, anemia, stones, etc. Were also treated, and advice was given to avoid the diseases.

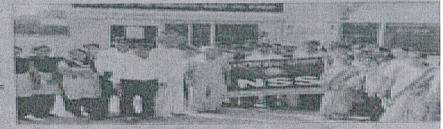
oordinator Dr. Devendra Muzalda





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रात्स्यना कर्त्रां स्वाप्तनियः प्राप्तन ने प्राप्तनियः क ति प्राप्तनियः क ति प्राप्तनियः क रिकार्यन्ति द्वाप्तिन्तुः द्वापिति करा द्वाप्तिन्तुः कर्त्रां रात्स्य । स्वद्याण



वेरुद के प्रभागम तिवासों के दुश्व उत्यादन काइट की स्थापका है। शेकन उत्पादित सामान की विकास उक को सकस्त आंकरना एक का गिर्दाय को निस्तृत का कारी दिनियालेकी को प्रदान की स्थल देखकों के भी अपनी दिनिय के प्रकार के प्रकार कि पूर्व जितानाएँ उसन का को को को का का कि स्थलकर स्तुह की। स्थल सेवक तिरेश समीम जिरन्द पुजा अस्तर को दिने के बाद के दीन उसार के बाद की कर तिरेश समीम जिरन्द पुजा का को को प्रव एन एक एम प्रस्ते के की के विकाद मुझ्लका एम स्वरूपना दिने के जेवानी के प्रव एन एक एम प्रस्ते के के विकाद मुझ्लका एम स्वरूपना दिनेति की बाद कार्य के प्रव एन एक एम प्रस्ते के के विकाद मुझ्लका एम स्वरूपने कि को जेवानी को प्रव एन एक एम प्रस्ते के के बाद प्रस्ते की की। एन एक एक का कि वी जेवानी को प्रव एन एक एम प्रस्ते के के बाद मुझ्लका एम स्वरूपने कि को बाद कार्य दिया। इस्पत प्रकार का स्वरूपने स्वरूपने जिस्ते प्रति के स्वरूप स्वरूपने की का को विकास क्षेत्र सामको के का स्वरूपने विकास प्रत्य जिसी प्रमाय कि बादा का कोन कि का का प्रति का एक का स्वरूपने जिस्ता प्रत्य की प्रव कि स्वरूप का कोन कि का का स्वरूप प्रति के का का स्वरूपने कि जिसका मंदर कि त्या की प्रत

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Hygiene Harmony: Exploring Holistic Health Perspectives

Organized by: NSS UNIT -1 & 2 and Faculty of Commerce and Management

Date of Activity: 10/2/2020

Place of the Activity: Rohida

No. of Students Participated: 18

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

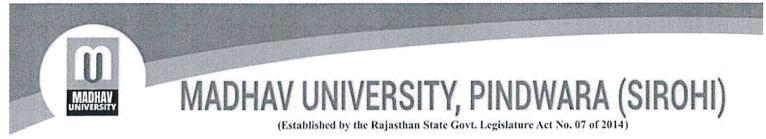
**Purpose of the Activity:** Aims to ensure availability and sustainable management of water and sanitation for all.

**Description:** good hygiene is critical for preventing the spread of infectious diseases and helping children lead long, healthy lives.

**Outcomes of the Activity:** The outcomes of this program is to better hygiene leads to better health, confidence and overall growth.

Activity Coordinator

Mrs. Sangeeta Singh





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### <u>Report</u>

Name of the Activity: Lifeline Campaign: Empowering Communities Through Blood Donation

**Organized by:** NSS UNIT-1 & 2 and Faculty of Physiotherapy and Faculty of Yoga and Naturopathy

Date of Activity: 15/2/2020

Place of the Activity: Ore

No. of Students Participated: 20

No. of Teacher Participated: 04

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

**Purpose of the Activity:** Blood donation camps are organized with the purpose of supplying blood to the blood banks for the need of patients suffering from cancer, hemophilia, and thalassemia or accident victims.

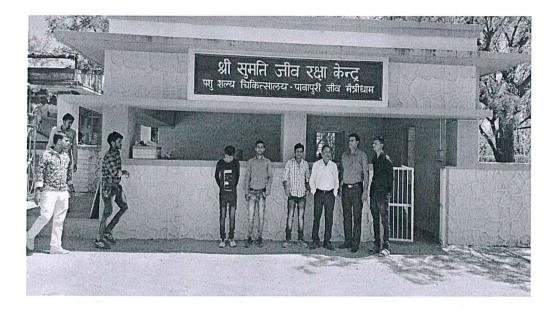
escription: The motto of NSS Unit is 'Not me, But you..!'. The NSS volunteers of the university have donated Blood to a number of patients admitted in hospitals in Ore. They Provided safe and quality blood and blood components collected from voluntary donors, round the clock, at affordable cost to the general public and free of cost to the poor.

**Outcomes of the Activity:** 70 Unit s of blood was donated and Homoeopathy students got the exposure to arrang e such camps.

Activity Coordinator

Mrs. Sangeeta Singh







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Breakthrough Awareness: Empowering Understanding on Addiction

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 25/2/2020

Place of the Activity: Rohida

No. of Students Participated: 20

No. of Teacher Participated: 04

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

Purpose of the Activity: People ware made aware about tobacco addiction

Description: To aware the students about nutrition and women health

Outcomes of the activity : Tto this program is to reduce use of tobacco

oordinator Dr. Vidushi Ameta







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Blood Hero Event: Be a Hero, Donate Blood

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 8/3/2020

Place of the Activity: Bharja

No. of Students Participated: 25

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** This program was organized with the purpose of supplying blood to the blood banks for the need of patients suffering from cancer, hemophilia, and thalassemia or accident victims.

**Description:** Society helps in securing timely blood donations in emergencies as well as in routine requirements. To create awareness of donating blood and conducting health awareness programs

**Outcomes of the Activity:** The purpose of the is to collect data about donors and seekers who are interested in donating blood or who require it.

Coordinator Dr. Vidushi Ameta





Registrar

### Report

Name of the Activity: Oralhealth checkup program: Promoting Healthy Smiles for All

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 11/3/20207\_

Place of the Activity: Mount Abu

No. of Students Participated: 19

No. of Teacher Participated: 07

Beneficiaries: Local Community

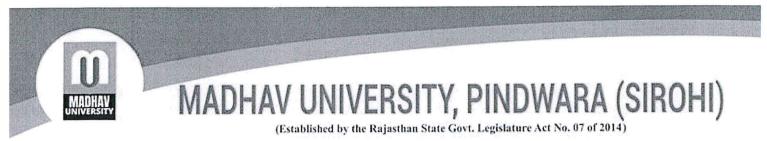
Activity Coordinator: Mrs. Sangeeta Singh

Purpose of the Activity: This camp will provide basic dental check-ups and treatments that help prevent oral health issues from escalating.

Description: During the camp our experts will also guide the patients about the food intake and daily routine they should follow to prevent dental disorders.

Outcomes of the Activity: This camp will raise awareness about oral cancer and promote oral health.

Methoday Corondination Sangeota Singh\_





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Advocacy for Wellness: Raising Awareness for Healthier Living

Organized by: NSS UNIT -1 & 2 and Faculty of Pharmacy

**Date of Activity:** 25/04/2029

Place of the Activity: Bhimana

No. of Students Participated: 20

No. of Teacher Participated: 08

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

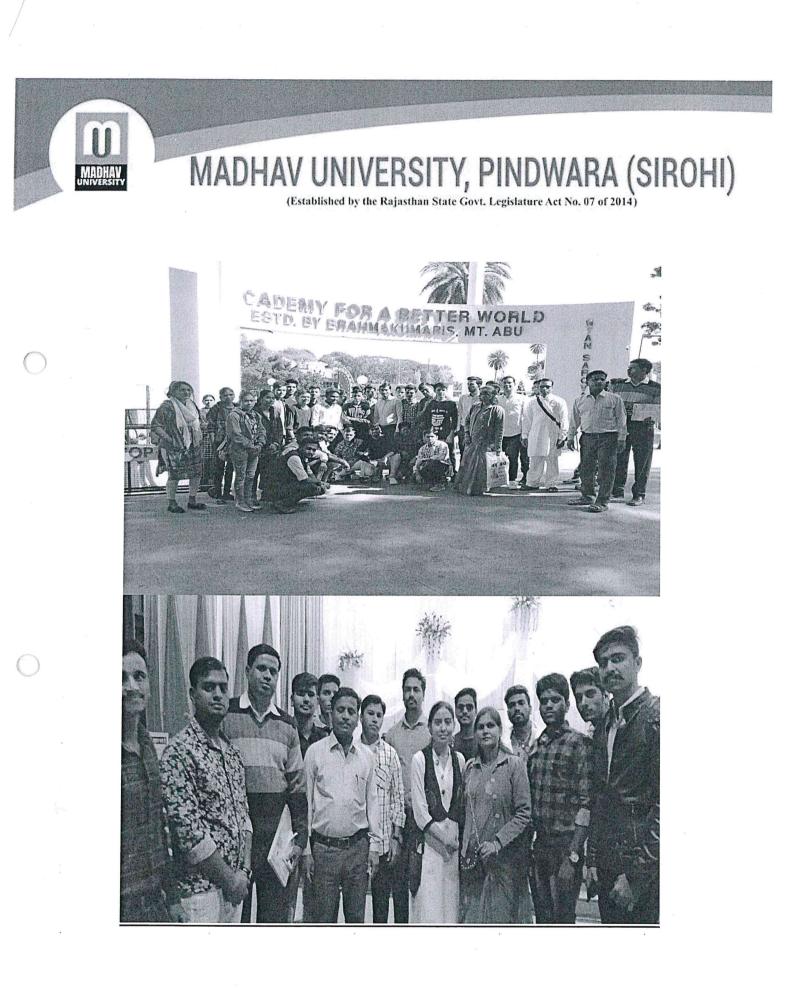
**Purpose of the Activity:** This program is essential for raising awareness about mental health issues, breaking down stigma, and promoting access to mental health services.

**Description:** This health awareness program aim to promote and protect students' physical, social, emotional, and mental well-being by supporting university food and nutrition services as well as worksite health promotion activities and Community involvement programs.

**Outcomes of the Activity:** The outcomes of this program is to make pupils realize the value of health and its personal and social importance

Activity Coordinator

Mrs. Sangeeta Singh



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Building Immunity Together: Covid Vaccine Awareness Program

Organized by: NSS UNIT -1 & 2 and Faculth of Pharmacy

Date of Activity: 1/8/2021

Place of the Activity: Swaroopganj Village

No. of Students Participated: 23

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** This awarness program will COVID-19 Vaccines. It will help your immune system fight infections faster and more effectively.

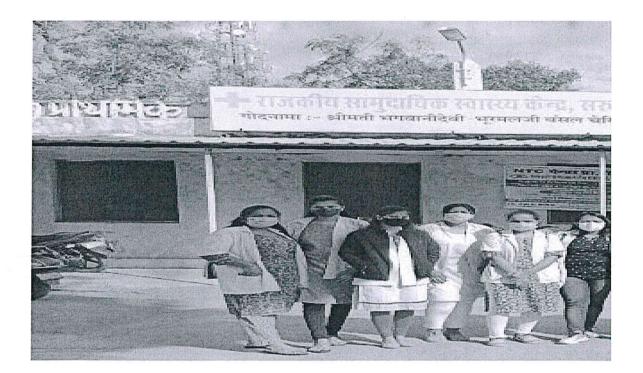
**Description:** This program will provide information it can successfully improve health outcomes by reducing the morbidity and mortality associated with vaccine-preventable diseases.

**Outcomes of the Activity:** Through this program students will spreading awareness regarding the importance of Covid Vaccine for building immUnit y system.

Coordinator



#### Dr. Vidushi Ameta



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Report

Name of the Activity: Careonnect: Bridging Communities with Free Health Services

Organized by: NSS UNIT -1 & 2 and Faculth of Paramedical

Date of Activity: 4/8/2021

Place of the Activity: Aburoad

No. of Students Participated: 22

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Mrs. Sangeeta Singh

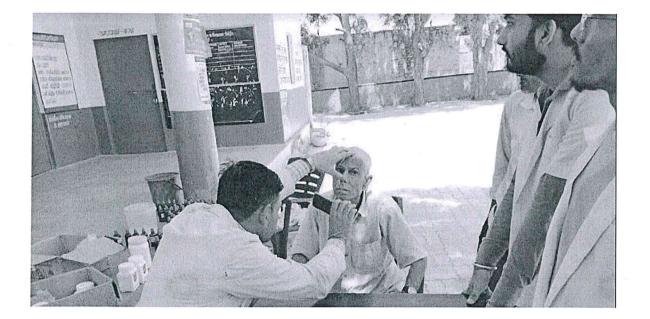
**Purpose of the Activity:** The main purpose of this program is to promote or protect health or prevent illness in Communities or individuals by creating awareness.

**Description:** Health awareness campaigns can reduce ill-health and premature deaths from diseases that are treatable if they are addressed in time.

**Outcomes of the Activity:** The main outcomes of this program is to provide health awareness to the nearby female (villagers), because we believe, if everybody is healthy then they can contribute to developing the society effectively.

Activity Coordinator Mrs. Sangeeta Singh





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: HappySmile Initiative: Spreading Joy through Oral Health

Organized by: NSS UNIT -1 & 2 and faculty of Education and physical education

Date of Activity: 12/8/2021

Place of the Activity: Amthala

No. of Students Participated: 21

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** This camp will provide basic dental check-ups and treatments that help prevent oral health issues from escalating.

**Description:** During the camp our experts will also guide the patients about the food intake and daily routine they should follow to prevent dental disorders.

Outcomes of the Activity: This camp will raise awareness about oral cancer and promote oral health.

Coordinator

Dr. Devendra Muzalda





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: NutriReach: Bridging Gaps in Nutritional Access

Organized by: NSS UNIT -1 & 2 & Faculty of Agriculture

Date of Activity: 16/8/2021

Place of the Activity: Ore

No. of Students Participated: 20

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** This program is based on Healthy eating habits that can be maintained among the family for life should be encouraged.

**Description:** Nutrition is a critical part of health and development. Better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (such as diabetes and cardiovascular disease), and longevity. Healthy children learn better.



Outcomes of the Activity: The goal of nutrition education is to reinforce specific nutritionrelated practices or behaviours to change habits that contribute to poor health; t

**Activity Coordinator** 

Dr. Vidushi Ameta

### कार्मिकों को दी पोषण संबंधी जानकारी



आब्रोड. माधव विश्वविद्यालय की राष्ट्रीय सेवा योजना की ओर से चल रहे पोषण सप्ताह वेत्र अन्तर्गत सोमवार कते विश्वविद्यालय Ĥ कार्यरत कार्मिकों को पोषण संबंधी जानकारी दी गई। राष्ट्रीय सेवा योजना प्रभारी संगीतासिंह, डॉ. देवेन्द्र सह प्रभारी मझाल्दा. डॉ. विदर्धी आमेटा व प्रदीप कच्छावा ने स्वयं सेवकों के समह के साथ महिला कार्मिकों को स्वास्थ्य ৰ पोषण संबंधित तथ्यों से अवगत कराया। महिलाओं व बच्चों के स्वास्थ्य के <u>दिन</u>ए आवश्यक पौष्टिक भोजन. बच्चों के लिए आवश्यक ेटीकाकरण, स्वास्थ्य संबंधित महत्वपूर्ण आदतों आदि के बारे में विशेष जानकारी प्रदान की गई।

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Awareness program organized for covid vaccination

Organized by: NSS UNIT -1 & 2 & faculty of Education and physical education

Date of Activity: 26/8/2021

Place of the Activity: Mungthala village

No. of Students Participated: 21

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** The main aim of this program is to rapidly raise population level immUnit y and reduce the number of susceptibles in order to achieve disease control or elimination goals.

**Description:** This program is based for achieving high levels of immUnit y against vaccine preventable diseases is vital to reduce the spread of infection and prevent outbreaks.

**Outcomes of the Activity:** Through this program students will spreading knowledge regarding the importance of wearing masks, using sanitizers and maintaining social distance.

Coordinator Activit Dr. Vidushi Ameta



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### होरोना वायरस संबंधी जागरूकता के प्राचार्य प्रो. सकेशकुमार मिश्रा ने विश्व विद्यालय के संयाददाला रणवीर राजस्थान ावरोड। स्थानीय माधव विश्व समस्त कर्मवारियों को कोरोना ष्टालय की राष्ट्रीय सेवा जना के द्वारा विश्वविद्यालय में वायरम से प्रभाव के लक्षण, वचाव के उपाय, सरका आदि रिग्ना चायरस संबंधी की चर्चा की। उन्होंने कहा की गरूकता प्रदान करने हेतु स्तार से चर्चा हुई। विश्व रोग प्रतिरोधक क्षमता क्षेष्ठ होने पर किसी प्रकार के विषाणु हानि नहीं पहुंचा सकते हैं। उन्होंने धालय के प्रेसीहेन्ट थी. त्रासी पत्र, लीग, काली मिल तीय कालिया ने खताया जित १९९ वहीं भौगोलियह आदि से रोग पतिरोधक समसा जहाने की बात कही। विश्व विद्यालय में समस्य विकारितवी प्रदेशिना वायरस के विहत नहीं है। विभाषकर आधासासाओं व विभागान्यकों र भार से राजस्थान राज्य का को भोज्दगी में आयोजिस भाग गर्म होने लगता है। यह ति जायरत के प्रतिकृत है। बेटक में निर्णय किया गया कि राजस्थान सारकार जे जनस की आमक निर्देशानुसार जीक्षणिक कार्य 31 माओं को जन्मना जालिए एवं मार्च 2020 तक बंद रहेगा भर भवा पर भ्यान देना विश्वविद्यालय को अन्य ए। विश्व विद्यानय के भा अकादमिक गतिविधियां सुवास is a rist related रूप से संचालित होती रहेगी। तिवेध्यक सोहितरल स्तॉलेज

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Healthcheck Clinic: Offering Free Health Screenings

Organized by: NSS UNIT -1 & 2 & Madhav Homoeopathic Medical College and Hospital

Date of Activity: 31/8/2021

Place of the Activity: Mount Abu

No. of Students Participated: 22

No. of Teacher Participated: 06

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The major objective of the Health Checkup Camp was to provide free health checkup and diagnostic services to the camp visitors and local residents of kiverli village.

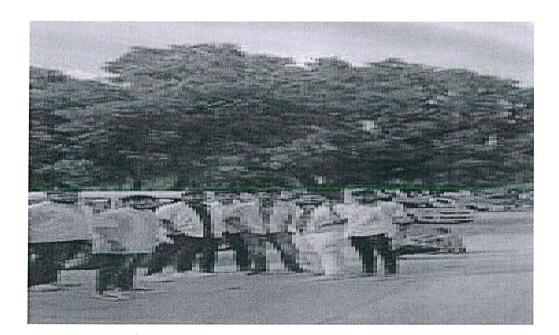
**Description:** Various diagnostic procedures such as blood sugar testing, blood group testing, test for rheumatoid arthritis etc. Were done free of cost at kiverli village.

**Outcomes of the Activity:** During the health checkup Camp various facilities like medical services, health education, and checkup were provided to the villagers in kiverli village.

oordinator

Dr. Devendra Muzalda





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Mindful Living Initiative: Nurturing Awareness for Healthier Lives

Organized by: NSS UNIT -1 & 2 and Faculty of Allied Health Sciences,

Date of Activity: 1/9/2021

Place of the Activity: Bharja

No. of Students Participated: 22

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

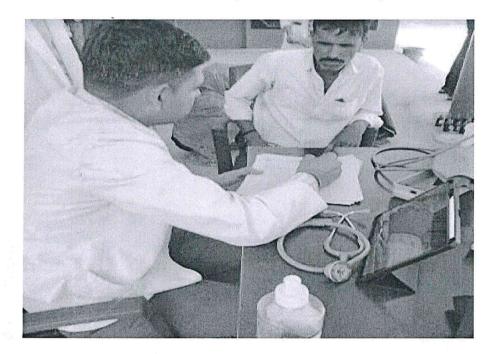
**Purpose of the Activity:** The objectives of tree plantations is to know the value of environment , benefits of trees, beautification in and around the University.

**Description:** We create cleaner and healthier air for students and staff, reducing respiratory problems and creating a more conducive learning environment.

**Outcomes of the Activity:** To motivate the students to keep their surroundings green and clean by undertaking plantation of trees.

oordinator Dr. Devendra Muzalda





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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: Lifeline Drive: Giving Blood, Saving Lives

Organized by: NS S UNIT -1 & 2 and Faculty of Allied Health Sciences

Date of Activity: 3/9/2021

Place of the Activity: Mount Abu.

No. of Students Participated: 19

No. of Teacher Participated: 04

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** This program was organized with the purpose of creating awarness regarding the importance of giving blood to the blood banks for the need of patients suffering from cancer, hemophilia, and thalassemia or accident victims.

**Description:** During the program we will raising awareness of the necessity of safe transfusion of blood and its components.

**Outcomes of the Activity:** During the program we will provide knowledge regarding the importance of unpaid, voluntary blood donation.

oordinator

Dr. Devendra Muzalda



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

विर में विश्वविद्यालय के छात्रों ने किया रक महत्व्य कर्ण की ३५९ची जन्म लिंध के आगस ा हिन्छ। इस आमार में विश्वविद्यालय प्रतिग्रह की



चिगतवाडा। माधव विस्तविद्यालय में सोनवर को विगाल रकदान विहेना का आयोजन हुआ। मध्यन अनुविद्या प्रदेशस्य कोलेक स्पद सम्मदान ज जनस्यान गार्थनीय के स्वयत्पान में पर अध्येत्रम इन गायल मिध्रावेदानन के अने मारस्य दिस्स स्व

हर। सरीय के कि स्वदावज्य के दिना गरने

त्रावत् भ न्यून्य में तत्रात्व भित्रत क्रिक्त व त्रावत् भ न्यून्य में तत्रात्व भित्रत क्रिक्त व समार संस्थाय क अधिकार त्रीकार व

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

### **Report**

Name of the Activity: NutriNurture: Growing Solutions Against Malnutrition

Organized by: NSS UNIT -1 & 2 and Faculty of Allied Health Sciences

Date of Activity: 13/9/2021

Place of the Activity: Aburoad

No. of Students Participated: 23

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** This program will raise awareness of malnutrition and its adverse impact on individuals including the health care costs.

**Description:** Undernutrition is common in rural areas, mainly due to the low social and economic status of the inhabitants.

**Outcomes of the Activity:** Through the nutritional health management are to achieve optimal nutritional status and to maintain this throughout life.

oordinator

Dr. Devendra Muzalda



### माधव विश्वविद्यालय में पोषण पखवाड़ा का समापन

अपनुषेष्ठः योषणांधाः काराक्षयः क अत्यांत पाषण पास्तवादा के तालत कर्म्नो और रोलिंग मां क स्वारक्षय के पार्वाक्षय क्रम्स पार्वा क्रम्स विद्याल के पार्वाक्षय क्रम्स पार्वा क्रम्स विद्वार ते के पाषु क क्रम्सक संयुद्ध पार्वे क्रम्स को पाषण प्रक्षेत्रक कार्यक्रम के अंतर्गत का पित्रण प्रक्षेत्रक कार्यक्रम के अंतर्गत को प्रक्रम विभाव कार्यक्रम के अंतर्गत को किंत्र प्रक्षेत्र कार्यक्रम किंत्रक का त्रांत्रण विभाव कार्यक्रम के अंतर्गत को के कार्यक्रम कार्यक्रम के स्वार्यक्रम को किंत्रा का कार्यक्रम के स्वार्यक्रम का के क्रम्म में मित्रक कार्यक्रम के साइक्रम तानोंन और सीर्पायरण की स्वार्यक्रम के साइक्रम तानोंन की स्वार्यक्रम कार्यक्रम स्वार्थ्य के आपक्र किंत्रम के स्वार्यक्रम कार्यक्रम स्वार्थ्य के आपक्र किंत्रम का कार्यक्रमानी पतित्वाक्षेत्र प्राय करीर आर, येने कार्य करते और सससे स्वार्थ्यप पर पत्र ने वाल असर का Themine

